

TITLE PAGE
- Food Science of Animal Resources -
Upload this completed form to website with submission

1
2
3
4

| ARTICLE INFORMATION | Fill in information in each box below |
|---|--|
| Article Type | Research article |
| Article Title | Effects of Sea Lettuce (<i>Ulva Prolifera</i>) Extracted via Subcritical Water on the Physicochemical Properties of Pork Patties |
| Running Title (within 10 words) | Pork Patties Prepared with Sea Lettuce Extracts |
| Author | Jong Won Lee [First author] ^{1,2,†} , SangYoon Lee [First author] ^{2,†} , Mi-Yeon Lee ³ , Geun-Pyo Hong ^{1,2} |
| Affiliation | ¹ Department of Food Science and Biotechnology, Sejong University, Seoul, Korea ² Carbohydrate Bioproduct Research Center, Sejong University, Seoul, Korea ³ Bio Center for Research Facilities, Konkuk University, Seoul, Korea |
| Special remarks – if authors have additional information to inform the editorial office | |
| ORCID (All authors must have ORCID) https://orcid.org | Jong Won Lee (https://orcid.org/0009-0004-5464-0852) SangYoon Lee (https://orcid.org/0000-0001-6561-7587) Mi-Yeon Lee (https://orcid.org/0000-0001-7256-4284) Geun-Pyo Hong (https://orcid.org/0000-0002-6343-3407) |
| Conflicts of interest List any present or potential conflict s of interest for all authors. (This field may be published.) | The authors declare no potential conflict of interest. |
| Acknowledgements State funding sources (grants, funding sources, equipment, and supplies). Include name and number of grant if available. (This field may be published.) | This research was supported by Basic Science Research Program through the National Research Foundation of Korea (NRF) funded partially by the Ministry of Education (grant No. 2022R1A6A1A03055869; grant No 2022R111A1A01065657) and by the Ministry of Science and ICT (grant No. RS-2024-00341861). |
| Author contributions (This field may be published.) | Conceptualization: Hong GP. Data curation: Lee JW, Lee SY. Formal analysis: Lee JW, Lee SY. Methodology: Lee MY, Hong GP. Software: Lee JW, Lee SY. Validation: Lee MY. Investigation: Lee MY, Hong GP. Writing - original draft: Lee JW, Lee SY Writing - review & editing: Lee JW, Lee SY, Lee MY, Hong GP |
| Ethics approval (IRB/IACUC) (This field may be published.) | This article does not require IRB/IACUC approval because there are no human and animal participants. |

5
6

CORRESPONDING AUTHOR CONTACT INFORMATION

| For the corresponding author (responsible for correspondence, proofreading, and reprints) | Fill in information in each box below |
|--|--|
| First name, middle initial, last name | Geun-Pyo Hong |
| Email address – this is where your proofs will be sent | gphong@sejong.ac.kr |
| Secondary Email address | N/A |
| Postal address | Sejong University, 209 Neungdong-ro, Gwangjin-gu, Seoul 05006, Korea |
| Cell phone number | +82-10-9151-9215 |
| Office phone number | +82-2-3408-2913 |
| Fax number | +82-2-3408-4319 |

7
8

P

A

G

10 **Effects of Sea Lettuce (*Ulva Prolifera*) Extracted via Subcritical Water on the** 11 **Physicochemical Properties of Pork Patties**

12

13 **Abstract**

14 This study investigated the effects of sea lettuce (SL, *Ulva prolifera*) extracted using various subcritical water
15 (SW) temperatures (100°C–300°C) on the physicochemical properties of pork patties. The thiobarbituric acid
16 reactive substances (TBARS) and total volatile basic nitrogen (TVBN) of patties prepared with SL extracted at
17 $\geq 200^\circ\text{C}$ were significantly lower than those of the control after 2 weeks of chilled preservation ($p < 0.05$). In
18 addition, the extracts subjected to $\geq 250^\circ\text{C}$ temperatures exhibited lower total aerobic microbial count (TAC)
19 than the control ($p < 0.05$). Although the brownish appearance originating from the SL extracts influenced the
20 color of the pork patties, the patties containing SL extracted at temperatures of $\geq 200^\circ\text{C}$ maintained a stable
21 color even after preservation. The water-binding properties of the patties tended to increase as the extraction
22 temperature of SL increased, and the extracts obtained at temperatures of 200°C – 250°C exhibited texture
23 characteristics similar to the fresh group after preservation. Although the optimal SW extraction temperature
24 for SL in relation to the physicochemical properties of the patties was not distinguished, SL extracted at
25 temperatures of 200°C – 250°C generally demonstrated potential as an additive for extending the freshness of
26 pork patties. Consequently, the results of this study revealed that SL extracted at 200°C – 250°C effectively
27 inhibited the oxidative deterioration of the patties.

28 **Keywords:** subcritical water, Maillard conjugates, *Ulva prolifera*, pork patties, antioxidant

29

30 **Introduction**

31

32 The prevention of oxidative deterioration has always been challenging in the meat processing industry.
33 One of the primary concerns is lipid oxidation, which is easily catalyzed by heme iron oxidation during the
34 chilled preservation of meat and meat products (Ganhão et al., 2010). Lipid oxidation affects the flavor and
35 shelf-life of meat products. It induces protein oxidation, leading to high drip loss, low water-holding capacity,
36 and undesirable textural changes in meat products (Ribeiro et al., 2019). For these reasons, the addition of
37 antioxidants in meat formulation is essential for maintaining the quality of meat products. Ascorbic acid and
38 its stereoisomer erythorbic acid are commonly used antioxidants in meat processing. From an economic
39 perspective, numerous investigations have been conducted to replace ascorbic acid with synthetic or natural
40 additives (Yehye et al., 2015; Zahid et al. 2019). Owing to negative biochemical reactions and health concerns
41 associated with synthetic additives such as butylated hydroxytoluene and butylated hydroxyanisole, natural
42 additives extracted from spices, fruits, and vegetable residues have attracted significant attention as
43 antioxidants for meat products (Ribeiro et al., 2019). However, these natural antioxidants have exhibited
44 limited antioxidative activity, and thus cannot completely replace synthetic antioxidants.

45 Recently, there has been growing interest in converting food and agro-industrial byproducts and waste
46 into bioactive compounds. In particular, subcritical water (SW) is regarded as a novel green technology for
47 upcycling organic biomass (Carr et al., 2011). SW is defined as compressed hot water with a temperature
48 between the normal boiling point (100°C at 0.1 MPa) and critical point (374°C at 22.1 MPa) of water (Carr et
49 al., 2011). Owing to its high thermal energy, SW can effectively liquefy poorly soluble biomass through the
50 hydrolysis of organic compounds (Yüksel Özşen, 2020). These hydrolysates provide strong bioactivities,
51 including antioxidant, anti-inflammatory, antihypertensive, and anticancer properties (Lee et al., 2024a;
52 Ramachandraiah et al., 2017). In addition, the low dielectric constant of SW enables it to act like an organic
53 solvent, such as methanol and acetonitrile, enabling the extraction of nonpolar or less polar phytochemicals,
54 including phenolic acids and flavonoids (Carr et al., 2011). Therefore, SW can be an effective technique for
55 converting biomass into bioactive ingredients.

