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Abstract (within 250 words)

18 This study investigated the antioxidant activity of radish seed oil (RSO) and its 19 effects on the quality and storage characteristics of pork patties. To assess the 20 antioxidant capacity of RSO, this study analyzed fatty acid composition, peroxide 21 value (PV), and DPPH radical scavenging activity. Pork patties were manufactured 22 with the addition of RSO-0.4%, 0.8%, 1.6%, and 2.4% and measured in terms of proximate composition, pH, water holding capacity (WHC), cooking loss (CL), color, 23 texture profile analysis (TPA), and a sensory evaluation. Total microbial count 24 25 (TMC), volatile basic nitrogen (VBN), thiobarbituric acid reactive substances (TBARS), and PV were measured at 1, 3, and 7 days of refrigerated storage. The 26 27 DPPH radical scavenging activity of RSO was found to be 75.46%. In the cases of 28 WHC and CL, there was no significant differences observed between RSO0.4%, 29 RSO0.8%, and positive control (PC) (p>0.05). Meanwhile, RSO2.4% showed 30 significantly lower hardness, springiness, gumminess, and chewiness than PC (p<0.05), and these values tended to decrease with the addition of increasing RSO. 31 32 In terms of storage characteristics, with an increase in the amount of RSO added, 33 TMC, VBN, TBARS, and PV all decreased; among the treatment groups, RSO2.4% 34 showed the lowest values. In conclusion, RSO exhibits antioxidant activity, but when 35 added in large amounts, it negatively affects the quality characteristics of patties while positively impacting their storage properties, thus necessitating a balanced 36

37	consideration of both outcomes. Therefore, adding 1.6% RSO is considered to be
38	the most appropriate level for formulations to be used in practice.
39	
40	Keywords: (3-5 keywords)
41	meat product, radish seed oil, antioxidant, quality characteristics, storage
42	characteristics
43	Introduction
44	The worldwide consumption of meat products has been gradually increasing with
45	population growth and rising average personal incomes (Godfray et al., 2018).
46	Accordingly, the meat processing industry has also rapidly increased in recent years,
47	and it is now expected to meet the needs of consumers interested in health (Jeong,
48	2016). Health functional food may vulnerable to a risk of microbial growth and fatty
49	acid spoilage because it does not initially contain compounds such as preservatives
50	or antioxidants. Microbial growth and fatty acid oxidation are thus considered to be
51	major problems that impair the storage properties of these ground meat products
52	(Shan et al., 2009). Therefore, when manufacturing processed meat products,
53	chemical food additives are added to improve storage properties. However, nitrite-
54	which is an additive that is mainly added to improve the functionality of processed
55	meat products—has been suggested to form N-nitroso compounds in the body, and
56	substances including nitrosamine can cause carcinogenicity (WHO, 2022). Although
57	the amount of such food additives is regulated by the Food Sanitation Act (KFDA,
	4

58 2023), consumers prefer processed meat products using natural additives because 59 of negative perceptions of chemical additives and concerns about the adverse 60 effects of ingesting large amounts of such additives. This had led to active research 61 examining the founding of new types of value using food byproducts. 62 Due to their antioxidant and antibacterial properties, essential oils and various 63 plant extracts can serve as alternatives to chemical additives (Banon et al., 2007). Vegetable oil extracted from seeds has the advantage of containing a high 64 proportion of mono- or polyunsaturated fatty acids and no cholesterol, and when 65 added to meat, it can increase the proportion of monounsaturated fatty acids such as 66 oleic acid (Bloukas et al., 1993). Among these vegetable oils, radish seed oil and 67 canola oil have been traditionally used; cruciferous oils have yet to be popularized 68 69 despite having similar properties (Ratanapariyanuch et al., 2013). Cruciferous 70 species are reported to confer several health benefits, including antioxidant and 71 antibacterial activity (Avato & Argentieri, 2015).

Radish (Raphanus sativus L.) is a vegetable belonging to the cruciferous species 72 73 that is consumed worldwide, and it contains bioactive compounds that are beneficial to human health. Radish seeds have also been reported to reduce the level of 74 75 tumors and to be effective in preventing diabetes (Banihani, 2017). Radish seed oil is 76 composed of unsaturated fatty acids, which can reduce the cholesterol content of meat products. Moreover, radish seed oil includes compounds such as Tocopherol, 77 Glucosinolate, and Sulforaphene, which have antioxidant and antibacterial activities 78 which are beneficial to the human body (Zhao et al., 2017; Carlson et al., 1985). 79

80	Therefore, the current study investigated the antioxidant activity of radish seed oil by
81	analyzing the quality and storage characteristics of pork patties prepared with
82	various amounts of radish seed oil.
83	
84	
85	Materials and Methods
86	Radish seed oil extraction method
87	The radish seeds used in this study were provided by PPS Co. Ltd. For low-
88	temperature cold pressing extraction, 200 g of seeds was extracted using a cold
89	press machine (NF-80, Karaerler, Ankara, Turkey) set at 18 Hz and 49°C. During the
90	oil extraction process, a thermometer was used to ensure that the temperature of the
91	machine and oil did not exceed 49°C. The extracted oil was collected using a
92	vacuum filtration pump and filter paper to remove impurities, resulting in the
93	collection of pure oil. The oil extraction yield was measured to be 20.84%, while the
94	oil moisture content was measured to be 1.12%.
95	Fatty acid composition analysis
96	The fatty acid composition was analyzed using the AOAC validated method, which
97	involved methylation followed by gas chromatography. For fat hydrolysis, a sample
98	of 25 $\mu L$ was treated with 1.5 mL of 0.5 N NaOH·MeOH. Next, a mixture of 2 mL of
99	14% boron trifluoride methanol solution, 2 mL of 2,2,4-trimethyl pentane, and 5 mL of
100	saturated NaCI was added, and this mixture was then kept at room temperature for
101	15 min for fatty acid derivatization. Once the layers had separated, the upper layer

