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Abstract

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The purpose of this study was to analyze whether seawater has positive effects on

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appearance characteristics, such as redness, and to determine the gas composition

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concentration that is suitable for maintaining it. Pork hind meat was cured with four types of

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brine for five days at 4°C. The different brines comprised the control salt (CS), control nitrite

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pickling salt (CN), treatment brine (BR), and treatment bittern (BT). The cured hams were

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cooked at 65°C for 4 h and packaged at O₂:N₂ gas ratios of 7:3, 8:2, and 9:1 for three weeks.

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The physicochemical properties were assessed immediately after heating the sample, and the

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color properties were measured after a three-week storage period. Based on the correlation

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results of the physicochemical properties, BT had a higher curing and cooking yield than the

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other treatments, owing to its high salinity. Results of color properties for BT (7:3) and CN

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(8:2) showed similar color lightness, redness chroma, and hue angle values. Therefore, BT

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can be said to be a sous-vide brine suitable for preserving the color of ham, and a high

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nitrogen concentration of 30% helps to maintain the appearance of seawater sous-vide ham.

25

Keywords: quality and color properties, modified atmosphere packaging, pork sous-vide

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ham, natural curing agent

27

28 **Introduction**

29 Sous-vide is a method of heating vacuum-packed meat at a low temperature (53-81 °C) for a
30 long time. Under sous-vide heating conditions (60-65°C), protein-protein interactions and
31 gelatin are minimally transformed in meat; therefore, water retention is improved, enhancing
32 meat tenderness (Tornberg, 2005). In addition, because the meat is heated for a long time, the
33 quality of the outer and inner parts remains constant (Garcia-Linares et al., 2004). Pork sous-
34 vide ham was prepared by curing trimmed pork via immersion in a curing solution and
35 applying low-temperature heat for a long time. As the curing solution penetrates the meat, the
36 trace components in the solution interact with the meat and change its physicochemical state
37 (Yim et al., 2020).

38 Visual appearances (i.e., color, fat content, shape) are the most important factor that affects
39 consumer food choices. Banović et al (2009) said the intrinsic construct indicated to be
40 reflected better by the color of the meat than by cut and fat. Meat product manufactured with
41 sodium nitrite has a red color, usually a higher consumer preference (Fenfer et al., 2015).
42 Myoglobin in meat is converted to metmyoglobin when it comes in contact with oxygen, in
43 this phenomenon, the meat turns brown and loses its original color (red color). Because color
44 is a key deciding factor for consumers when choosing food, preserving the product color
45 throughout its shelf life is important (Kausar et al., 2019; Tomasevic et al., 2021).

46 In meat products, it has little effect on the pigment denaturation of myoglobin, but low-
47 temperature cooking like a sous-vide can incompletely denature myoglobin and cause a color
48 change (Seyfert et al., 2004). Modified atmosphere packaging (MAP) is used to maintain the
49 appearance, texture, and flavor of meat products by controlling the microflora through a gas
50 composition (James, 2000; McMillin, 2008). Oxygen (O₂) combines with myoglobin to form
51 oxymyoglobin to express bright red color (Brody, 2002), or carbon dioxide (CO₂) inhibits the
52 growth of microorganisms to prevent color change due to the rancidity of proteins and fats

53 (Farber et al., 2003) in MAP. According to Arvanitoyannis and Stratakos (2012) report, the
54 redness decreased when the oxygen concentration was low, and the TVBN value increased
55 when the CO₂ concentration increased to 60% or more. Therefore, it is important to find an
56 appropriate concentration ratio that can increase and maintain redness.

57 After the bay salt is extracted, most of the remaining seawater is discarded (Voutchkov,
58 2011). Seawater has a high mineral content and a high potential for use as a food additive
59 (Cipollina et al., 2012). In South Korea, processed seawater is sometimes used instead of
60 brine when making tofu and pickled vegetables and is also used to kill unwanted weeds
61 (using microalgae). In addition, in a previous study, when seawater was added to sausages, it
62 could increase redness, similar to NPS (Lee and Kim, 2020). Therefore, in this study, when
63 MAP with different O₂:N₂ contents was grafted onto seawater (brine and bitter) as curing
64 agents, 1) whether seawater could fix the meat color even after 3 weeks, and 2) the most
65 appropriate concentration to maintain the meat color was analyzed.