56 *Ulva prolifera*, commonly referred to sea lettuce (SL), is a green macroalga present in coastal areas
57 worldwide (Li et al., 2024). Traditionally, SL has been used in various oriental cuisines due to its health benefits.
58 SL is rich in chlorophyll and phenolic acids, which are known as natural antioxidants (E et al., 2023).
59 Additionally, polysaccharides and proteins account for ca. 40% and 20% of the dry weight of SL, respectively,
60 making the SW extraction favorable for promoting the Maillard reaction (Fan and Gao, 2022; Lee et al., 2024b).
61 Melanoidins, which are brown pigment compounds formed by the Maillard reaction, are strong antioxidants
62 with various bioactivities, including antimicrobial, antihypertensive, and anticarcinogenic effects (Mesías and
63 Delgado-Andrade, 2017). This suggests that SL extracted using SW is a promising candidate for functional
64 food ingredients. However, unharvested SL can negatively impact aquaculture and contribute to serious
65 coastal pollution (Shretha et al., 2021). Therefore, strategies to expand the utilization of SL in the food industry
66 are necessary.

67 Trials have utilized marine algae as additives in meat products. However, these investigations have
68 primarily focused on the extraction of algal polysaccharides and the textural improvements of low-fat meat
69 formulations (Cofrades et al., 2017). Recently, research has expanded to explore the application of raw or dried
70 marine algae as taste enhancers and nutritional supplements in meat products (Baek and Kim, 2024; Cofrades
71 et al., 2017; Gupta and Abu-Ghanam, 2011). Despite the potential for the bioactive conversion of SL through
72 SW, the impact of SL extracted via SW on the quality characteristics of actual meat products has rarely been
73 investigated. Burger patties are known to be highly sensitive to oxidative deterioration, hence, these products
74 are desirable for exploring the antioxidative impact of biomaterials (Ganhão et al., 2010). Therefore, this study
75 investigated the effects of SL extracted via various SW temperatures as additives on the physicochemical
76 properties of pork patties.

77

78 **Materials and Methods**

79

80 **Materials**

81 SL was purchased from a local market (Seoul, Korea). After washing gently in running water, which was
82 done twice, SL was dried at 60°C for 24 h using a hot-air dryer (LD-918H5, L'equip, Seoul, Korea). The dried

83 SL was vacuum packaged with a polyethylene pouch and kept at -30°C before use (within 2 weeks). Six pork
84 loins (*longissimus lumborum*) from each carcass and pork lard were purchased randomly at 48 h post-mortem
85 from a local meat mart (Seoul, Korea). After removing the connective tissue and fat from pork loins, the loins
86 and lard were separately ground twice through a 6 mm plate using a food processor (KMX51, Kenwood Co.
87 Ltd., Havant, UK) and used to prepare pork patties without further storage. All chemicals used in this study
88 were analytical grade and obtained from a local supplier (Seoul, Korea).

89

90 **Sample preparation**

91 The SL extracts were prepared using a lab-assembled SW system described in our previous study (Lee et
92 al., 2024b) at the Biopolymer Research Center for Advanced Materials (Seoul, Korea). The dried SL was
93 suspended in distilled water, and each 120 mL of 5% (w/v) suspension was applied to the reactor (130 mL
94 working volume). After closing the reactor tightly, the sample suspension was heated from the ambient to
95 target temperature (100°C , 150°C , 200°C , 250°C , and 300°C) at a heating rate of $4^{\circ}\text{C}/\text{min}$. The pressure inside
96 the reactor was built via the self-vaporization of the suspension. When the temperature inside the reactor
97 reached the target, the reactor was immersed directly into a 4°C water bath for 20 min. The suspension was
98 centrifuged at $3,000 \times g$ for 15 min at ambient temperature ($\sim 20^{\circ}\text{C}$), and the supernatant was used as SL extracts.
99 For water extraction (WE) treatment, the SL suspension was gently stirred for 30 min at ambient temperature
100 and centrifuged in the same condition described above. All SL extracts were cooled in a 4°C refrigerator
101 overnight.

102 Pork patties were formulated with 60% pork loins, 20% pork lard, 1.5% NaCl, and 18.5% SL extracts based
103 on the total weight. After mixing pork loins and NaCl for 2 min using the food processor (KMX51, Kenwood
104 Co. Ltd.), SL extracts and lard were added to the mixture and further mixed for 2 min. Aliquots 80 g of mixture
105 were shaped cylindrically using a petri dish and wrapped. For control, the SL extract was replaced by distilled
106 water. A total of 6 patties per treatment was prepared, while control was prepared 12 patties to compare
107 characteristics of fresh group (FG) and those after preservation. Two patties of each treatment were randomly
108 selected to measure freshness parameters, color, moisture content, and expressible moisture. The remaining
109 four patties were heated to determine cooking loss and texture profiles. For experimental replications, the

110 entire procedure described above was repeated three times on different days using a new batch of SL extracts,
111 pork loins, and lard.

112

113 **Freshness indicators**

114 Lipid oxidation of each pork patty was evaluated in duplicate using thiobarbituric acid reactive
115 substances (TBARS), as described in Song et al. (2024), with slight modifications. A sample (5 g) was
116 suspended in 45 mL distilled water using a homogenizer (PH91, SMT, Tokyo, Japan) for 60 s and filtered
117 through a Whatman No. 1 filter paper (GE Healthcare Life Science, Buckinghamshire, UK). The filtrate (0.5 mL)
118 was mixed with 4.5 mL of reagent consisting of 0.25 M HCl, 15% (w/v) trichloroacetic acid, and 0.375% (w/v)
119 2-thiobarbituric acid. The mixture was heated in boiling water for 15 min and centrifuged at 3,000 ×g for 10
120 min under 4°C. The absorbance of the supernatant was taken at 535 nm. The TBARS of pork patties were
121 calculated using a standard curve prepared with malonaldehyde (MA) as a reference and expressed as mg
122 MA/kg sample.

123 Each sample's total volatile basic nitrogen (TVBN) was measured in duplicate using Conway's
124 microdiffusion method described by Park et al. (2021). The total aerobic microbial count (TAC) of pork patties
125 was determined using the method of Lu et al. (2024). From each patty, a 2-g sample was aseptically taken in
126 duplicate and suspended in 18 mL sterilized saline. The suspensions were subjected to a stomacher (WS-400,
127 Shanghai Zhisun Equipment Co. Ltd., Shanghai, China) for 1 min and diluted serially to 10⁹ level using saline.
128 Each dilute was spread on a petri film (aerobic count plate, 3M Co., St. Paul, MN, USA) and incubated at 37°C
129 for 48 h. Films with 30–300 colonies were selected and counted. The TAC of the samples was expressed as log
130 colony-forming units (CFU)/g sample.