102 was filtered through a 0.45 µM membrane filter (Millipore, Billerica, MA, USA) and 103 used as the sample for fatty acid composition analysis. At this point, the sample was injected into a gas chromatography instrument (HP 6890N/5973N MSD, Agilent 104 105 Technologies, Wilmington, DE, USA) equipped with a flame ionization detector (FID) 106 for analysis of the fatty acid composition. The gas chromatography column used was HP-INNOWAX (60 m × 0.25 mm × 0.25 nm, Agilent, Santa Clara, CA, USA). The 107 108 column was held at 120°C for 5 min, after which the temperature was increased at a 109 rate of 5°C per min until reaching 240°C, where it was maintained for 20 min. The 110 injection temperature was set at 250°C, while the detector temperature was set at 300°C. Nitrogen (N2) was used as the carrier gas. To determine the fatty acid 111 composition, the peaks corresponding to fatty acids in the sample were identified 112 through comparison with a standard (CRM18918, Sigma-Aldrich, St. Louis, MO, 113 114 USA). The relative composition of each fatty acid was calculated as the ratio of the area sum of each fatty acid to the total area sum of all fatty acids. 115

116 **DPPH radical scavenging activity** 

The radical scavenging activity was measured using the DPPH (2,2-diphenyl-1picrylhydrazyl) method. For the DPPH test, a small amount of DPPH solution was dissolved in ethyl acetate and adjusted to an absorbance of 0.700  $\pm$  0.020 at 520 nm. The DPPH solution was then diluted with ethyl acetate. Next, 40 mg of the oil sample was weighed in a test tube, to which 160 µL of ethyl acetate and 5.8 mL of DPPH• free radical solution were added. The sample was then vortexed for 20 s. After incubation in a dark room for 30 min, the absorbance of ethyl acetate wasmeasured at 520 nm.

125 **Peroxide value (PV)** 

126 To begin, 1.0g of the sample was placed in a triangular flask. Then, 10mL of 127 chloroform was added to dissolve the sample completely, after which 15mL of acetic 128 acid was added for mixing. A saturated KI solution was prepared by dissolving potassium iodide (99%) and distilled water in a 7:3 ratio. Next, 1mL of the saturated 129 130 KI solution was added to the flask, which was then sealed and vigorously shaken for 131 about 1 min, followed by incubation at room temperature for 10 min in a dark room. After that, 30mL of distilled water was added, and the mixture was homogenized 132 again. At this point, 1mL of 1% starch indicator solution was added, and the mixture 133 134 was titrated with 0.01N Na<sub>2</sub>S<sub>2</sub>O<sub>3</sub> standard solution until it turned colorless. A blank 135 test was also conducted in parallel with the actual experiment.

#### 136 **Preparation of pork patties**

Pork patties with RSO (RSO) added were prepared as described in Table.1. There 137 138 are six treatments in total: PC (Tocopherol 0.1% + Sodium Nitrite 0.01%), NC, RSO4 (RSO 0.4%), RSO8 (RSO 0.8%), RSO16 (RSO 1.6%), and RSO24 (RSO 2.4%). The 139 140 ground pork and materials were mixed for 5 min, then divided into 100g each and 141 molded into a 10 cm diameter and a 1 mm thickness using a patty molding machine. The prepared patty was aged for one day through refrigeration for 24 h before being 142 143 used as a sample for the experiment. After aging for one day after manufacturing, proximate composition, pH, water holding capacity, cooking loss, color, texture 144

- 145 profile analysis, and sensory evaluation were conducted. Total Microbial Count
- 146 (TMC), Volatile Basic Nitrogen (VBN), Thiobarbituric Acid Reactive Substances
- 147 (TBARS) and PV were measured while they were frozen for the storage period (1, 3,
- and 7 days). All experiments were performed in triplicate.
- 149 **Proximate composition**
- 150 Proximate component analysis was performed according to the Association of
- 151 Official Analytical Chemists (AOAC, 2012) method. Moisture was analyzed using the
- atmospheric pressure drying method at 105°C, protein was analyzed using the
- 153 Kjeldahl method, crude fat was analyzed using the Folch extraction method, and ash
- 154 was analyzed using the direct ashing method.
- 155 **pH**
- 156 After taking 5 g of the sample, the mixture with 50 mL of distilled water was
- 157 homogenized with a Stomacher for 30 s. Then, after immersing the electrode in the
- sample solution so that it was submerged, the value was derived by reading the
- 159 value displayed on the pH meter.
- 160 Water holding capacity (WHC)

0.5g of ground meat was placed in the upper filter tube of a centrifuge tube. The
weight was measured, and then the filter tube was heated in an 80°C water bath for
20 min. After that, the filter tube was placed in the lower part of the centrifuge tube
and centrifuged at 2000 rpm for 10 min. The filter tube was then removed, and the
weight was measured again.

