

1 **The Effect of a Chitosan/TiO<sub>2</sub>-Nanoparticle/Rosmarinic Acid-Based Nanocomposite**  
2 **Coating on the Preservation of Refrigerated Rainbow Trout Fillets (*Oncorhynchus***  
3 ***mykiss*)**


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11 A brief running title:

12 **Efficacy of a chitosan nanocomposite coating on trout fillets**

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## 26 **ABSTRACT**

27 The aim of this study was to determine the effect of chitosan-based nanocomposite coating  
28 applications (chitosan + TiO<sub>2</sub> (CHT) and chitosan + TiO<sub>2</sub> + rosmarinic acid (CHTRA)) on  
29 changes in quality attributes of Rainbow trout fillets during cold storage (4°C). Fish fillets were  
30 randomly divided into four groups and subjected to treatments (chitosan (CH), CHT, CHTRA,  
31 and control). After treatments, the groups were packaged under modified (40% CO<sub>2</sub> + 30% O<sub>2</sub>  
32 + 30% N<sub>2</sub>) atmosphere and stored at 4°C for 18 days. During cold storage, the samples were  
33 subjected to physico-chemical and microbiological analyses. During storage, CH, CHT, and  
34 CHTRA treatments showed lower aerobic mesophilic and psychrotrophic bacteria counts than  
35 the control. However, the differences between coating treatments were no significant. The  
36 highest mean pH value was determined in the control group. As the storage time increased, the  
37 TBARS value increased. At the end of the storage period, no significant differences were  
38 observed between the treatments, including in the control group. The TVB-N level in the control  
39 group was above 25 mg/100 g on day 15 of storage. However, the TVB-N level in the treatment  
40 groups was below 20 mg/100 g on day 18. It was also determined that coating application ×  
41 storage period interaction had a significant effect on all color parameters (P<0.01). At the end  
42 of storage, the highest L\* value was observed in CHTRA treatment. However, the value of this  
43 treatment did not differ from that of the CH treatment.

44 **Keywords:** Chitosan, nanocomposite coating, rosmarinic acid, TiO<sub>2</sub>, trout fillet

## 45 **INTRODUCTION**

46 The use of biomaterials in food packaging has recently attracted attention because of health and  
47 environmental concerns. The rising cost of petroleum products and the increasing  
48 environmental damage caused by their use as packaging materials has led to a growing interest

49 in alternative materials that can be used instead of petroleum-derived materials (Salimiraad et  
50 al., 2022). Biopolymers are one of the popular alternative materials (Rahman et al., 2021).  
51 These biodegradable packaging materials can include proteins, lipids, polysaccharides and their  
52 combinations (Zabihollahi et al., 2020). Chitosan is a commonly used carbohydrate-derived  
53 biodegradable polymer (Wang et al., 2021). Chitosan, obtained from deacetylated chitin, is a  
54 polysaccharide composed of glucosamine and N-acetylglucosamine copolymer (Jiang et al.,  
55 2022). The fact that chitosan is non-toxic, biodegradable, biocompatible (Ambaye et al., 2022;  
56 Bento et al., 2020), low-cost, sustainable, and renewable makes it increasingly researched  
57 (Silva et al., 2021). Also, chitosan shows broad-spectrum antimicrobial activity (bacteria, yeast,  
58 and molds) (Yu et al., 2021). Moreover, chitosan is commonly used in food preservation and  
59 package owing to its good film-forming properties. An important way to develop many features  
60 (mechanical, barrier, antimicrobial, and antioxidant, etc.) of chitosan-based films and coatings  
61 is to combine chitosan with different organic or inorganic materials (Qu and Luo, 2021).

62 Despite the development of new food processing techniques that improve food quality,  
63 microbial contamination remains a major safety concern for all foods (Nwabor et al., 2020).  
64 With modern food processing techniques, a targeted reduction in germs can be achieved during  
65 production. However, post-production contamination is still the main factor in microbial food  
66 deterioration. Therefore, edible antimicrobial packaging (films or coatings) is of great  
67 importance for preventing microbial spoilage (Kumar et al., 2020).

68 Edible packaging is a biopolymer that can be produced and developed from renewable materials  
69 (such as polysaccharides and proteins) (Hoque et al., 2021). However, biopolymeric films show  
70 poor mechanical and barrier properties. Nanocomposites are a new material class and possess  
71 at least one nanoscale size. They have become important in the development of the physico-  
72 mechanical and thermal features of these films (Hosseini et al., 2022; Padua, 2022). Titanium

73 dioxide (TiO<sub>2</sub>) nanoparticles are interesting substances utilized in the production of  
74 nanocomposite films and coatings (He et al., 2016). TiO<sub>2</sub> is a semiconductor metal oxide that  
75 is considered a promising material because of its chemical stability, low toxicity, and low cost  
76 (Jovanović et al., 2015; Lin et al., 2015). The addition of phenolic substances to these  
77 environmentally friendly materials can provide new properties for packaging materials  
78 (Heydari-Majd et al., 2019; Padua, 2022).

79 One of the most efficient, naturally water-soluble phenolic co-pigments, rosmarinic acid (Zhao  
80 et al., 2021), is an ester of caffeic acid and 3,4-dihydroxy phenyl lactic acid (Petersen and  
81 Simmonds, 2003) and lipids. It is of interest to the food industry as a natural antioxidant and  
82 antibacterial agent (Marchev et al., 2021). It has been reported that rosmarinic acid can be used  
83 mainly in the manufacture of nanocomposite packaging (Sani et al., 2017).