131

132 **Instrumental color**

133 The color of pork patties was determined from two random surfaces of each sample immediately after
134 preparation and preservation using a chroma meter (CR-400, Konica-Minolta, Tokyo, Japan) calibrated using
135 a standard whiteboard ($L^* = 96.8$, $a^* = 0.30$ and $b^* = 1.67$). CIE L^* , a^* , and b^* were recorded as indicators of
136 lightness, redness, and yellowness, respectively, and the color data from each treatment were averaged.

137

138 **Water-binding properties**

139 The moisture content of each sample was measured in duplicate based on the 105°C hot-air drying
140 method. The expressible moisture of pork patties was evaluated using the method described by Park et al.
141 (2021), with minor modifications. A 2 g sample was collected from each patty in duplicate and placed in a
142 centrifuge tube with gauze as the moisture absorber. The sample was centrifuged at 3,000 ×g for 15 min under
143 4°C, and the sample pieces were carefully removed from the tube. The tube with gauze was weighed and dried
144 at 105°C for 24 h. Expressible moisture was calculated using the percentage of moisture loss relative to the
145 initial sample weight.

146 To measure cooking loss, four patties from each treatment were weighed and separately placed in a plastic
147 bag. The patties were cooked in a 75°C water bath for 15 min and cooled at ambient temperature for 30 min.
148 Surface exudates were gently wiped off, and the cooked patties were weighed again. The cooking loss of the
149 samples was calculated using the percentage weight loss of the patties before and after cooking.

150

151 **Texture profile analysis**

152 After measuring cooking loss, the cylindrical samples were obtained from the center of the patties using
153 a cork borer (26.25 mm in diameter). The samples were subjected to a texture analyzer (CT-3, Brookfield
154 Engineering Labs Inc., Middleboro, MA, USA) equipped with a standard probe (50.8 mm in diameter, TA-
155 25/1000, Brookfield Engineering Labs Inc). The samples were compressed twice to 70% of their height under
156 5 g of trigger load and 1 mm/s head speed.

157

158 **Statistical analysis**

159 A completely randomized design was employed to estimate the main effect (extraction temperature). Data
160 collected from each experiment were averaged, and the means and standard deviations were calculated using
161 the averages obtained from three independent experiments (n = 3). The statistical significance of the main
162 effect was determined by one-way analysis of variance using SPSS software (ver. 25, IBM Inc., Armonk, NY,
163 USA). Duncan's multiple range test was conducted for the post hoc test when the main effect was significant
164 (p < 0.05).

165

166 **Results and Discussion**

167

168 **Freshness indicators**

169 Compared with 0.28 mg MA/kg of TBARS of FG (Fig. 1A), all patties showed significantly higher TBARS
170 after 2 weeks of preservation regardless of treatments ($p < 0.05$). Among preserved treatments, SL extracted
171 at lower than 150°C did not exhibit antioxidative activity. The TBARS of these treatments ranged from 1.43 to
172 1.63 mg MA/kg. Meanwhile, patties prepared with SL extracted at 200°C or higher exhibited 0.46–0.55 mg
173 MA/kg of TBARS, lower than those of former groups ($p < 0.05$). In general, biomass subjected to SW at greater
174 than 200°C was reported to possess high antioxidative activities (Lee et al., 2024b). The current study indicates
175 that SL could be converted into strong antioxidants by SW extraction. As described earlier, the hydrothermal
176 conversion of SL would be manifested not only by the generation of melanoidins but also by the extraction of
177 phenolic compounds (Carr et al., 2011; Lee et al., 2024b; Mesías and Delgado-Andrade, 2017). In particular, SL
178 extracted at 250°C could extend the shelf-life of pork patties for 2 weeks since the TBARS of this treatment was
179 still lower than 0.5 mg MA/kg, which was recognized as an upper limit for rancidity in meat products (Hansen
180 et al., 2004).

181 The TVBN as an indicator of protein spoilage showed a similar pattern to those of TBARS (Fig. 1B). The
182 TVBN of FG ranged from 6.20 to 8.40 mg/100 g, and those of all patties increased after 2 weeks of preservation
183 ($p < 0.05$). Compared with patties after preservation, the addition of SL extracted at higher temperatures
184 tended to decrease the TVBN of pork patties, and the addition of SL extracted at 200°C–250°C lowered the
185 TVBN of pork patties to 11.47–12.60 mg/100 g ($p < 0.05$). Conversely, SL subjected to 300°C increased the
186 TVBN of pork patties to 16.34 mg/100 g ($p < 0.05$). TVBN is related to the action of microbial and intrinsic
187 enzymes (Bekhit et al., 2021). As polysaccharides account for most organic compounds in SL, the high SW
188 temperature could manifest the generation of simple sugars. Under an elaborated SW environment, the simple
189 sugars are converted into thermal derivatives such as 5-hydroxymethylfurfural (HMF) and furfural (Lachos-
190 Perez et al., 2017; Yüksel Özşen, 2020), and these metabolites were easily absorbed on the surface of enzymes
191 and bacteria inhibiting their actions (Chai et al., 2013). In most biomass such as ginseng roots and rice husks,
192 the thermal derivatives were intensively generated at a SW temperature of 200°C–250°C (Lee et al., 2024a,

193 2024b), which could contribute to the low TVBN of pork patties through inhibiting endogenous and exogenous
194 proteases. Conversely, these hydrothermal metabolites were further degraded into formic and acetic acids at
195 a greater SW temperature (Yüksel Özşen, 2020), possibly resulting in higher TVBN at a 300°C treatment.

196 For antimicrobial activities, the TAC of the FG ranged from 3.00–3.31 log CFU/g (Fig. 1C), whereas all
197 treatments showed significantly higher TAC after 2 weeks of preservation ($p < 0.05$). There were no differences
198 in the TAC of patties prepared using SL extracted at temperatures of $\leq 200^\circ\text{C}$, and the TAC of these treatments
199 ranged from 7.73 to 8.10 log CFU/g. Meanwhile, SL subjected to temperatures of $\geq 250^\circ\text{C}$ exhibited
200 antimicrobial activities. A 300°C treatment showed 5.97 log CFU/g of the lowest TAC among treatments ($p <$
201 0.05). These changes in TAC with SW temperatures explained that the generation of acetic acid, a thermal
202 product from degradation of intermediate derivatives such as HMF and furfural, suppressed the growth of
203 bacteria in pork patties during preservation. According to the previous literature, biomass subjected to 250°C–
204 300°C completely prevented microbial growth (Lee et al., 2024a, 2024b). However, the high TAC level of the
205 300°C treatment compared with that of the FG in the present study would be due to low concentrations of SL
206 extracts in the formulation of pork patties. Nevertheless, it was demonstrated that SL extracted at temperatures
207 of $\geq 200^\circ\text{C}$ effectively improved the stability against the lipid oxidation in pork patties. In addition, SW at
208 temperatures of $\geq 250^\circ\text{C}$ could convert SL into an effective antimicrobial agent for meat products. The
209 bioactivities of SL extracts observed in pork patties were likely related to the compositional changes in SL
210 under the applied SW temperature. The findings of this study indicated that SL extracts had potential
211 applications in extending the shelf-life of pork patties.