166 Water holding capacity (%) = (Total moisture – Free moisture) / Total moisture x

167 **100** 

168 Free moisture = {(sample weight before centrifugation) – sameple weight aftger

169 centirifugation) x 100} / (sample weight x fat coefficient)

#### 170 Cooking loss (CL)

171 The cooking loss of the meat was determined by cutting the sample into cubic

shapes that were approximately 50g. The sample was then heated in a 70°C water

173 bath for 30 min. The percentage of cooking loss was calculated by subtracting the

- 174 weight after cooking from the weight before cooking, dividing it by the weight before
- 175 cooking, and multiplying by 100.

176 Cooking Loss (%) = (Weight before cooking - Weight after cooking) / Weight before

177 cooking x 100

178 **Color** 

- 179 The color measurements were carried out using a color meter or spectrophotometer
- 180 (CM-26d, Minolta, Japan) according to the specifications set by the International
- 181 Commission on Illumination (CIE). The measurements included the values for
- 182 lightness (CIE L<sup>\*</sup>), redness (CIE a<sup>\*</sup>), and yellowness (CIE b<sup>\*</sup>). The average values
- 183 were recorded to represent the color characteristics of the meat. Color was
- 184 measured after cooking the pork patties.

#### 185 **Texture profile analysis (TPA)**

- 186 The texture profile analysis was conducted using a rheometer (Model Compac-100,
- 187 SUN SCIENTIFIC Co., LTD. USA). The measurements included hardness,

188 springiness, cohesiveness, chewiness, and gumminess. The load cell was set at 189 10kg, while the cross-head speed was set at 200mm/min. TPA was measured after 190 cooking the pork patties. 191 Total Microbial Count (TMC) A sample of 10g is taken and mixed with 90mL of 0.1% peptone solution in a 192 193 stomacher. The mixture is homogenized at 200rpm for 30 s. After that, the sample is serially diluted and inoculated onto Plate Count Agar (PCA) plates, which are then 194 195 incubated at 36°C for 48 h. After 48 h, the microbial count is determined using a colony counter. The total microbial count is expressed in Log CFU/g. 196 Volatile Basic Nitrogen (VBN) 197 A sample of 10g is mixed with 90mL of distilled water. The mixture is then 198 199 homogenized at 10,000 rpm using a homogenizer, before being filtered using a 200 Whatman No. 2 filter. At this point, 3 mL of the filtrate is transferred to the outer chamber of a Conway unit, and 1mL of 0.01N boric acid and two to three drops of an 201 202 indicator are added to the inner chamber. The unit is sealed, and 1mL of 50% K<sub>2</sub>CO<sub>3</sub> 203 is quickly injected into the outer chamber. After sealing the unit with a clip, it is incubated at 36°C for 2 h. The boric acid solution in the inner chamber is then titrated 204 205 with 0.02N H<sub>2</sub>SO<sub>4</sub>. The VBN value is expressed as mg percent 100g of sample. Thiobarbituric Acid Reactive Substances (TBARS) 206 A sample of 10g is mixed with 15mL of cold 10% perchloric acid and 25mL of 3rd-207 distilled water in a homogenizer. Next, the mixture is homogenized at 10,000 rpm for 208

209 10 s. The homogenate is then filtered using Whatman No. 2 filter paper. At this point,

210	5mL of 0.02M thiobarbituric acid (TBARS) solution is added to 5mL of the filtrate,
211	and they are thoroughly mixed. After the mixture is allowed it to stand for 16 h in a
212	cold room, the absorbance at 529nm is measured using a spectrophotometer. A
213	blank using 3rd-distilled water is also measured. The TBARS value is expressed in
214	terms of TBARS values, specifically as mg malonaldehyde per kg of sample. The
215	standard curve used for calculation is y = 0.1975x-0.0011 (r = 0.999), where y
216	represents the absorbance and x represents the TBARS concentration.
217	Sensory evaluation
218	The researchers conducted a sensory evaluation to assess the overall preference
219	of the product. The following attributes were measured using a nine-point scale:
220	color, flavor, smell, juiciness, texture, and overall preference. For color, a score of 1
221	indicated a lighter shade, while a score of 9 indicated a darker shade. For flavor, a
222	score of 1 represented poor taste, while a score of 9 represented excellent taste. For
223	smell, a score of 1 indicated an unpleasant odor, while a score of 9 indicated a
224	pleasant odor. For juiciness, a score of 1 represented dryness, while a score of 9
225	represented high juiciness. For texture, a score of 1 indicated softness, while a score
226	of 9 indicated firmness. Lastly for overall preference, a score of 1 represented a
227	negative acceptability, while a score of 9 represented a positive acceptability. This
228	study was approved by the institutional review board (IRB) at Chungbuk National
229	University (IRB approval number: CBNU-202302-HR-0016).
230	Statistical analysis

All experiments were measured in triplicate. Statistical analysis was performed

using the GLM (General Linear Model) method run in the SAS 9.4 program (SAS

233 Institute, Cary, NC, USA). Mean comparisons within traits grousps were conducted

using one-way ANOVA followed Duncan's Multiple Range Test (p<0.05).