84 Rainbow trout (*Oncorhynchus mykiss*) plays an important role in human nutrition because of  
85 its high protein and omega-3 fatty acid contents. Therefore, it is highly valued in the market  
86 and often sold as fresh fillets (Hosseini et al., 2022). However, rainbow trout and other seafood  
87 products are also susceptible to microbiological and chemical deterioration due to their high  
88 water activity and pH values, free amino acids, and polyunsaturated fatty acids (Volpe et al.,  
89 2015).

90 The aim of this study was to determine the effects of adding nanoparticles and phenolic  
91 substances to edible coatings on the quality of cold-stored rainbow trout under a modified  
92 atmosphere. For this purpose, Rainbow trout fillets were applied five treatments (control,  
93 chitosan (CH), chitosan + TiO<sub>2</sub> (CHT), and chitosan + TiO<sub>2</sub> + rosmarinic acid (CHTRA)). After  
94 these treatments, rainbow trout fillets were packaged under a modified (40% CO<sub>2</sub> + 30% O<sub>2</sub> +  
95 30% N<sub>2</sub>) atmosphere. During cold storage (4°C) for 18 days, the samples were subjected to  
96 physico-chemical (pH, thiobarbituric acid reactive substances (TBARS), total volatile basic

97 nitrogen (TVB-N), instrumental color parameters ( $L^*$ ,  $a^*$ , and  $b^*$ ), and microbiological  
98 analyses (total aerobic mesophilic bacteria and psychrotrophic bacteria).

## 99 **MATERIALS and METHOD**

### 100 **Materials**

101 Chitosan with a deacetylation degree of 75-85% and medium molecular weight (Sigma Aldrich),  
102 glycerol (85%, Merck), acetic acid (100%, Merck), and rosmarinic acid (HPLC-grade, purity  $\geq$   
103 98%) (Sigma Aldrich) were utilized for the preparation of edible coatings. Titanium dioxide  
104 nanoparticles ( $TiO_2$ ) with a 30-50 nm particle size and high purity (99%) were acquired from a  
105 nanotechnological products company (Nanografi, Ankara, Turkey). The packaging material  
106 employed was Polyamide/Polyethylene (PA/PE) bags (15x25 cm, 3- seal bags GB 70) obtained  
107 from Südpack Verpackungen GmbH+Co (Germany) company, with an oxygen permeability of  
108  $40 \text{ cm}^3/\text{m}^2/\text{day.atm.}$  at  $23^\circ\text{C}$ , nitrogen permeability of  $24 \text{ cm}^3/\text{m}^2/\text{day.atm.}$  at  $23^\circ\text{C}$ , carbon  
109 dioxide permeability of  $145 \text{ cm}^3/\text{m}^2/\text{day.atm.}$  at  $23^\circ\text{C}$ , and water vapor permeability of  $<3$   
110  $\text{g}/\text{m}^2/\text{day.atm.}$  at  $23^\circ\text{C}$ .

111 Preparation of chitosan coating and nanocomposite coatings To apply the composite and  
112 nanocomposite coating materials, 168 skinned fillets were obtained from 84 rainbow trout  
113 (*Oncorhynchus mykiss*), weighing an average of 350-400 g, sourced from the Atatürk  
114 University Faculty of Fisheries Application Center (Erzurum, Türkiye).

### 115 Preparation of chitosan coating and nanocomposite coatings

116 In this study, three different coating materials were prepared: chitosan (2% chitosan suspension)  
117 (CH), chitosan (2% chitosan suspension) with  $TiO_2$  nanoparticles (1.5%) (CHT), and chitosan  
118 (2% chitosan suspension) with  $TiO_2$  nanoparticles (1.5%) and 5 ppm rosmarinic acid (CHTRA).

119 The chitosan solution was prepared using a modified solvent-casting method described by  
120 Nowzari et al. (2013) and Kanmani and Rhim (2014). A 2% chitosan solution was prepared by  
121 dissolving chitosan in 1% (v/v) acetic acid. To ensure complete dissolution, the solution was  
122 stirred for 24 h at 50°C using a magnetic stirrer (DAIHAN, MSH-20, Korea). After 24 h of  
123 mixing, 1% (v/v) glycerol was added as a plasticizer and the solution was stirred for an  
124 additional 6 h. TiO<sub>2</sub> nanoparticles (10 mg/L) and/or rosmarinic acid (0.005 mg/ml) previously  
125 prepared using ultrasound (BANDELIN electronic GmbH & Co. KG, Berlin, Germany) were  
126 slowly added to the coating solutions. The mixture was stirred at 24000 rpm with an ultrathorax)  
127 during the addition process, followed by an additional 20 min of stirring. The nanocomposite  
128 coating solutions, containing titanium dioxide and rosmarinic acid underwent 20 min of  
129 ultrasound treatment and 10 min of UV irradiation (Lin et al., 2015).

#### 130 Application of Coating Solutions to Fillets

131 The coating process for trout fillets was conducted using the immersion method. Trout fillets  
132 were immersed in the prepared coating solutions for 1 min to facilitate the coating process.  
133 Subsequently, the coated trout fillets were dried at 4°C for 12 h. The dried samples were then  
134 packaged using a packaging machine (Multivac A 300/16, Wolfertschwenden, Germany) under  
135 modified atmospheric conditions (40% CO<sub>2</sub> + 30% O<sub>2</sub> + 30% N<sub>2</sub>). The packaged samples were  
136 stored at 4 ± 1°C for 18 days. Trout fillets without any coating process but with direct modified  
137 atmosphere packaging (MAP) were designated as the control group.