213 **Visual appearance and instrumental color**

214 For the appearance of SL extracts (Fig. 2A), WE treatment exhibited a bright yellow appearance, resulting
215 from an extraction of chlorophylls (E et al., 2023). In addition, SL had no visual change when subjected to
216 100°C–150°C. However, SL extracted at 200°C showed a dark brown appearance, and the browning
217 discoloration was more intense at 250°C. As reported, proteins and polysaccharides in biomass underwent
218 hydrothermal hydrolysis under SW at 190°C–220°C (Lee et al., 2024b; Ramachandraiah et al., 2017). The
219 intense dark brown appearance of the latter SL extracts would be evidenced by the generation of Maillard
220 conjugates between these hydrolysates (Mesías and Delgado-Andrade, 2017). Still, the SL extracted at 300°C

221 showed a dark brown appearance, but the color intensity was slightly lower than that obtained at 250°C.
222 According to the report of Fan and Gao (2022), primary Maillard products were polymerized into secondary
223 products, and the polymers were partially eliminated by centrifuging, leading to a lower intensity of the
224 Maillard pigmentation in SL extracts.

225 Despite its known physiological impacts, the unique color of the Maillard conjugates in the SL extract
226 influenced the color of fresh pork patties (Fig. 2B). Compared with the control, the addition of WE or SW
227 treatments at 100°C–200°C did not affect the visual appearance of fresh pork patties. However, the pork patties
228 prepared with SL subjected to 250°C or higher could be distinguishable visually. Based on instrumental color
229 measurement as depicted in Fig. 3, the visual color of the latter group was characterized by higher a^* and b^*
230 values compared to control ($p < 0.05$).

231 After chilled preservation, the appearance of all patties changed to brownish, possibly due to the
232 oxidation of myoglobin (Fig. 2C). In contrast to control of which L^* tended to decrease, the L^* value of all SL
233 treatment tended to increase compared to the corresponding counterparts with significant decreases in a^* and
234 b^* values ($p < 0.05$). In comparison of treatments, the intensity of the brown appearance depended on the SW
235 temperature applied to extract SL. According to the instrumental color, treatments with SL subjected to $\leq 200^\circ\text{C}$
236 showed higher L^* value than control ($p < 0.05$), while there was no difference in L^* value among treatment
237 group. The a^* and b^* values showed a different pattern based on the extraction temperature. The a^* and b^*
238 values of all SL treatments were higher than those of control ($p < 0.05$), reflecting that SL had an ability to
239 stabilize color of pork patties during chilled preservation. Among treatment group, the SL subjected to 250°C
240 manifested the highest a^* value of pork patties among treatments ($p < 0.05$), whereas the b^* of pork patties
241 tended to be high in patties prepared with SL subjected to 150°C–250°C. Conversely, the lowest b^* value
242 among treatments was obtained by 300°C treatment.

243 The results indicated that the antioxidative activities of SL extracted at 200°C–300°C could stabilize the
244 color of pork patties during chilled preservation. As reported previously, SW could yield Maillard products
245 and extract phenolic compounds due to its low dielectric constant (Carr et al., 2011; Lee et al., 2024b; Mesías
246 and Delgado-Andrade, 2017), and these factors were closely related to inhibiting myoglobin oxidation.
247 Although the color of pork patties was affected by the Maillard pigments originating from SL extracts, the

248 results indicated that myoglobin oxidation could be delayed by the addition of SL extracted at 200°C–300°C,
249 which could also inhibit the oxidative reactions of pork patties during preservation.

250

251 **Water-binding properties**

252 The moisture content of the pork patties in the FG was 67.9% (Fig. 4A). All patties showed a slight decrease
253 in moisture content after 2 weeks of preservation, and a significant reduction in moisture content was observed
254 only in the control and WE treatment ($p < 0.05$). By contrast, the moisture content of the SW treatment groups
255 did not differ significantly from that of FG. Based on these findings, it could be presumable that the SW-treated
256 SL had the advantage of minimizing changes in the water-binding capacity of pork patties during 2 weeks of
257 chilled preservation. The impact of SL extracted via SW on the water-binding properties of pork patties was
258 likely due to their strong antioxidant activity, which would suppress protein oxidation. Reportedly, lipid
259 oxidation manifested protein oxidation. The oxidized proteins were susceptible to aggregation owing to their
260 enhanced hydrophobicity, resulting in reduced water-binding properties (Nawaz et al., 2022). Additionally,
261 the result showed that SW effectively extracted polysaccharides in the cell walls of SL, thereby improving the
262 water-binding properties of pork patties. Expressible moisture was significantly lower in all the patties after 2
263 weeks of preservation than that in the FG (Fig. 4B). Although the 250°C treatment tended to show lower
264 expressible moisture than other treatments, the overall difference among the preserved treatments was not
265 significant.

266 Herein, no significant differences in moisture content and expressible moisture among preserved
267 treatments might indicate that the relationship between degree of oxidation and the water-binding properties
268 of pork patties was not clearly observed unless the patties were thermally processed. A clear difference in
269 water-binding properties among preserved treatments was found in terms of cooking loss (Fig. 4C). Overall,
270 cooking loss tended to increase slightly after 2 weeks of preservation compared with that in the FG. In
271 particular, the WE treatment exhibited significantly higher cooking loss than FG ($p < 0.05$). This was likely due
272 to the oxidation of polyunsaturated fatty acids in SL, which influenced protein oxidation and reduced the
273 water-binding properties of pork patties. The comparison among the treatments showed that the 150°C–200°C
274 treatment exhibited a significantly lower cooking loss than the WE treatment ($p < 0.05$). In addition to yielding
275 melanoidins, the dielectric constant of SW at 150°C–200°C was similar to that of methanol, providing an

276 effective environment for extracting phenolic compounds from SL (Carr et al., 2011). These compositional
277 changes would inhibit and delay protein oxidation during preservation, possibly resulting in less cooking loss
278 of pork patties. Furthermore, these SW extraction conditions effectively extracted carbohydrates from SL.
279 Although the carbohydrates in the cell walls of SL were poorly soluble in water, they could be hydrolyzed and
280 extracted more readily in the SW environment (Álvarez-Viñas et al., 2021). Notably, the final products of the
281 hydrothermal degradation of polysaccharides were organic acids (Yan et al., 2021), which could explain why
282 cooking loss at SW temperatures of $\geq 250^{\circ}\text{C}$ was similar to that in the WE treatment. Eventually, the present
283 study indicated that SL extracted via SW had the potential to suppress protein oxidation, thereby minimizing
284 a change in the water-binding properties of meat proteins during preservation.