235

236 Results & Discussion

237 Fatty acid composition

Table 2 presents the fatty acid composition of RSO. The identified fatty acids in 238 RSO are classified into groups such as saturated, monounsaturated, and 239 240 polyunsaturated fatty acids. Of the total fatty acid content, saturated fatty acids 241 account for 9.53%, monounsaturated fatty acids account for 67.10%, and polyunsaturated fatty acids account for 23.38%. It is evident that RSO has a higher 242 243 content of unsaturated fatty acids than saturated fatty acids. The major fatty acids present include oleic acid, linoleic acid, linolenic acid, and erucic acid. They 244 respectively constitute 46.13%, 13.16%, 10.22%, and 20.75% of the total fatty acids. 245 246 This fatty acid composition is similar to that of RSO as reported by Kazlauskiene (2021) and Uluata (2012). Linoleic acid and linolenic acid have been reported to 247 reduce the incidence of cancer and cardiovascular diseases (Parker et al., 2003). 248 However, RSO contains erucic acid, which is a naturally occurring toxic substance 249 250 that includes the accumulation of triacylglycerol in the heart as a result of insufficient 251 oxidation (Waheed, A et al., 2019). Large amounts of erucic acid are also present in radish seed oil, but research suggests that by carefully considering the variety of 252

radish seed oil and the beneficial components present, the intake of erucic acid can
be reduced when used for consumption (Wendlinger et al., 2014). It is therefore
recommended that the variety of radish seeds should be carefully considered to
minimize the intake of toxic substances.

257 Antioxidant test and oxidative stability test of radish seed oil

The PV and DPPH measurements of RSO are as listed in Table 3. Measuring hydroperoxides, which are the primary oxidation products of oil, is an important aspect of evaluating the oxidative status and quality of the oil. PV is commonly measured to assess the degree of lipid oxidation, with higher values indicating higher levels of oxidative rancidity in vegetable oils (Kyari, 2008). The PV of RSO was measured at 2.75±0.15 meq/kg, which is within the Codex standard value of 10 meq/kg.

265 The DPPH assay is used to measure the free radical scavenging ability of antioxidants, and it is useful for assessing the antioxidant activity of food (Marinova & 266 Batchvarov, 2011). DPPH is a stable free radical, and its proton is reduced by the 267 electron-donating ability of substances with antioxidant activity, thus allowing for 268 269 estimation of the sample's antioxidant capacity (Katsube et al., 2004). The DPPH 270 value of RSO was measured at 75.46±3.7%. Compared to grape seed oil and 271 sesame oil, both of which are known for their high antioxidant activity with radical scavenging abilities of 43.50% and 63.88%, respectively (Kim et al., 2019), the 272 273 DPPH value of RSO is relatively high. The relatively high antioxidant activity of RSO

274	is believed to be due to the high contents of vitamin E and unsaturated fatty acids
275	present in cold-pressed extracted seed oil.
276	Proximate compositions
277	Table 4 presents the results of measuring the proximate composition of pork patties
278	prepared with varying amounts of RSO. There was no significant difference in
279	moisture content between PC and RSO4 ( $p$ >0.05), while moisture content showed a
280	decreasing trend with increasing levels of tocopherol and RSO added. Regarding
281	protein content, PC and RSO24 showed similar values ( $p$ >0.05). Overall, the addition
282	of RSO resulted in an increase in fat content, which led to relative decreases in both
283	moisture and protein content. Ash content did not show significant differences
284	among all treatment groups ( <i>p</i> >0.05).
285	pH, WHC and CL
286	Table 5 presents the results of measuring the pH, water-holding capacity (WHC),
287	and cooking loss (CL) of pork patties manufactured with varying levels of radish seed
288	oil addition. There were no significant differences in pH between PC, NC, and RSO4
289	( $p$ >0.05). The pH of the RSO used in this experiment was 4.58, thus indicating slight
290	acidity. Therefore, as the level of added RSO increased, there was a tendency for
291	pH to decrease.
292	Regarding water-holding capacity (WHC), there were no significant differences
293	between PC, NC, RSO4 and RSO8 ( <i>p</i> >0.05); however, there was a decreasing trend
294	with increasing levels of added RSO ( $p$ >0.05). WHC shows a minimum value around
295	the isoelectric point of myosin and actomyosin, which is around pH 5.2-5.4. When pH

either increases above or decreases below this point, the meat's water-holding
capacity increases (Zayas & Zayas, 1997). It can therefore be inferred that the
decrease in pH influenced the decrease in WHC.

299 There were no significant differences in cooking loss between PC, NC, RSO4 and 300 RSO8 (p>0.05), but cooking loss was significantly lower in RSO16 and RSO24 301 (p<0.05). These results are consistent with the findings of Dzudie et al. (2004), who reported that vegetable fat has lower water-holding capacity and higher cooking loss 302 303 than animal fat. Similarly, Paneras et al. (1994) and Lopez et al., (2011) found that 304 cooking loss increases when vegetable fat is added during the production of meat products. The addition of plant fibers such as rice bran fiber, locust bean gum, and 305 306 xanthan gum has been reported to help preserve cooking loss when replacing pork fat with vegetable fat (Luruena-Martinex et al., 2004). Therefore, when 307 308 manufacturing pork patties, the addition of plant fiber can enhance cohesion with 309 vegetable oil, maintain WHC, and improve emulsion stability to compensate for 310 cooking losses.