66

67 **Materials and Methods**

68 **Preparation of sous-vide ham using various curing agents**

69 To prepare sous-vide ham, 24 h post-mortem pork hind legs of pork were purchased from a
70 local market (Yesan, Korea). *Gluteus maximus*, *gluteus medius*, and *gluteus minimus* were
71 used for the hind limbs, and excess fat and connective tissue were removed. For the cheeks,
72 six lumps were used for each treatment group, for a total of 24 lumps. The four curing agents
73 were classified as follows: CS (control with NaCl), CN (control with nitrite pickling salt
74 (NPS)), BR (treatment with brine), and BT (treatment with bitter). NPS were prepared by
75 adding 0.006% nitrite to Hanju salt (Ulsan, Korea). Brine (composition:5.89% sodium,
76 2.79% magnesium, 0.80% potassium, 0.03% calcium, etc.) and bitter (composition:2.80%
77 sodium, 17.90% magnesium chloride, 1.40% potassium, zinc, etc.) were purchased from

78 Yeorumul (Incheon, Korea). The curing agents were prepared by adding 5% salt, 2% sugar,
79 1% pepper, and 1% spices (fennel 20%, mustard seed 20% mustard, 15%, coriander 15%,
80 black pepper 15%, cloves 10%, bay leaves 4%, red pepper 1%). The 1,000 ± 200 g) and the
81 same amount of curing agent were packed in a polyethylene bag to remove as much as
82 possible of the O₂). Curing was performed in a refrigerator at 4°C for five days. On day 5, the
83 samples were removed from the curing and rinsed. The rinsed samples were vacuum-packed
84 and heated in a water bath at 65°C for 4 h. After heating, the samples were incubated at room
85 temperature for approximately 30 min to remove moisture from the surface.

86 The cooled sous-vide ham was sliced thinly to aid complete gas absorption and used as the
87 sample. The ham was sliced to a thickness of 2 mm using a food slicer (TI220; Maica,
88 Orlando, FL, USA), and the samples were placed on a plastic tray (QB series; Hypervac,
89 Suwon, South Korea) without overlapping. Subsequently, MAP (MAP-H1, Hypervac,
90 Suwon, South Korea) was applied using three gas compositions with different O₂:N₂ ratios
91 of 9:1, 8:2, and 7:3. Samples placed in each gas composition were stored at 4°C for three
92 weeks and used for the experiments. The three-week storage period was determined
93 according to a previous study (DeWitt and Oliveira, 2016).

94 Physicochemical properties (curing yield, cooking yield, pH, and salinity) were
95 investigated on the same day after heating and cooling to determine whether the curing agent
96 affected the final product. The appearance properties (lightness, redness, yellowness, chroma,
97 hue angle, moisture content, nitrosoheme content, and nitrite residue) of sous-vide ham after
98 three weeks were analyzed by varying the gas composition ratio.

99 **Curing yield**

100 The curing yield was measured to compare the weight of the cured meat with that of raw
101 meat. The curing agent was applied at a ratio of 1:1 to raw meat for five days. The sample
102 was weighed, and the curing yield was calculated using the following formula:

103 Curing yield (%) = (meat weight after curing - raw meat weight) / raw meat weight × 100

104 **Cooking yield**

105 The cooking yield was measured to determine the degree of loss when the cured meat was
106 sous-vide heated, and calculated by measuring the meat weight before and after sous-vide
107 heating at 65°C for 4 h and cooling for 30 min to remove excess moisture. The formula is as
108 follows:

109 Cooking yield (%) = (meat weight after cooking - meat weight after curing) / meat weight
110 after curing × 100

111 **pH and salinity**

112 The sous-vide ham was grounded to have the same balance of fat and protein and
113 subsequently used in the pH and salinity tests. After mixing the samples in distilled water at a
114 1:4 ratio, homogenization was performed using a homogenizer (HMZ-20DN, Poonglim Tech,
115 Seongnam, South Korea; 8,500 rpm). The pH and salinity of the homogenized samples were
116 measured using a pH meter (Model S220; Mettler-Toledo, Schwarzenbach, Switzerland) and
117 a Scionix ssm-1000 (Sxionix SSM, Deagu, South Korea).

118 **Color**

119 Color was measured using a colorimeter (CR-10, Minolta, Tokyo, Japan) placed at the
120 center of the ham immediately after removing the wrapping paper from the samples stored for
121 three weeks in three different gas compositions. After lightness (L^*), redness (a^*), yellowness
122 (b^*), and chroma were measured, the hue angle was calculated using the following formula:

$$123 \text{ Hue angle} = \tan^{-1}(b^*/a^*)$$

124 **Moisture content**

125 Moisture content was measured using a food scanner (DA 6200, PerkinElmer, Daejeon,
126 South Korea) after placing a sample of approximately 150 g on a scanner plate.

127 **Nitrosoheme content**

128 The nitrosoheme content was measured using the method described by Kim et al. (2015).
129 Nitrosoheme was extracted by mixing sous-vide ham stored for three weeks with an
130 acetone/water solution (40:6, v/v) at a ratio of 1:4. The amount of nitrosoheme produced
131 (ppm) was measured at an absorbance of 540 nm using hematin as a standard.

132 **Nitrite residue content**

133 Nitrite residue content was determined according to the method described by Lee et al.
134 (2020). After homogenizing 10 g of sous-vide ham in 50 mL of distilled water (Ultra Turex,
135 HMZ-20DN), 10 mL of 0.5 M NaOH and 10 mL of 12% zinc sulfate were added, and the
136 mixture was shaken at 80°C. After cooling the sample sufficiently, 20 mL of ammonium
137 acetate was added and the total volume was increased to 200 mL. Next, 1 mL each of
138 sulfanilamide and 1 mL of naphthyl-ethylenediamine were added to 20 mL of the filtered
139 solution, and the final volume was increased to 25 mL using distilled water. A standard curve
140 was measured using a spectrophotometer (SpectraMax iD3, Molecular Devices, San Jose,
141 USA) at 540 nm using nitrite powder (purity:100%), and the residual amount of nitrite was
142 calculated.

143 **Statistical analysis**

144 The physicochemical properties were analyzed using one-way analysis of variance and
145 correlation analysis. Traits were evaluated based on treatment types (CS, CN, BR, and BT) as
146 fixed effects. The relationships between the treatment type, gas composition (O₂:N₂ at ratios
147 of 7:3, 8:2, and 9:1), and color properties were analyzed using two general linear models and
148 correlation analysis. The color traits included the treatment type and gas composition as fixed
149 effects, including their interaction effects. Values are expressed as means ± standard
150 deviation, and significant differences between mean values were determined by Duncan's
151 multiple range test (p<0.05).

152

153 **Results and Discussion**

154 **Physicochemical properties and correlation**

155 The quality characteristics of CS (control with NaCl), CN (control with nitrite pickling
156 salt (NPS)), BR (treatment with brine), and BT (treatment with bittern) sous-vide pork ham
157 are shown in Table 1. The pH values of BR and BT which used seawater as the curing agent
158 were significantly lower than in the CN and CS which used salt as the curing agent ($p < 0.05$).
159 The pH of the brine and bittern were high for at 8.4 and 8.6, respectively; however, this study
160 result showed contradictory results. Numerous mineral salts and components (e.g., Na^+ ,
161 Mg_2^+ , K^+ , Ca_2^+ etc.) exist in seawater; therefore, it is expected that the minerals penetrate into
162 the meat and have a chemical action while going through the curing and heating process.
163 These results indicate that further research is needed on the effect of seawater minerals on
164 meat protein and fat.