286 **Texture profile analysis**

287 After preservation, the hardness of all treatments preserved for 2 weeks tended to be higher than the FG
288 (Fig. 5A), and particularly patties with SL subjected to $\leq 150^{\circ}\text{C}$ had a significantly higher hardness than FG (p
289 < 0.05). Among treatments, addition of SL extracted at $\geq 150^{\circ}\text{C}$ showed lower hardness than those extracted at
290 lower SW temperature, and the lowest hardness was obtained at 250°C treatment ($p < 0.05$). The cohesiveness
291 of patties preserved for 2 weeks did not differ from that of FG (Fig. 5B), still 150°C – 200°C treatments showed
292 low cohesiveness compared to patties with SL subjected to $\leq 100^{\circ}\text{C}$ ($p < 0.05$). The springiness of pork patties
293 also showed a similar pattern to cohesiveness (Fig. 5C). Excluding 300°C treatment, all patties exhibited no
294 significant change in springiness after 2 weeks of preservation compared to the FG. In comparison among the
295 treatments, the lowest springiness was observed in 200°C treatment whereas the highest in 300°C treatment.
296 For gumminess, significant differences were observed between the preserved treatments and the FG (Fig. 5D).
297 Among the treatment group, gumminess tended to decrease gradually as the extraction temperature of SL
298 increased which was similar to those of hardness. According to the above results, SL extracted at relatively
299 low temperatures ($< 200^{\circ}\text{C}$) had no effect on the texture of pork patties during chilled preservation, while SL
300 extracted at temperatures in the range of 200°C – 250°C had an inhibitory effect on the textural changes of the
301 patties during preservation. Conversely, the texture-stabilizing ability shown by the latter group was
302 diminished due to the SW at 300°C .

303 It was believed that the textural changes in pork patties after preservation were likely due to protein
304 oxidation. Since protein oxidation promotes cross-linking and aggregation among proteins, negatively
305 affecting the water-binding properties and texture of meat products (Zhang et al., 2013). Therefore, the increase
306 in toughness of the former group (< 200°C) appeared to be a result of the protein oxidation during preservation.
307 Meanwhile, the textural stabilization of SL subjected to 200°C–250°C could be influenced by the content and
308 composition of the solid components derived from SL. SL primarily comprised polysaccharides, which
309 significantly affect the water-binding properties and texture of meat products (Han et al., 2023). Since the SW
310 temperature in these ranges was favorable for breaking down the cell wall structure of SL, it would promote
311 the extraction of algal polysaccharides (Li et al., 2024). By contrast, polysaccharides underwent hydrothermal
312 hydrolysis into oligomers or monomers under the SW environment, which could enhance water-binding
313 properties but manifest the loss of the textural contributions of meat products. As a result, significant changes
314 in textural properties of preserved patties would be rarely observed by addition of SL extracted at 200°C–
315 250°C. Furthermore, the high antioxidant capacity of SL, resulting from the generation of Maillard conjugates
316 and the extraction of phenolic compounds at these temperature ranges, could inhibit protein oxidation in pork
317 patties during preservation, minimizing textural changes (Mesías and Delgado-Andrade, 2017; Wu et al., 2023).

318 From this perspective, the textural changes observed in the 300°C treatment could be explained as a result
319 of compositional changes of Maillard conjugates and phenolic compounds. In other words, the hydrothermal
320 polymerization of these components at extreme SW temperature caused an elimination of the polymer during
321 centrifugation of SL extraction, thereby resulting in a loss of antioxidative activity. Consequently, the results
322 demonstrated that SL extracts could be utilized as novel biomaterials for inhibiting oxidative deterioration in
323 meat products during chilled preservation, and the SW extraction at temperatures of 200°C–250°C appeared
324 to be a promising technology for maximizing the antioxidative activities of SL extracts, which could effectively
325 suppress protein oxidation and maintain the textural properties of meat products during preservation.

326

327 **Conclusion**

328 Based on the results of this study, the SL extracted via SW could extend the freshness of pork patties
329 during 2 weeks of chilled preservation. The SL extracts not only inhibited lipid oxidation in the patties but

330 also affected color stability of pork patties during preservation. The ability of SL to inhibit lipid oxidation
331 effectively prevented the loss of water-binding properties and textural modifications caused by meat protein
332 oxidation. Although the brown appearance of the SL extract resulting from high SW extraction temperatures
333 could negatively affect the color of the raw patties, these unattractive features were likely to be offset during
334 chilled preservation. Therefore, this study demonstrated that SW extraction effectively converted SL into
335 valuable additives for meat processing. Although, the impact of SL extracts on sensorial properties of pork
336 patties warranted further explorations, SW extraction at temperatures of 200°C–250°C imparted inhibitory
337 ability of oxidative deteriorations to SL, suggesting its potential application in various meat products.

338

339 **Acknowledgements**

340

341 This research was supported by Basic Science Research Program through the National Research
342 Foundation of Korea (NRF) funded partially by the Ministry of Education (grant No. 2022R1A6A1A03055869;
343 grant No 2022R1I1A1A01065657) and by the Ministry of Science and ICT (grant No. RS-2024-00341861).

344

345 **References**

346

347 Álvarez-Viñas M, Rodríguez-Seoane P, Flórez-Fernández N, Torres MD, Díaz-Reinoso B, Moure A,
348 Domínguez H. 2021. Subcritical water for the extraction and hydrolysis of protein and other fractions in
349 biorefineries from agro-food wastes and algae: a review. *Food Bioprocess Technol* 14:373-387.

350 Baek UB, Kim HY. 2024. Physicochemical properties of restructured black goat Jerky with various types of
351 ultra-ground seaweed powders. *Food Sci Anim Resour* 44:483-497.

352 Bekhit AEDA, Holman BWB, Giteru SG, Hopkins DL. 2021. Total volatile basic nitrogen (TVB-N) and its role
353 in meat spoilage: A review. *Trend Food Sci Technol* 109:280-302.

354 Carr AG, mammucari R, Foster NR. 2011. A review of subcritical water as a solvent and its utilisation for the
355 processing of hydrophobic organic compounds. *Chem Eng J* 172:1-17.