311 **Color** 

Table 6 lists the results of measuring the color of uncooked pork patties manufactured with varying levels of radish seed oil addition. In terms of lightness (L\*), the treatment groups with added RSO showed significantly higher values compared to PC (p>0.05). For redness (a\*), there were no significant differences between NC, RSO4, RSO8, and RSO16, but PC showed significantly lower values (p<0.05). The lower values of lightness (L\*) and redness (a\*) in PC can be attributed

to the addition of dark-colored tocopherol. For yellowness (b\*), RSO4 showed significantly lower values (p<0.05) than other samples; on the other hand, there were no significant differences in yellowness between PC and the other treatment groups (p>0.05). Yellowness (b\*) tended to increase slightly with increasing levels of added RSO, as RSO contains carotenoids, which are natural pigments that contribute to the yellow color (Zhao et al., 2017). Therefore, RSO can be used as an additive to increase the yellowness (b\*) of meat products.

325 **TPA** 

Table 7 presents the results of measuring the TPA of pork patties manufactured 326 327 with varying levels of RSO added. In terms of hardness, there was no significant 328 difference between PC and RSO16 (*p*>0.05), but RSO24 showed a lower value than PC (p < 0.05). Regarding cohesiveness, no significant difference was observed 329 between PC and the treatment group (p>0.05). For springiness, there was no 330 significant difference between PC and RSO8 or RSO16 (p>0.05), but RSO24 331 332 showed a lower value than PC (p < 0.05). In terms of gumminess, there was no 333 significant difference between PC and RSO16 (p>0.05), but RSO24 showed a lower 334 value (p<0.05). There was no significant difference in chewiness between PC and 335 RSO16 (p>0.05). These findings are consistent with the results reported by Park et al. (2005) and Matulis et al. (1995), who observed a significant decrease in the 336 337 chewiness of beef patties with the addition of vegetable oil. These results are also consistent with the results reported by Monteiro et al. (2017), who found that the 338 texture characteristics of pork sausages with canola oil added were lower than those 339

340	of the control group. As a result, it can be concluded that adding plant-based oil to
341	pork patties without any pre-treatment leads to high cooking loss and negatively
342	affects the tissue characteristics. Overall, RSO16 appears to show the best texture
343	profile, as it does not exhibit any significant differences compared to PC.
344	Additionally, hydrophilic binders such as carrageenan have been reported to aid in
345	the emulsification of plant-based and meat products (Choi et al., 2019). Therefore,
346	we suggest using a hydrophilic binder when utilizing vegetable oil to improve the
347	texture of meat products.
348	TMC
349	The results of measuring the total microbial count (TMC) of pork patties
350	manufactured with varying levels of RSO added on each storage day are shown in
351	Fig 1. An increasing level of RSO on each storage day was shown to be associated
352	with a tendency of decreasing TMC. Among the 7-day samples, NC exhibited the
353	highest value, while the RSO24 showed the lowest values ( $p$ <0.05). Radish seeds
354	contain health-promoting compounds such as sulforaphene and glucosinolates,
355	which are found in cruciferous vegetables (Gutiérrez and Perez, 2004). Sulforaphene
356	is a bioactive compound with anticancer effects that induces cell apoptosis and
357	which has a similar chemical structure to sulforaphane isolated from broccoli seeds
358	(Lim et al., 2020). Glucosinolates are organic compounds that are known for their
359	powerful antimicrobial and anticancer properties. According to Mendiratta et al.
360	(2013), adding radish to lamb nuggets resulted in lower microbial counts compared
361	to the control group. This finding is consistent with a report by Lay et al. (2005) that

362	suggests that domestic radish seeds possess strong antimicrobial properties. RSO
363	has been shown to be effective as a natural antimicrobial agent in food products.
364	VBN
365	The results of measuring the volatile basic nitrogen (VBN) of pork patties
366	manufactured with varying levels of RSO added on each storage day are shown in
367	Fig 2. On day 1 of storage, PC exhibited the lowest value ( $p < 0.05$ ), and there was no
368	significant difference observed among the NC and treatment groups ( $p$ >0.05).
369	However, at day 3 and day 7, RSO16 and RSO24 showed significantly lower values
370	than NC (p<0.05). There was also a tendency for a slight decrease in VBN values as
371	the level of RSO increased. VBN content increases during storage due to the
372	breakdown of proteins into amino acids through bacterial action, thus indicating that
373	there is a close relationship between VBN content and bacterial proliferation (Kruk et
374	al., 2011). Therefore, the inhibition of protein spoilage by RSO is attributed to the
375	tocopherol compounds present in RSO, which inhibit bacterial growth. However,
376	domestic food hygiene regulations mandate that the VBN content be kept below 20
377	mg% for raw and packaged meat (KFDA, 2009). It is therefore inferred that the shelf
378	life of pork patties with RSO addition is within 7 days.
379	TBARS and PV
380	The results of measuring the thiobarbituric acid reactive substances TBARS and PV
381	of pork patties manufactured with varying levels of RSO added on each storage day
382	are shown in Fig. 3 and Fig. 4. In the case of TBARS, at day 1 and day 3, RSO24
383	showed values that were significantly lower than those in any of the other treatment