#### 138 Microbiological Analysis

139 For microbiological analysis, 25 g of sample was homogenized with 225 ml of sterile  
140 physiological saline solution (0.85% NaCl) in a stomacher (Lab Stomacher Blander 400-BA  
141 7021, Sewardmedical, England) for 1 min. Serial dilutions were prepared from this homogenate  
142 and microbiological analyzes were carried out on days 0, 3, 6, 9, 12, 15 and 18 of the storage

143 period. For enumeration of aerobic for total aerobic mesophilic bacteria, Plate Count Agar  
144 (PCA, Merck) was used. The plates were incubated at 30°C for 48 h (Baumgart et al., 1993);  
145 For psychrotrophic bacteria, PCA (Plate Count Agar, Merck) was used and the plates were  
146 incubated at 10°C for 7 days (Anonymous, 1992); Enterobacteriaceae were determined on  
147 Violet Red Bile Dextrose (VRBD, Merck), the plates were incubated at 30°C for 2 days under  
148 anaerobic condition using (Anaerocult, Merck); colonies larger than 1 mm were counted  
149 (Baumgart et al., 1993). All microbiological analyses were carried out using the surface spread  
150 plate method. The results were expressed as log CFU/g.

#### 151 Physical and Chemical Analyses

152 To determine the pH value, 10 g sample was homogenized in 100 ml of distilled water. The  
153 mixture was homogenized using an Ultra-Turrax (IKA T25, Staufen, Germany) for 1 min. The  
154 pH values were calibrated using appropriate buffer solutions (pH 4.00 and pH 7.00) and  
155 measured using a pH meter (Schott, Lab Star pH, Mainz, Germany).

156 The color intensities of the cross-sectional surface of the samples were determined using a  
157 colorimeter device (CR-400 Konika Minolta, Osaka, Japan). The L\*, a\*, and b\* values were  
158 determined based on criteria established by the International Commission on Illumination for  
159 three-dimensional color measurement (Commission Internationale de l'Éclairage).

160 The thiobarbituric acid reactive substances (TBARS) analysis was conducted according to the  
161 method described by Lemon (1975), and the TBARS values were expressed as  $\mu\text{mol}$   
162 malondialdehyde (MDA)/kg. A steam distillation method was used to determine the total  
163 volatile basic nitrogen (TVB-N) level of the samples. The results obtained were given in mg  
164 TVB-N/100 g (European Commission, 2005).

## 165 Statistical Analysis

166 In the study, coating application (control: uncoated (C), chitosan (CH), chitosan + TiO<sub>2</sub> (CHT),  
167 and chitosan + TiO<sub>2</sub> + rosmarinic acid (CHTRA)) and storage time (at 4 ± 0.5°C, 0, 3, 6, 9, 12,  
168 15, and 18 days) were considered as the factors. The experiments were set up in two replications  
169 using a random complete blocks trial plan in a 4x7 factorial order. The data obtained were  
170 subjected to analysis of variance, and significant mean values of the main sources of variation  
171 were compared using the Duncan multiple comparison test. The SPSS analyses were performed  
172 using the SPSS 22 software package (SPSS 22.0, 2013).

## 173 Results and Discussion

174 Microbiological properties, pH and TBARS values, and TVB-N levels

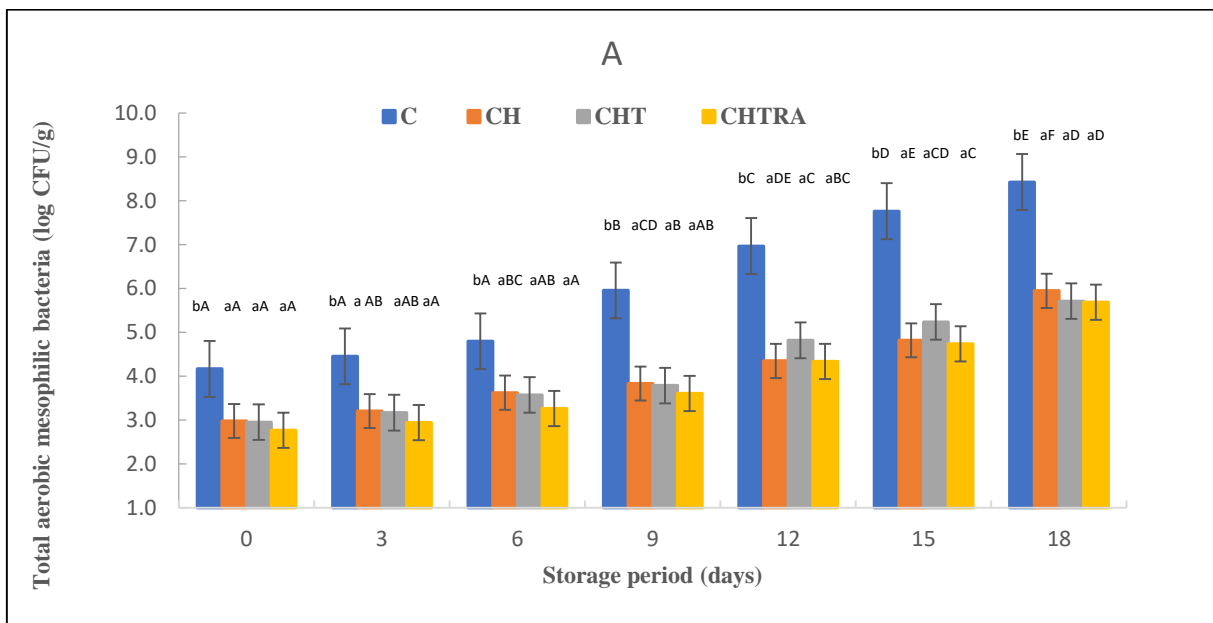
175 The overall effects of coating application and storage period on the microbiological and  
176 physico-chemical properties of rainbow trout fillets were given in Table 1 (mean ± SD). The  
177 coating application had a very significant effect total aerobic mesophilic bacteria (TMAB)  
178 and total psychrotrophic bacteria (P<0.01). The control group showed the highest mean TMAB  
179 count. Similar results were observed for psychrotrophic bacteria. The mean lowest TMAB  
180 count was determined in CHTRA treatment. However, no significant difference was observed  
181 between CHTRA and CHT treatments with regard to psychrotrophic bacteria (P>0.05). On the  
182 other hand, it was determined that the coating application × storage period interaction had a  
183 very significant effect on both bacterial groups (P<0.01) (Table 1). As shown in Figure 1, the  
184 TMAB in the control group increased more rapidly after the 6th day compared to coating  
185 treatments. While the mean TMAB count of the control group was 10<sup>8</sup> CFU/g at the end of  
186 storage, the number did not exceed 10<sup>6</sup> CFU/g in the coated treatments. Moreover, the  
187 differences between coated treatments were not significant (Figure 1). Psychrotrophic bacteria  
188 are the main group of microorganisms responsible for the spoilage of fresh fish stored at low