165 BT showed significantly higher salinity than CN ($p < 0.05$). BR had higher salinity than
166 CN, although the difference was not significant. Seawater, which is a balanced mixture that
167 dissolves readily, penetrates meat better than an unbalanced mixture of salt and water. In
168 addition, Majou and Christieans (2018) reported that the lower the pH, the easier the
169 molecules dissociate into protons and anions. Therefore, it is expected that BR and BT, which
170 have a lower pH and are cured with a balanced mixture agent, have a higher salinity. This
171 was consistent with the results of Ruusuene and Puolanne (2005), who concluded that the
172 lower the pH of the meat, the higher the diffusion rate of water molecules and the exchange
173 between the liquid clogged in the pores of the meat and the external liquid. The curing yield
174 was the weight measured after drying the surface moisture by hanging after curing and was
175 used to check the curing performance.

176 Regarding the curing yield, BT showed a significantly higher value than those of CS and
177 BR ($p < 0.05$), which is possibly due to the high salinity of BT, leading to more even salting of

178 the inside of the meat compared to the other treatments. In addition, curing improves the
179 water retention capacity of muscle tissues because muscle fibers are expanded and salt-
180 soluble proteins are extracted from the meat (Jiang et al., 2019). Accordingly, the cooking
181 yield was also significantly higher in BT than those in the other treatments ($p<0.05$), which
182 may be because moisture leads to the formation of salt-soluble proteins in meat and salting
183 agents, thereby increasing binding strength. Because a high cooking yield is known to have a
184 positive effect on overall acceptability, it is considered a potential curing agent (Mwove et
185 al., 2018).

186 The results of the correlation analysis of the physicochemical properties are presented in
187 Table 2. pH showed a significant correlation with salinity, curing and cooking yield ($p<0.05$).
188 At this same time, salinity and curing yield showed a significantly high correlation ($p<0.001$).
189 It can be seen that the lower the pH, the higher the salinity. In this study, it was hypothesized
190 that an increase in sodium (Na^+) would affect the pH value. Salinity seems to have a
191 significant correlation with curing yield ($p<0.001$) and curing yield with cooking yield
192 ($p<0.001$). The addition of salts (N^+ and Cl^-) to meat increases the ionic strength of meat
193 protein ions, creating space for water binding (Feiner, 2006). The result of the correlation
194 analysis indicated that salinity may be the main variable for sous-vide physicochemical
195 properties. Therefore, it is important that high salinity equalizes the salt content balance of
196 internal and external to enhance processing characteristics (Pinna et al., 2020).

197 We believe that the natural curing agent used in this study can have a more positive
198 effect on the processing characteristics of meat than that of salt and brine because it can
199 improve the cooking yield.

200 **Color properties**

201 Regarding color lightness, the CN (8:2), CN (9:1), BR (9:1), and BT (9:1) treatments
202 showed higher values than those of the other treatments. In addition, the CN (8:2) treatment

203 showed significantly higher values than those of the CN (7:3), CS (7:3), CS (8:2), BR (8:2),
204 and BT (8:2) treatments ($p<0.05$). Moreover, the gas composition at a 9:1 ratio, which
205 contained the lowest amount of nitrogen, showed a significantly higher value than the gas
206 compositions at 8:2 and 7:3 ratios ($p<0.05$). Overall, CN treatment with a 9:1 gas
207 composition exhibited high lightness values. This result indicates that the iron atom (Fe_2^+) in
208 myoglobin was converted to oxy-myoglobin in the presence of O_2 in the packaging. Lu et al.
209 (2020) reported that relatively low oxygen levels can enhance the formation of metmyoglobin
210 because it causes partial conversion in meat. Orkusz et al. (2013) also reported that higher
211 concentrations of O_2 were correlated with higher L^* values, which is similar to the results of
212 the present study.