384 groups, while at day 7, PC, RSO16, and RSO24 exhibited the lowest values
385 (*p*<0.05).</li>

For PV, there was no significant difference observed between PC and RSO24 on 386 387 days 1 and 7 (*p*>0.05). Both TBARS and PV showed a tendency of decreasing with 388 an increasing level of RSO. This is consistent with the study by Kazlauskiene (2021), 389 which reported that RSO has strong antioxidant activity. Plant-based oils contain large amounts of phenolic compounds. RSO contains approximately 599.15 mg/kg of 390 391 tocopherol (Uluata & Ozdemir, 2012). Tocopherol, also known as vitamin E, is a natural antioxidant that has phenolic hydroxyl groups that are capable of scavenging 392 free radicals. It has the ability to bind to proteins and macromolecules and exhibits 393 394 antioxidant activity (Manessis, 2020). The U.S. Food and Drug Administration (FDA) has included tocopherol in its list of Generally Recognized as Safe (GRAS) 395 396 substances after evaluating its safety. Therefore, adding RSO to meat products is expected to inhibit fat oxidation and effectively act as an antioxidant. 397

#### 398 Sensory evaluation

Table 8 presents the results of the sensory evaluation of pork patties prepared with different levels of RSO. In terms of color, PC showed significantly lower values (p < 0.05). This is consistent with the lower lightness (L\*) observed in PC, which can be attributed to the addition of dark-colored tocopherol. For flavor, the treatment groups with RSO added showed significantly higher values compared to the control group (p > 0.05). In terms of smell, RSO4 and RSO8 showed significantly higher values compared to the control group (p > 0.05). These results are consistent with the

406 findings of Muguerza et al. (2002), who observed higher ratings for flavor and smell 407 in low-fat sausages that had been supplemented with olive oil. In juiciness, treatment groups with RSO added were significantly lower than PC (p<0.05). There was also a 408 409 tendency of decreasing juiciness as the amount of RSO added increased. This can be attributed to the decreasing moisture content and increasing cooking loss with 410 411 increasing levels of added RSO. Texture showed no significant difference among all treatment groups (p>0.05). In terms of overall preference, the treatment groups 412 413 showed significantly higher values compared to the control group (p < 0.05), and RSO16 with 1.6% RSO showed the highest preference. Overall, the addition of RSO 414 was found to enhance the taste and aroma of the patties, thus having a positive 415 416 impact on overall preference.

417 Conclusion

In this study, we confirmed the antioxidant activity of radish seed oil (RSO) and 418 419 analyzed its effects on the quality and storage characteristics of pork patties. The fatty acid composition of RSO showed a high content of unsaturated fatty acids, with 420 421 9.53% saturated fatty acids, 67.10% monounsaturated fatty acids, and 23.38% polyunsaturated fatty acids. The peroxide value of RSO was 2.75 meq/kg, which did 422 423 not exceed the Codex standard value, and its DPPH radical scavenging activity was 424 75.46%, thus indicating antioxidant activity. The addition of RSO to pork patties resulted in decreases in both moisture and protein content, while the fat content 425 426 increased. As the amount of RSO added increased, the WHC tended to decrease, while CL showed an increasing trend. In terms of TPA, hardness, springiness, 427

428	gumminess, and chewiness, the patties with RSO24 showed lower values compared
429	to the positive control. With increasing RSO addition, TMC, VBN, TBARS, and PV
430	values decreased, while RSO24 exhibited the most positive storage characteristics.
431	The sensory evaluation results indicated that RSO16 showed the highest overall
432	preference. In conclusion, adding a large amount of RSO may negatively affect the
433	quality characteristics of patties, but it appears to have a positive impact on their
434	storage properties. Ultimately, a 1.6% addition of RSO does not compromise the
435	quality characteristics of the patties while improving their storage properties.
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## 545 Tables and Figures

				Radish	seed oil (	%)	
Ingredients (%)		0	0	0.4	0.8	1.6	2.4
		(PC)	(NC)	(RSO4)	(RSO8)	(RSO16)	(RSO24)
Main	Meat	90	90	90	90	90	90
wam	lce	10	10	10	10	10	10
	Salt	1.5	1.5	1.5	1.5	1.5	1.5
Additives	Tocopherol	0.1	-	-	-	-	-
, toolive3	Sodium nitrite	0.01	-				-

# **Table 1. Formulation of pork patties with various ratio of radish seed oil**

547	PC (positive control), pork patty with tocopherol and sodium nitrite; NC (negative control), pork patty without RSO; RSO4, pork
548	patty with 0.4% RSO; RSO8, pork patty with 0.8% RSO; RSO16, pork patty with 1.6% RSO; RSO24, pork patty with 2.4%
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JO/ TADIE Z. FAILY ACIUS COMPOSITION OF FAUSIN SEEU (	567	Table 2.	Fatty acids	composition	of radish	seed of
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Fatty acids	Radish seed oil (%)
C14:0 (Myristic acid)	0.09±0.00
C16:0 (Palmitic acid)	5.39±0.01
C16:1 (Palmitoleic acid)	0.22±0.00
C18:0 (Stearic acid)	2.04±0.00
C18:1 (Oleic acid, ω-9)	46.13±0.02
C18:2 (Linoleic acid, ω-6)	13.16±0.00
C18:3 (Linolenic acid, ω-3)	10.22±0.00
C20:0 (Arachidic acid)	1.13±0.00
C22:0 (Behenic acid)	0.89±0.00
C22:1 (Erucic acid, ω-9)	20.75±0.01
ΣSaturated	9.53±0.01
ΣMonounsaturated	67.10±0.01
ΣPolyunsaturated	23.38±0.00