189 temperatures (4°C). Therefore, the count of these bacteria is a reliable indicator of the quality  
190 of cold-stored fish meat (Shokri et al., 2020). The interaction of coating application and storage  
191 period also had a very significant effect on the number of psychrotrophic bacteria ( $P < 0.01$ )  
192 (Table 1). The number of psychrotrophic bacteria showed a similar trend to the number of  
193 TMAB (Figure 2). All results indicated that coating treatments led to a significant reduction in  
194 bacterial counts.  $\text{TiO}_2$  or rosmarinic acid had no additional effect on the reduction of the  
195 psychrotrophic bacteria. As shown in Figure 2, the coating treatment resulted in lower  
196 psychrotrophic bacterial counts than the control on all days of analysis. The differences between  
197 the coating treatments were not significant (Figure 1). Ojagh et al., (2010) reported comparable  
198 increases in total aerobic mesophilic bacteria count in rainbow trout coated with chitosan  
199 enriched with cinnamon oil during cold storage, suggesting a prolonged storage period.  
200 Likewise, Echeverría et al. (2018) found a decrease of 2 logarithmic units in the TMAB counts  
201 on 15 day of the storage in nanocomposite-coated samples of tuna fish compared to the control  
202 group. On the other hand, in a study examining the effect of quince seed gum containing thyme  
203 or thyme essential oil on the shelf-life of rainbow trout fillets, it was reported that the number  
204 of psychrotrophic bacteria count in control group reached  $10^8$  CFU/g on day 18. In comparison,  
205 it remained at levels of  $10^5$ - $10^6$  CFU/g in fillet samples with quince seed mucilage films  
206 containing thyme essential oil (Jouki et al., 2014). In a study investigating the effect of an edible  
207 active coating based on chitosan-sage essential oil nanoemulsion on the shelf life of rainbow  
208 trout fillets, psychrotrophic bacterial counts in the control group samples exceeded  $10^8$  CFU/g  
209 on day 16 of storage, while the coating treatment resulted in a count of  $10^4$ - $10^5$  CFU/g (Shokri  
210 et al., 2020).

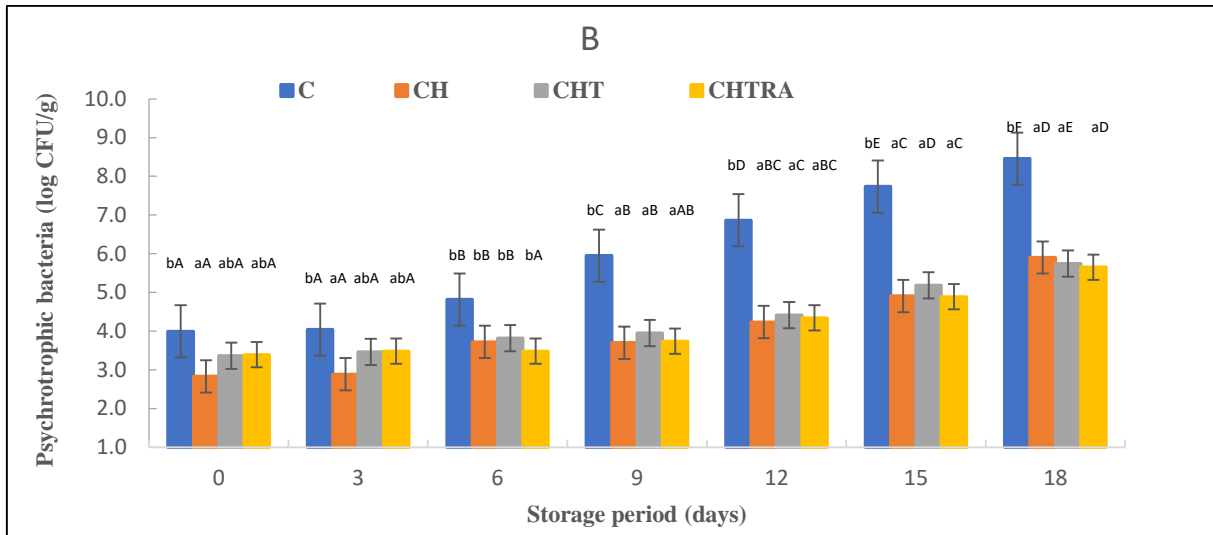
211 The antimicrobial properties of the chitosan coatings have already been reported in previous  
212 studies (Priyadarshi and Rhim, 2020). López-Caballero et al. (2005) found that a coating

213 consisting of chitosan dissolved in acetic acid and gelatin exhibited an inhibitory effect on the  
 214 Gram-negative flora of fish cakes. In our study, at the end of storage, the counts of  
 215 Enterobacteriaceae were below the detectable level ( $<10^2$  CFU/g) (data not shown).  
 216 Comparable results were also observed in another study on fish fillets (Volpe et al., 2015).  
 217 Furthermore, Hisar et al. (2004) reported that modified atmosphere packaging (MAP)  
 218 significantly decreased the count of Enterobacteriaceae in fillets.