- 356 Chai WM, Liu X, Hu YH, Feng HL, Jia YL, Guo YJ, Zhou HT, Chen QX. 2013. Antityrosinase and antimicrobial
357 activities of furfuryl alcohol, furfural and furoic acid. *Int J Biol Macromol* 57:151-155.
- 358 Cofrades S, Benedí J, Carcimartin A, Sánchez-Muniz FJ, Jimenez-Colmenero F. 2017. A comprehensive
359 approach to formulation of seaweed-enriched meat products: From technological development to
360 assessment of healthy properties. *Food Res Int* 99:1084-1094.
- 361 E HM, S M, Baskaran R. 2023. The sea lettuce *Ulva sensu lato*: Future food with health-promoting bioactives.
362 *Algal Res* 71:103069.
- 363 Fan R, Gao Y. 2022. Maillard and hydrolytic reactions in subcritical water extraction of bioactive compounds
364 from licorice. *Molecules* 27:6851.
- 365 Ganhão R, Morcuende D, Estévez M. 2010. Protein oxidation in emulsified cooked burger patties with added
366 fruit extracts: Influence on colour and texture deterioration during chilled storage. *Meat Sci* 85:402-409.
- 367 Gupta S, Abu-Ghannam N. 2011. Recent developments in the application of seaweeds or seaweed extracts as
368 a means for enhancing the safety and quality attributes of foods. *Innov Food Sci Em* 12:600-609.
- 369 Hansen E, Lauridsen L, Skibsted LH, Moawad RK, Andersen ML. 2004. Oxidative stability of frozen pork
370 patties: Effect of fluctuating temperature on lipid oxidation. *Meat Sci* 68:185-191.
- 371 Kendel M, Wielgosz-Collin G, Bertrand S, Roussakis C, Bourgougnon N, Bedoux G. 2015. Lipid composition,
372 fatty acids and sterols in the seaweeds *Ulva armoricana*, and *Sllieria chordalis* from Brittany (France): An
373 analysis from nutritional, chemotaxonomic, and antiproliferative activity perspectives. *Mar Drugs*
374 13:5606-5628.
- 375 Lachos-Perez D, Tompsett GA, Guerra P, Timko MT, Rostagno MA, Martínez J, Forster-Carneiro T. 2017.
376 Sugars and char formation on subcritical water hydrolysis of sugarcane straw. *Bioresour Technol*
377 243:1069-1077.
- 378 Lee JW, Lee MY, Lee SY, Hong GP. 2024a. Compositional changes and physiological activities of fresh ginseng
379 extracts prepared at various temperatures in subcritical water. *J Ginseng Res* (in press).
- 380 Lee JW, Nam J, Lim W, Lim TG, Hong GP. 2024b. Subcritical water mediated hydrolysis of rice husk
381 lignocellulose and upcycling applications of the hydrolysates. *Food Bioproc Technol* (in press).
- 382 Li C, Wang H, Zhu B, Yao Z, Ning L. 2024. Polysaccharides and oligosaccharides originated from green algae:
383 structure, extraction, purification, activity and applications. *Bioresour Bioprocess* 11:85

- 384 Lu J, Li R, Chen H, Sun D, Yu Z, Liu Y, Zhang B, Jiang W. 2024. Effect of brine concentration on the quality of
385 salted large yellow croaker during processing and refrigeration. *Food Sci Biotechnol* 33:3257-3267.
- 386 Mesías M, Delgado-Andrade C. 2017. Melanoidins as a potential functional food ingredients. *Curr Opin Food*
387 *Sci* 14:37-42.
- 388 Nawaz A, Sana I, Ali Khan I, Khalifa, I, Walayat N, Aadil RM, Kumar M, Wang M, Chen F, Cheng KW, Lorenze
389 JM. 2022. Protein oxidation in muscle-based products: Effects on physicochemical properties, quality
390 concerns, and challenges to food industry. *Food Res Int* 157:111322.
- 391 Park DH, Lee S, Kim EJ, Ji YR, Wi G, Choi MJ. 2021. Freshness of deep frozen mackerel and croaker during
392 long-term storage. *Int J Food Prop* 24:89-104.
- 393 Ramachandraiah K, Koh BB, Davaatseren M, Hong GP. 2017. Characterization of soy protein hydrolysates
394 produced by varying subcritical water processing temperature. *Innov Food Sci Em* 43:201-206.
- 395 Ribeiro JS, Santos MJMC, Silva LKR, Pereira LCL, Santos IA, Lannes SCDS, da Silva MV. 2019. Natural
396 antioxidants used in meat products: A brief review. *Meat Sci* 148:181-188.
- 397 Shretha A, Acharya B, Farooque AA. 2021. Study on hydrochar and process water from hydrothermal
398 carbonization of sea lettuce. *Renew Energy* 163:589-598.
- 399 Song HG, Lee S, Han J. 2024. Enhanced oxygen barrier properties of sodium alginate coatings in humid
400 environments: ionic crosslinking of sodium alginate by calcium ions released from calcium hydrogen
401 phosphate and calcium carbonate. *Food Sci Biotechnol* (in press).
- 402 Wu J, Zhao S, Chen X, Jiu Y, Liu J, Gao J, Wang S. 2023. Physicochemical properties, multi-elemental
403 composition, and antioxidant activity of five unifloral honeys from *Apis cerana cerana*. *Food Sci Biotechnol*
404 32:1821-1829.
- 405 Yan Z, Lian J, Feng Y, Li M, Long F, Cheng R, Shi S, Guo H, Lu J. 2021. A mechanistic insight into glucose
406 conversion in subcritical water: Complex reaction network and the effects of acid-base catalysis. *Fuel*
407 289:119969.
- 408 Yehye WA, Rahman NA, Ariffin A, Hamid SBA, Alhadi AA, Kadir FA, Yaeghoobi M. 2015. Understanding
409 the chemistry behind the antioxidant activities of butylated hydroxytoluene (BHT): A review. *Eur J Med*
410 *Chem* 101:295-312.

411 Yüksel Özşen A. 2020. Conversion of biomass to organic acids by liquefaction reactions under subcritical
412 conditions. *Front Chem* 8:24.

413 Zahid MA, Seo JK, Parvin R, Ko J, Yang HS. 2019. Comparison of butylated hydroxytoluene, ascorbic acid,
414 and clove extract as antioxidants in fresh beef patties at refrigerated storage. *Food Sci Anim Resour* 39:768-
415 779.

416 Zhang W, Xiao S, Ahn DU. 2013. Protein oxidation: Basic principles and implications for meat quality. *Crit*
417 *Rev Food Sci Nitr* 53:1191-1201.

418

ACCEPTED

419 **Figure Captions**

420

421 **Fig. 1. Effect of subcritical water extraction temperature on the freshness parameters of pork patties**
422 **prepared with sea lettuce extracts.** (A) Thiobarbituric acid reactive substances (TBARS), (B) total volatile basic
423 nitrogen (TVBN), and (C) total aerobic microbial count (TAC) of patties after 2 weeks of chilled preservation.
424 FG, fresh group; C, control; WE, water extraction. Vertical bars indicate standard deviations (n = 3). ^{a-c} Means
425 with different letters are significantly different (p < 0.05).

426

427 **Fig. 2. Effect of subcritical water extraction temperature on the visual appearance of sea lettuce extracts and**
428 **pork patties.** (A) Sea lettuce extracts, (B) fresh pork patties prepared with sea lettuce extracts, and (C) the
429 patties after 2 weeks of chilled preservation.

430

431 **Fig. 3. Effect of subcritical water (SW) extraction temperature on the CIE color of pork patties prepared with**
432 **sea lettuce extracts.** (A) L*, (B) a*, and (C) b* values of fresh patties and those after 2 weeks of chilled
433 preservation. C, control; WE, water extraction. Vertical bars indicate standard deviations (n = 3). ^{a-c, A-D} Means
434 with different letters are significantly different (p < 0.05).