/0	Table 5. Antioxidant test and oxidative stability test of fadish seed of							
	Traits	PV (meq/kg)	DPPH (%)					

2.75±0.15

75.46±3.7

570	Table 2 Antiovident test and evidetive stability	v toot of radiab agad ai
370	Table 5. Antioxidant lest and oxidative stability	y lest of faulsh seeu of

Radish seed oil

#### 572 Table 4. Proximate compositions of pork patties formulated with various amounts of radish seed oil

Traits (%)	Treatments							
	PC	NC	RSO4	RSO8	RSO16	RSO24		
Moisture	72.95±0.01 <sup>b</sup>	75.10±0.59ª	72.74±0.36 <sup>b</sup>	71.95±0.48°	71.61±0.58 <sup>cd</sup>	70.95±0.17 <sup>d</sup>		
Protein	15.69±0.92 <sup>b</sup>	17.20±1.07ª	18.55±0.54ª	18.47±0.59ª	17.65±0.61ª	15.70±0.62 <sup>b</sup>		
Fat	10.43±0.94 <sup>b</sup>	7.43±1.07 <sup>d</sup>	7.97±0.53d	8.60±0.54 <sup>cd</sup>	9.67±0.64 <sup>bc</sup>	12.50±0.65ª		
Ash	0.94±0.05	0.95±0.00	0.95±0.03	0.94±0.06	0.94±0.04	0.96±0.04		

573 PC (positive control), pork patty with 0.1% tocopherol and 0.01% sodium nitrite; NC (negative control), pork patty without RSO; RSO4, pork patty with 0.4% RSO; RSO8, pork patty with 0.8%

574 RSO; RSO16, pork patty with 1.6% RSO; RSO24, pork patty with 2.4% RSO.

575 a-d Least square means with different letters within the same row are significantly different (p<0.05).

576 Table 5. pH, water holding capacity (WHC) and cooking loss (CL) of pork patties formulated with various levels of radish seed oil

Troito	raita	Treatments								
		PC	NC	RSO4	RSO8	RSO16	RSO24			
p	Н	6.15±0.02 <sup>a</sup>	6.14±0.02 <sup>ab</sup>	6.12±0.02 <sup>ab</sup>	6.11±0.02 <sup>b</sup>	6.11±0.01 <sup>b</sup>	6.06±0.03 <sup>c</sup>			
W	/HC (%)	64.76±0.68ª	63.66±1.32 <sup>ab</sup>	63.10±0.88 <sup>ab</sup>	63.02±0.44 <sup>ab</sup>	62.88±0.54 <sup>b</sup>	62.25±1.39 <sup>b</sup>			
С	L (%)	19.84±1.02℃	21.93±0.93 <sup>cb</sup>	19.93±1.58°	20.01±1.47°	23.32±1.49 <sup>ab</sup>	25.06±1.56ª			

577 PC (positive control), pork patty with 0.1% tocopherol and 0.01% sodium nitrite; NC (negative control), pork patty without RSO; RSO4, pork patty with 0.4% RSO; RSO8, pork patty with 0.8%

578 RSO; RSO16, pork patty with 1.6% RSO; RSO24, pork patty with 2.4% RSO.

579 a-c Least square means with different letters within the same row are significantly different (p<0.05).

#### 581 Table 6. Color of pork patties formulated with various levels of radish seed oil

Traits -	Treatments								
	PC	NC	RSO4	RSO8	RSO16	RSO24			
CIE L*	48.08±1.00°	55.20±0.97 <sup>b</sup>	57.41±0.68ª	56.12±0.45 <sup>b</sup>	57.90±0.39ª	57.56±0.41ª			
CIE a*	4.57±0.31°	8.34±0.59ª	8.10±0.54 <sup>ab</sup>	7.57±0.19 <sup>ab</sup>	7.52±0.39 <sup>ab</sup>	7.46±0.44 <sup>b</sup>			
CIE b*	13.43±0.29 <sup>ab</sup>	15.73±0.72ª	14.15±0.64°	14.86±0.06 <sup>b</sup>	15.03±0.18 <sup>ab</sup>	15.27±0.23ab			

582 PC (positive control), pork patty with 0.1% tocopherol and 0.01% sodium nitrite; NC (negative control), pork patty without RSO; RSO4, pork patty with 0.4% RSO; RSO8, pork patty with 0.8%

583 RSO; RSO16, pork patty with 1.6% RSO; RSO24, pork patty with 2.4% RSO.

584 arc Least square means with different letters within the same row are significantly different (p<0.05).