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222 Figure 1. Effect of interaction of coating application × storage period on total aerobic  
 223 mesophilic bacteria (A) and psychrotrophic bacteria (B) of Rainbow trout fillets during cold  
 224 storage.

225 a-b: different small letters indicate significant differences between coating application for  
 226 storage period.

227 A-F: different capital letters significant differences between storage period for coating  
 228 application.

229 The overall effects of coating application and storage period on pH value of rainbow trout fillets  
 230 were given in Table 1 (mean ± SD). The lowest mean pH value was observed in the control  
 231 group. Changes in the average pH values were also observed during storage. As shown in Figure

232 2, on days 15th and 18th day of storage, higher pH values were observed in the control group

233 than in the treatment groups. According to these results, the pH value in the coating groups

234 was 6.50 or below at the end of storage, whereas the pH value of the control group was above

235 6.50. In other words, the pH change in the coating applications was limited. Berizi et al. (2018)

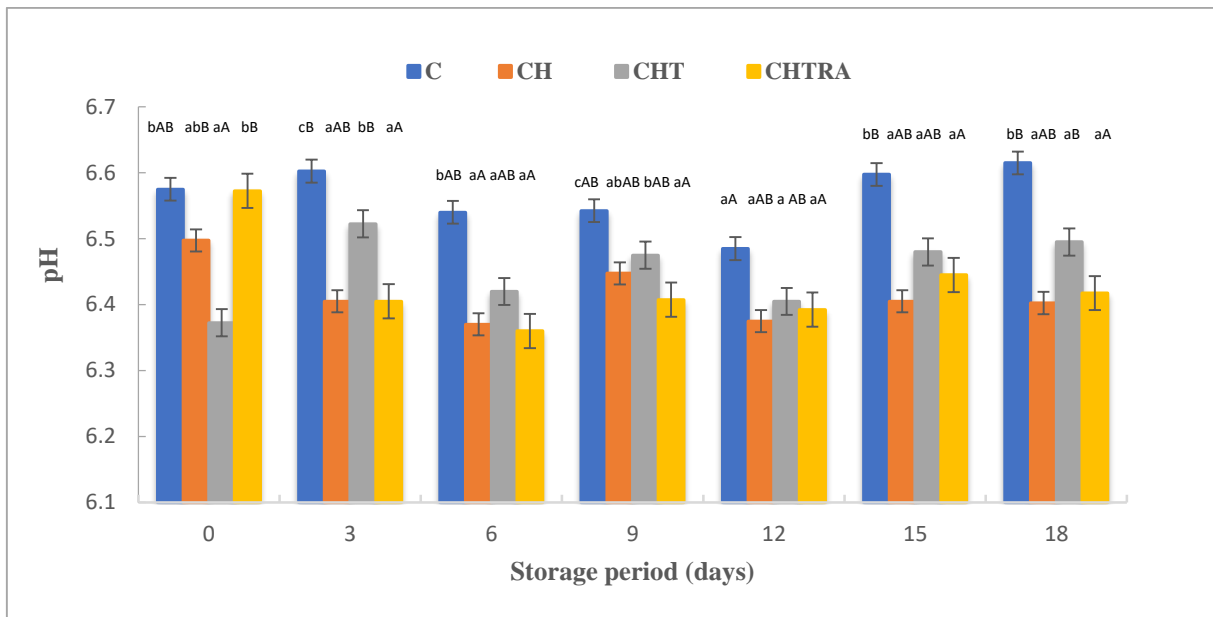
236 also reported that trout fillets coated with chitosan and permanganate extract showed a lower

237 pH value at the end of frozen storage than the control. An increase in pH during storage can

238 adversely affect the quality of the product, especially with regard to sensory properties such as

239 color, odor and texture (Alak et al., 2010).

240



241

242 Figure 2. Effect of interaction of coating application × storage period on pH value of Rainbow  
 243 trout fillets during cold storage.

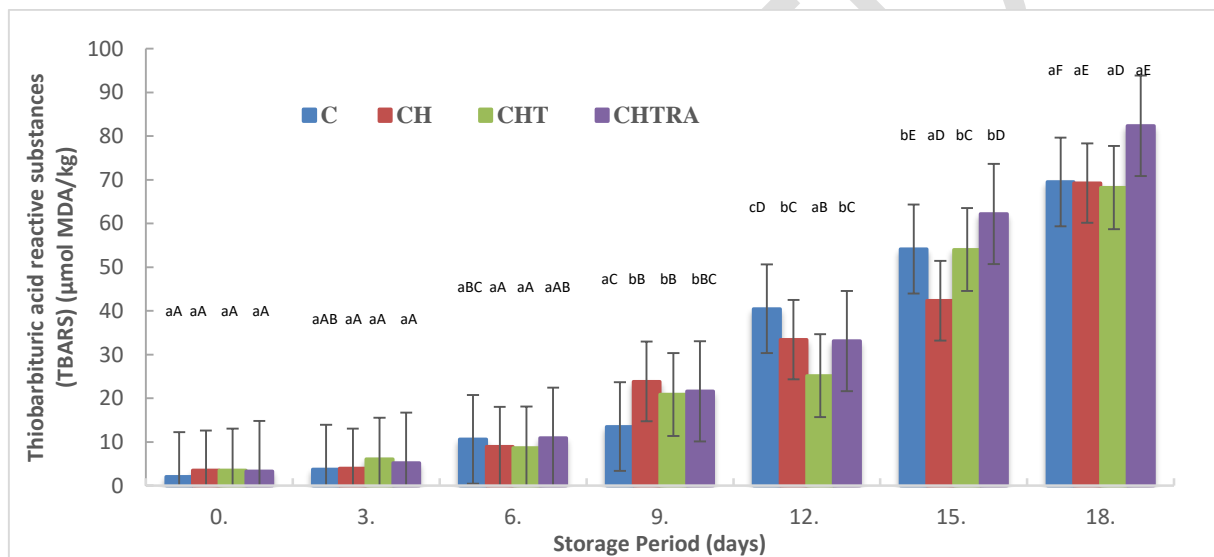
244 a-c: different small letters indicate significant differences between coating application for  
 245 storage period.