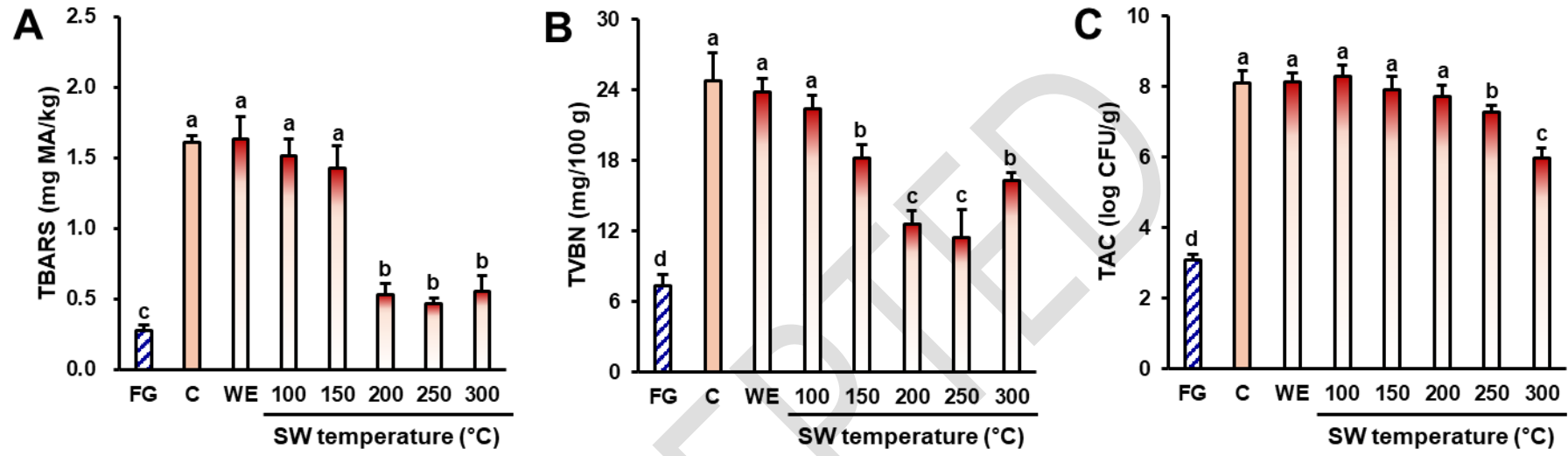
435

436 **Fig. 4. Effect of subcritical water (SW) extraction temperature on the water-binding properties of pork**
437 **patties prepared with sea lettuce extracts.** (A) Moisture content, (B) expressible moisture, and (C) cooking
438 loss of patties after 2 weeks of chilled preservation. FG, fresh group; C, control; WE, water extraction. Vertical
439 bars indicate standard deviations (n = 3). ^{a-b} Means with different letters are significantly different (p < 0.05).

440

441 **Fig. 5. Effect of subcritical water (SW) extraction temperature on the texture profiles of pork patties**
442 **prepared with sea lettuce extracts.** (A) Hardness, (B) cohesiveness, (C) springiness, and (D) gumminess of
443 patties after 2 weeks of chilled preservation. FG, fresh group; C, control; SW, water extraction. Vertical bars
444 indicate standard deviations (n = 3). ^{a-d} Means with different letters are significantly different (p < 0.05).

445



446

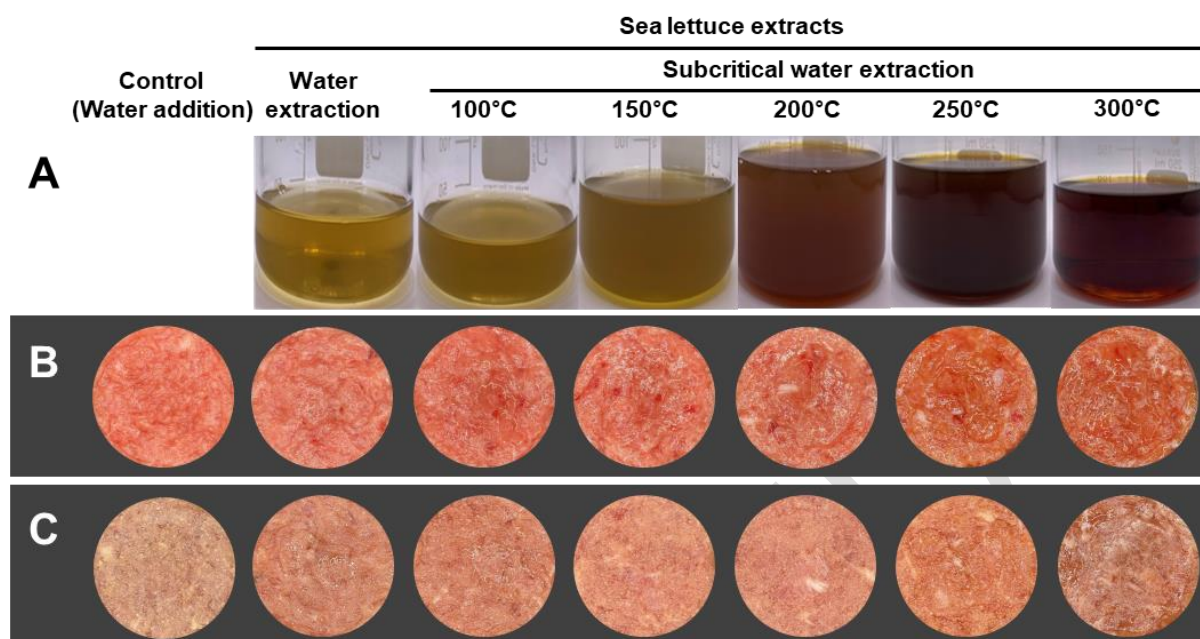
447

Fig. 1.

P

A

G



449

450

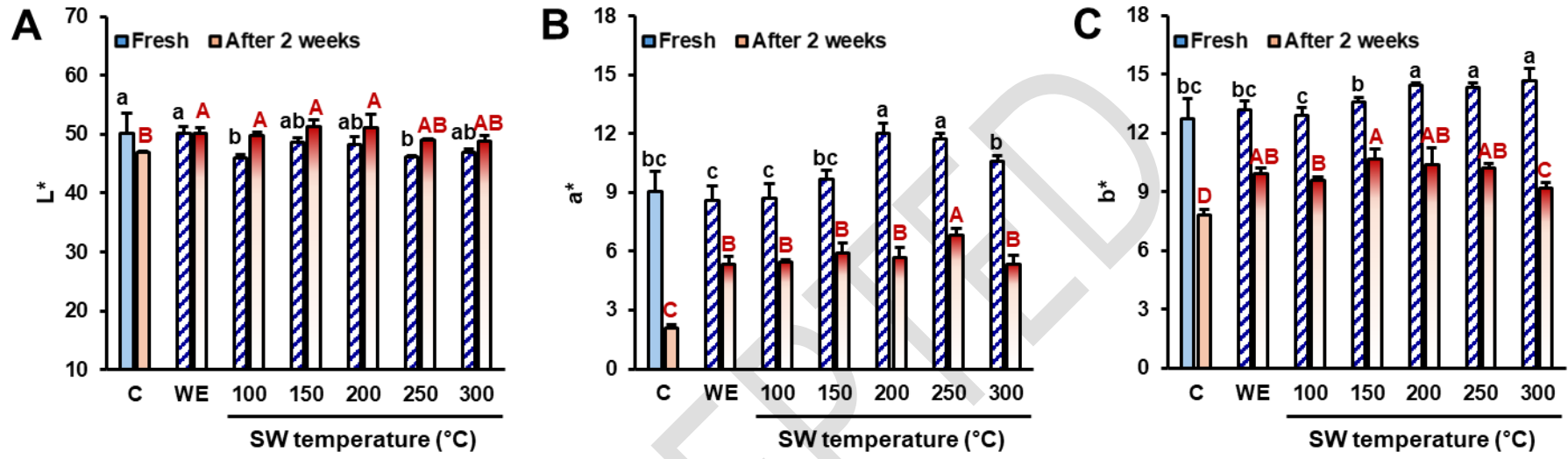
Fig. 2.