#### 586 Table 7. TPA of pork patties formulated with various levels of radish seed oil

Troito	Treatments							
	PC	NC	RSO4	RSO8	RSO16	RSO24		
Hardness (kg)	2.06±0.02 <sup>b</sup>	2.51±0.03ª	2.44±0.03ª	2.39±0.04 ª	2.06±0.09 <sup>b</sup>	1.78±0.08 <sup>c</sup>		
Cohesiveness (%)	0.87±0.01 <sup>b</sup>	0.91±0.03ª	0.87±0.01 <sup>b</sup>	0.87±0.02 <sup>ab</sup>	0.87±0.01 <sup>ab</sup>	0.86±0.02 <sup>b</sup>		
Springiness (%)	0.63±0.01 <sup>b</sup>	0.61±0.01 <sup>bc</sup>	0.71±0.03ª	0.63±0.02 <sup>b</sup>	0.62±0.0 <sup>bc</sup>	0.58±0.01°		
Gumminess (kg)	1.78±0.04°	2.28±0.05ª	2.12±0.04 <sup>b</sup>	2.08±0.02 <sup>b</sup>	1.80±0.07°	1.54±0.07 <sup>d</sup>		
Chewiness (kg)	1.13±0.04℃	1.39±0.05 <sup>b</sup>	1.50±0.08ª	1.32±0.03 <sup>b</sup>	1.11±0.04⁰	0.90±0.03 <sup>d</sup>		

587 PC (positive control), pork patty with 0.1% tocopherol and 0.01% sodium nitrite; NC (negative control), pork patty without RSO; RSO4, pork patty with 0.4% RSO; RSO8, pork patty with 0.8%

588 RSO; RSO16, pork patty with 1.6% RSO; RSO24, pork patty with 2.4% RSO.

589 and Least square means with different letters within the same row are significantly different (p<0.05).

### 591 Table 8. Sensory evaluation of pork patties formulated with various levels of radish seed oil

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Troito	Treatments							
Traits	PC	NC	RSO4	RSO8	RSO16	RSO24		
Color	$3.60 \pm 0.55^{b}$	5.20±1.10ª	5.60±1.14ª	5.80±0.84ª	5.60±1.10ª	5.20±1.10ª		
Flavor	3.00±1.00°	4.20±0.84 <sup>bc</sup>	6.40±1.95ª	6.60±1.52ª	6.60±1.52ª	6.00±1.22 <sup>b</sup>		
Smell	2.60±0.89°	2.80±1.64 <sup>c</sup>	5.20±1.30ªb	5.60±1.82ª	3.40±1.14 <sup>bc</sup>	3.40±1.14 <sup>bc</sup>		
Juiciness	6.90±1.00 <sup>a</sup>	6.40±0.55 <sup>ab</sup>	5.60±0.55 <sup>b</sup>	4.20±0.89°	4.20±0.50 <sup>c</sup>	3.70±0.55 <sup>c</sup>		
Texture	5.60±1.34	5.00±1.00	5.20±0.84	5.00±0.71	4.80±0.84	4.80±0.71		
Overall preference	4.60±0.89 <sup>b</sup>	4.60±0.55 <sup>b</sup>	6.60±1.34ª	6.60±1.14ª	6.80±0.84ª	6.00±0.71ª		

592 PC (positive control), pork patty with 0.1% tocopherol and 0.01% sodium nitrite; NC (negative control), pork patty without RSO; RSO4, pork patty with 0.4% RSO; RSO8, pork patty with 0.8%

593 RSO; RSO16, pork patty with 1.6% RSO; RSO24, pork patty with 2.4% RSO.

594 a-c Least square means with different letters within the same row are significantly different ( $\rho$ <0.05).



#### Fig1. Total microbial count (TMC, Log CFU/g) of pork patties formulated with various

#### levels of radish seed oil

PC (positive control), pork patty with 0.1% tocopherol and 0.01% sodium nitrite; NC (negative control), pork patty without RSO; RSO4, pork patty with 0.4% RSO; RSO8, pork patty with 0.8% RSO; RSO16, pork patty with 1.6% RSO; RSO24, pork patty with 2.4% RSO.

a-d Least square means with different letters within the same day are significantly different (p<0.05).



## Fig 2. Volatile basic nitrogen (VBN, mg%) of pork patties formulated with various levels

#### of radish seed oil

PC (positive control), pork patty with 0.1% tocopherol and 0.01% sodium nitrite; NC (negative control), pork patty without RSO; RSO4, pork patty with 0.4% RSO; RSO8, pork patty with 0.8% RSO; RSO16, pork patty with 1.6% RSO; RSO24, pork patty with 2.4% RSO.

a-c Least square means with different letters within the same day are significantly different (p<0.05).



## Fig 3. Thiobarbituric Acid Reactive Substances (TBARS, mg MDA/kg) of pork patties

#### formulated with various levels of radish seed oil

PC (positive control), pork patty with 0.1% tocopherol and 0.01% sodium nitrite; NC (negative control), pork patty without RSO; RSO4, pork patty with 0.4% RSO; RSO8, pork patty with 0.8% RSO; RSO16, pork patty with 1.6% RSO; RSO24, pork patty with 2.4% RSO.

<sup>a-e</sup> Least square means with different letters within the same day are significantly different (p<0.05).



### Fig 4. Peroxide value (PV, meq/kg) of pork patties formulated with various levels of

#### radish seed oil

PC (positive control), pork patty with 0.1% tocopherol and 0.01% sodium nitrite; NC (negative control), pork patty without RSO; RSO4, pork patty with 0.4% RSO; RSO8, pork patty with 0.8% RSO; RSO16, pork patty with 1.6% RSO; RSO24, pork patty with 2.4% RSO.

a-d Least square means with different letters within the same day are significantly different (p<0.05).