246 A-B: different capital letters indicate significant differences between storage period for coating  
 247 application

248 The lipids of fresh fish are very susceptible to oxidation, which leads to changes in the quality  
 249 characteristics of fish. The coating application had a significant effect on TBARS value of  
 250 Rainbow trout fillets ( $P < 0.05$ ). The lowest mean TBARS value was observed in the CHTRA  
 251 treatment. The differences among the other groups were not significant. In contrast, TBARS  
 252 values increased with increasing storage time (Table 1). As shown in Figure 3, the control group  
 253 had a lower value than the other groups on the 9th day of storage, and the TBARS value for  
 254 control was  $13.52 \mu\text{mol MDA/kg}$  ( $< 1 \text{ mg MDA/kg}$ ). On the other hand, the TBARS value for  
 255 coating treatments were under  $2 \text{ mg MDA/kg}$ . Karki et al. (2023) reported that the tolerable  
 256 TBARS value of fish products is  $1 \text{ mg MDA/kg}$  ( $100 \mu\text{mol MDA/kg}$  is equivalent to  $7.2 \text{ mg/kg}$   
 257 MDA). On the other hand, Xiong et al. (2021) reported that the threshold of TBARS value for  
 258 oxidative ransiditeand sensory acceptability ranged from  $1\text{-}2 \text{ mg MDA/kg}$ . On the following  
 259 days of storage, significant increases in TBARS values were observed in all groups. The

260 TBARS value on the 12th day of storage was below 2 only in CHT treatment. On the 15th day  
 261 of storage, the TBARS value increased significantly in all groups (>3.0 mg MDA/kg). The  
 262 highest TBARS value during cold storage was found in the CHTRA group at the end of storage.  
 263 However, with regard to TBARS, no significant differences were observed among all  
 264 treatments, including the control (Figure 3). On the other hand, another study reported that  
 265 chitosan coating on salmon fillets provided better results against lipid oxidation than gelatin  
 266 coating (Xiong et al. 2021).

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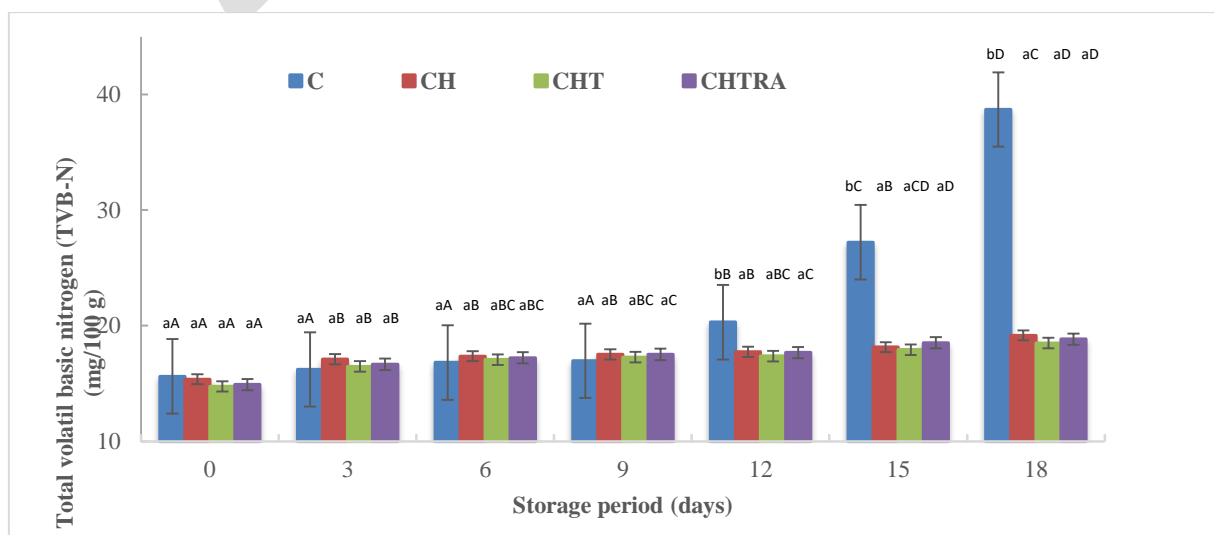


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269 Figure 3. Effect of the interaction of coating application × storage period on thiobarbituric acid  
 270 reactive substances (TBARS) value of Rainbow trout fillets during cold storage.  
 271 a-c: different small letters indicate significant differences between coating application for  
 272 storage period.  
 273 A-F: different capital letters significant differences between storage period for coating  
 274 application.