P

A

G

451



452

453

454

Fig. 3.

P

A

G

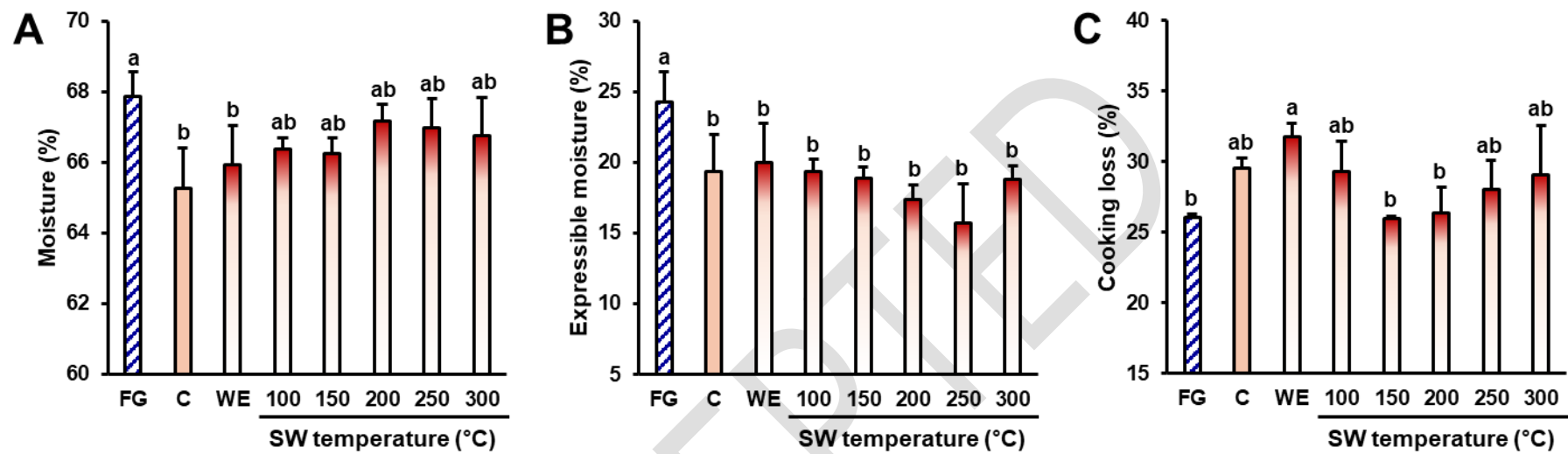


Fig. 4.

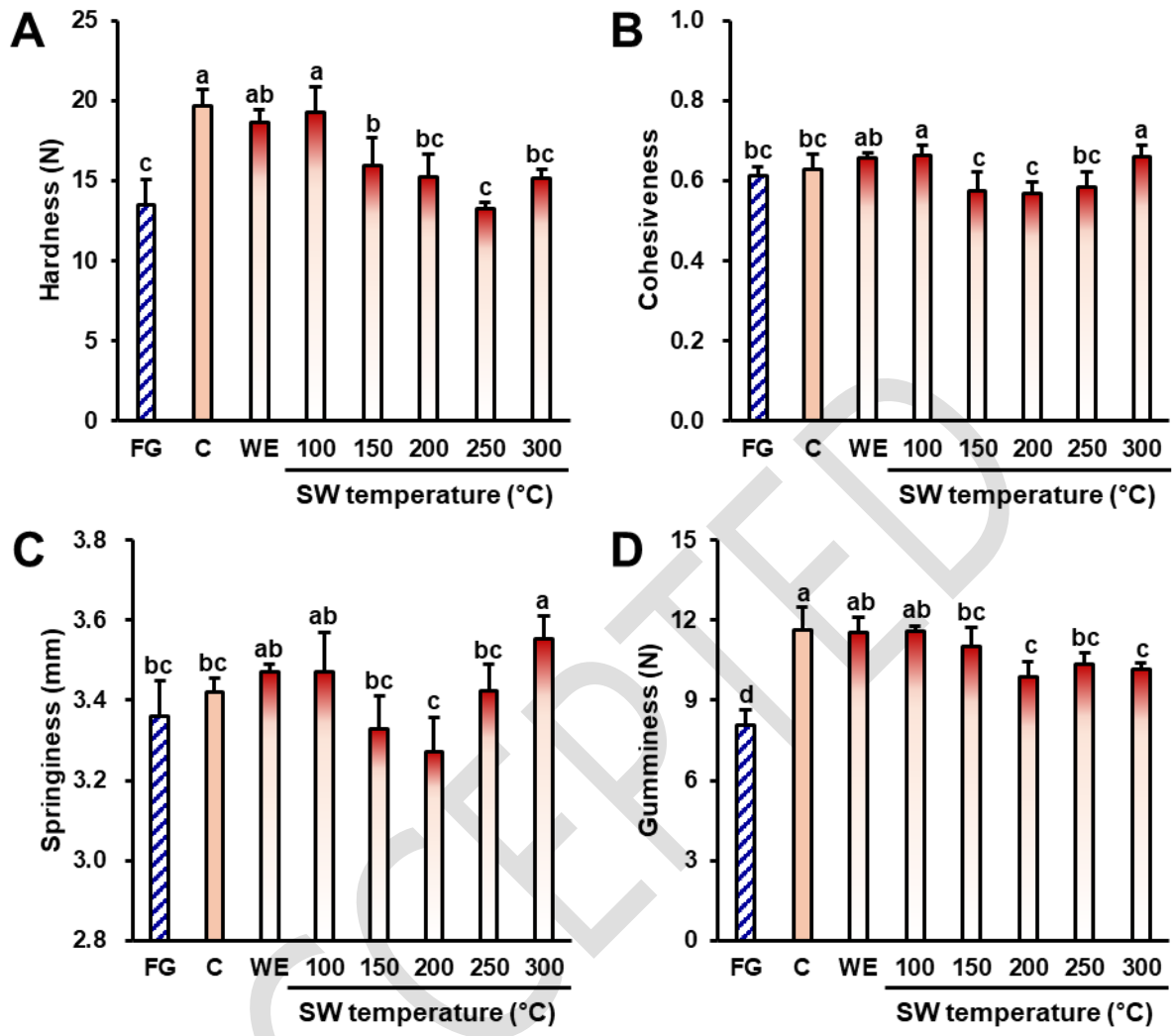


Fig. 5.