275 The determination of volatile nitrogenous compounds such as trimethylamine, dimethylamine,  
 276 and ammonia, collectively referred to as the TVB-N (Shokri et al., 2020). The control group  
 277 exhibited the highest mean TVB-N levels during storage. There was no significant difference  
 278 between the coating groups. As the storage time increased, the mean TVB-N level increased  
 279 (Table 1). The interaction of the coating application and storage period had a very significant

280 effect ( $P < 0.01$ ) on the TVB-N level. These results were consistent with the microbiological  
 281 results. It was observed that chitosan and  $\text{TiO}_2$  nanoparticles contributed to a significant  
 282 decrease in the TVB-N values and significantly impacted the shelf-life of trout fillets. However,  
 283 rosmarinic acid had no effect on TVB-N level (Figure 4). As shown in Figure 4, the highest  
 284 TVB-N value was observed in the control group on the 12th, 15th and 18th days of storage.  
 285 However, the differences between the coating treatments were not significant. It was reported  
 286 that maximum acceptable TVB-N level for rainbow trout is 25 mg/100 g (Gimnez et al., 2002).  
 287 In our study, the TVB-N levels in the coated samples remained below this acceptable limit  
 288 during storage period. In contrast, the TVB-N level in the control group exceeded the acceptable  
 289 limit of 25 mg/100 g after 15 days (Figure 4). Similarly, it has been reported that after 16 days  
 290 of refrigerated storage, rainbow trout fillet samples coated with chitosan and chitosan combined  
 291 with other substances remained below the acceptable limit, while the TVB-N level of the  
 292 control group samples increased to 40 mg/100 g (Ojagh et al., 2010). In addition, López-  
 293 Caballero et al. (2005) demonstrated that a protective chitosan-gelatin coating applied to fish  
 294 balls significantly reduced TVB-N level. On the other hand, Korkmaz (2016) studied the effect  
 295 of quinoa edible film on rainbow trout fillets and reported a TVB-N value of  $20.35 \pm 0.49$   
 296 mg/100 g in the control group and  $18.65 \pm 0.21$  mg/100 g in the experimental group after 12  
 297 days of storage.



299 Figure 4. Effect of the interaction of coating application × storage period on total volatile basic  
 300 nitrogen (TVB-N) level of Rainbow trout fillets during cold storage.  
 301 a-b: different small letters indicate significant differences between coating application for  
 302 storage period.  
 303 A-D: different capital letters indicate significant differences between storage period for coating  
 304 application.

305 Table 1. The overall effect of coating application and storage period on the microbiological and  
 306 physico-chemical properties of rainbow trout fillets (mean ± SD).

Factor	n	TMAB (log CFU/g)	Psychrotrophic bacteria (log CFU/g)	pH	TBARS (μmol MDA/kg)	TVB-N (mg/100g)
Coating application (CA)						
Control	28	6.08 ± 1.64c	5.98 ± 1.73c	6.56 ± 0.07c	27.75 ± 25.65a	21.69 ± 8.25b
CH	28	4.12 ± 1.04b	4.02 ± 1.14a	6.41 ± 0.08a	26.48 ± 23.22a	17.49 ± 1.24a
CHT	28	4.18 ± 1.09b	4.28 ± 0.86b	6.45 ± 0.08b	26.66 ± 23.90a	17.05 ± 1.25a
CHTRA	28	3.91 ± 1.11a	4.14 ± 0.93ab	6.43 ± 0.09ab	31.26 ± 29.68b	17.34 ± 1.30a
Significance		**	**	**	*	**
Storage period (SP)						
0 d	16	3.22 ± 0.70a	3.39 ± 0.58a	6.50 ± 0.11b	3.13 ± 2.15a	15.16 ± 0.76a
3 d	16	3.44 ± 0.74a	3.47 ± 0.60a	6.48 ± 0.10b	4.77 ± 2.68a	16.62 ± 0.87b
6 d	16	3.81 ± 0.72b	3.96 ± 0.62b	6.42 ± 0.09a	9.79 ± 1.93b	17.12 ± 0.58b
9 d	16	4.30 ± 1.08c	4.33 ± 1.08c	6.47 ± 0.06b	19.79 ± 4.73c	17.32 ± 0.53b
12 d	16	5.12 ± 1.15d	4.96 ± 1.15d	6.41 ± 0.09a	33.06 ± 6.70d	18.27 ± 1.81c
15 d	16	5.68 ± 1.32e	5.68 ± 1.27e	6.48 ± 0.09b	53.19 ± 9.51e	20.45 ± 4.21d
18 d	16	6.44 ± 1.32f	6.44 ± 1.33f	6.48 ± 0.11b	72.34 ± 12.91f	23.80 ± 9.07e
Significance		**	**	**	**	**
CA × SP		**	**	**	**	**

Different letters indicate statistical difference ( $P < 0.05$ ) in each column. \*\* $P < 0.01$ ; \* $P < 0.05$ .

CH=chitosan; CHT=chitosan+TiO<sub>2</sub> nanoparticles; CHTRA=chitosan+TiO<sub>2</sub> nanoparticles+rosmarinic acid.

TMAB= total aerobic mesophilic bacteria; TBARS= thiobarbituric acid reactive substances, TVB-N=total volatile basic nitrogen  
 SD=standard deviation.

307

### 308 L\*, a\*, and b\* values

309 Physico-chemical changes that occur during storage can affect the appearance and texture of  
 310 the fish (Zarandona et al., 2021). The coating application had a very significant effect the L\*,  
 311 a\*, and b\* values of rainbow trout fillets ( $P < 0.01$ ). The storage period was found to be very  
 312 effective for the L\* and b\* values ( $P < 0.01$ ). This factor also affected a\* values ( $P < 0.05$ ) (Table  
 313 2). Control and CH treatment had lower L\* values than nanocomposite groups. In another study

314 on sea bream, the highest L\* value was found in the coating groups. As shown in Figure 5, the  
 315 lowest initial L\* value was observed in the CH treatment. At the end of storage, the highest L\*  
 316 value was obtained with CHTRA treatment. However, the value of this treatment did not differ  
 317 from that of the CH treatment. Considering these results, it can be concluded that the coating  
 318 process (composite or nanocomposite coating) has a positive effect on the L\* value. However,  
 319 no remarkable changes were observed in the a\* and b\* values in this study. Duan et al. (2010)  
 320 also reported no changes in the L\*, a\* and b\* values of fish samples stored at 2°C for three  
 321 weeks.

322 Table 2. The overall effect of coating application and storage period on the L\*, a\*, and b\* values  
 323 of rainbow trout fillets (mean ± SD).

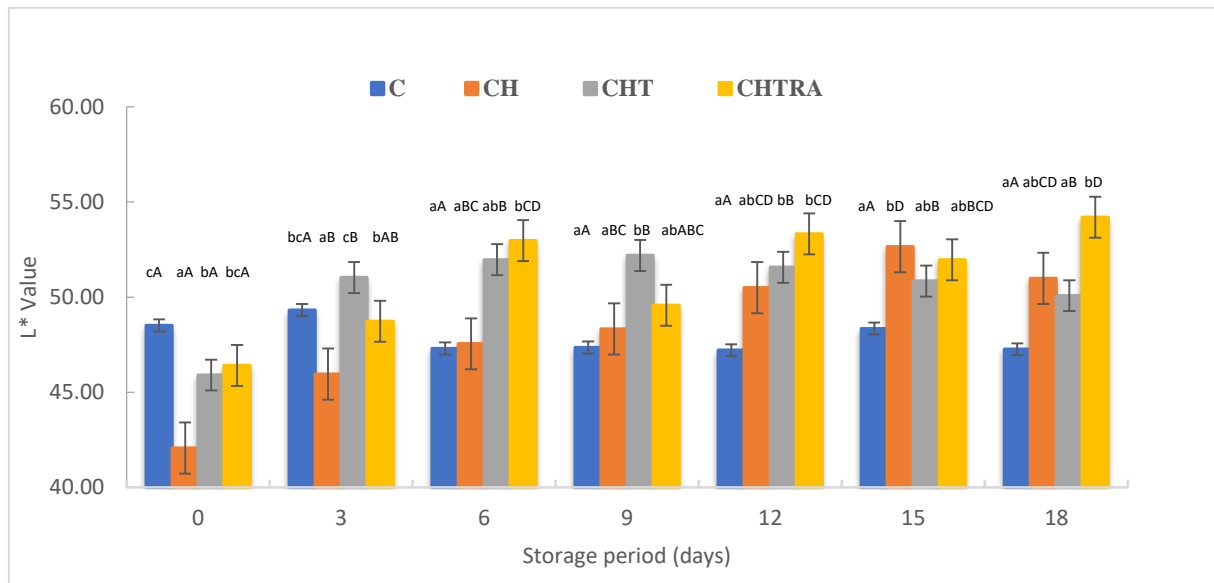
Factor	n	L*	a*	b*
Coating Application (CA)				
Control	28	47.90 ± 2.23a	0.84 ± 1.41b	11.22 ± 3.46a
CH	28	48.29 ± 3.97a	0.32 ± 1.41a	12.36 ± 3.92ab
CHT	28	50.51 ± 2.54b	0.20 ± 1.69ab	13.79 ± 2.82b
CHTRA	28	51.02 ± 3.45b	0.68 ± 2.39b	13.76 ± 3.95b
Significance		**	**	**
Storage period (SP)				
0 d	16	45.72 ± 2.37a	0.44 ± 1.52abc	10.56 ± 3.83a
3 d	16	48.76 ± 2.22b	0.18 ± 1.10abc	12.94 ± 2.96bc
6 d	1	49.95 ± 3.84bc	0.30 ± 1.66abc	12.97 ± 3.92bc
9 d	16	49.36 ± 2.78bc	0.42 ± 1.42a	11.67 ± 2.87ab
12 d	16	50.65 ± 3.06c	0.06 ± 1.26ab	14.88 ± 3.64c
15 d	16	50.95 ± 2.70c	1.07 ± 2.82c	14.62 ± 3.36c
18 d	16	50.63 ± 3.41c	0.83 ± 2.16bc	11.85 ± 3.55ab
Significance		**	*	**
Coating × Storage		**	**	**

Different letters indicate statistical difference ( $P < 0.05$ ) in each column. \*\* $P < 0.01$ ; \* $P < 0.05$ .

CH=chitosan; CHT=chitosan+TiO<sub>2</sub> nanoparticles; CHTRA=chitosan+TiO<sub>2</sub> nanoparticles+rosmarinic acid.

SD=standart deviation.





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326 Figure 5. Effect of the interaction of coating application × storage period on L\* values of  
 327 Rainbow trout fillets during cold storage.

328 a-b: different small letters indicate significant differences between coating application for  
 329 storage period.

330 A-D: different capital letters indicate significant differences between storage period for coating  
 331 application.

### 332 Conclusion

333 The results demonstrated that the coating application (chitosan, chitosan + TiO<sub>2</sub>, or chitosan +  
 334 TiO<sub>2</sub> + rosmarinic acid) effectively inhibited microbial growth in rainbow trout fillets during  
 335 cold storage. In addition coating application showed the lower TVB-N level than control group.

336 The TBARS value increased as the storage time increased. At the end of storage, no significant  
 337 differences were observed between treatments in terms of TBARS (Figure 3). It was also

338 determined that the pH change in the coating applications was limited. On the other hand, the  
 339 coating process has a positive effect on the L\* value.

### 340 Declaration of conflicting interests

341 The authors confirm that they have no conflicts of interest concerning the work described in

342 this manuscript

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#### 346 **Author Contributions**

347 Conceptualization: Kızılkaya P, Kaya M. Data curation: Kızılkaya P. Formal analysis:  
348 Kızılkaya P. Methodology: Kızılkaya P, Kaya M. Software: Kızılkaya P. Validation: Kızılkaya  
349 P. Investigation: Kızılkaya P. Writing - original draft: Kızılkaya P. Writing – review & editing:  
350 Kızılkaya P, Kaya M.

#### 351 **Ethics Approval**

352 This article does not require IRB/IACUC approval because there are no human and animal  
353 participants.

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