213 CN (7:3) showed a significantly higher redness value than that of the other treatments
214 ($p<0.05$), followed by BT (7:3). BT (7:3), CN (8:2), CN (9:1), and BT (8:2) showed similar
215 levels, suggesting the possibility of a gas composition in which the BT-curing agent may
216 have a redness similar to that of the treatment group in which NPS was added. Efforts are
217 being made to replace synthetic color preservatives and preserve the natural redness of meat
218 (Flores et al., 2021). Between the gas composition treatment groups, more nitrogen (gas
219 composition at a 7:3 ratio) resulted in significantly higher redness than those in more oxygen
220 (gas composition at 8:2 and 9:1 ratios) ($p<0.05$). According to Rao and Sachindra (2002), the
221 formation of nitroso-myoglobin in cured meat products increases when the amount of oxygen
222 is limited, this is because high oxygen can brown the product and reduce its lightness,
223 reducing redness. Therefore, a lower oxygen content (not too high) helps maintain the pink
224 color.

225 CN (8:2) had the highest yellowness value and CN (7:3) had the lowest value. The 7:3
226 gas composition, which contained a large amount of nitrogen, showed a significantly lower
227 yellowness value than the other treatment groups, which seemed to decrease as the redness

228 increased. Wang et al. (2021) reported that meat yellowness increased, and redness and
229 lightness decreased due to microbial spoilage, myoglobin autoxidation, and lipid oxidation
230 during the retail period. In the present study, redness decreased and yellowness increased
231 with an increase in the storage period (data not shown). The color was brighter in the gas
232 composition 8:2 group than in the gas composition 7:3 group ($p < 0.05$). CN (8:2), BT (7:3 and
233 8:2), and BR (8:2 and 9:1) showed similar chroma values. According to Tapp III, Yancey,
234 and Apple (2011), chroma is expressed as color saturation or vividness; the higher the value,
235 the clearer the color. Because yellowness and chroma showed similar tendencies, saturation
236 seemed to be more affected by yellowness than by redness.

237 The hue angle of the gas composition 7:3 group was significantly lower than that of the
238 8:2 and 9:1 gas composition groups ($p < 0.05$). The CS and BR groups showed significantly
239 higher values than the other treatment groups for all gas compositions ($p < 0.05$, excluding BT
240 [9:1]). BT (7:3) showed a value similar to that of CN (8:2), implying that sous-vide ham
241 packed at 7:3 and 8:2 gas compositions with bittern and NPS as curing agents, respectively,
242 had the same color. This result indicates that for a hue angle, a certain color in the range of 0-
243 360° is designated as 0°, 90°, 180°, and 270°, representing red, yellow, green, and blue hues,
244 respectively (Pathare et al., 2012). Therefore, CS (8:2), BR (8:2), and BR (9:1) had high
245 yellowness and similar values compared to the other treatments, whereas BT (7:3) and CN
246 (8:2) had relatively red colors and similar values. The high hue angle can be interpreted in
247 two ways: oxidation of oxymyoglobin and reduction of nitrosyl hemochrome (da Conceição
248 Jorge et al., 2015; Haile et al., 2013). Therefore, we expected that BT (7:3) and CN (8:2)
249 would have a higher nitrosyl hemochrome content or lower oxidation of meat than CS (8:2)
250 and BR(8:2 and 9:1).

251 The moisture content was highest for BR (9:1) and lowest for BT (9:1). Qiao et al.
252 (2001) showed that the moisture content was negatively correlated with redness and

253 positively correlated with yellowness. Compared to the hue angle in this study, the moisture
254 content of BR with high yellowness was high, and the fact that BT had high redness owing to
255 low moisture was similar. In contrast, the gas compositions at 7:3 and 9:1 ratios showed
256 significantly higher values than those at an 8:2 ratio ($p<0.05$); however, the cause was not
257 identified. We believe that moisture content did not affect the gas composition ratio in this
258 study.

259 The nitrosoheme content was significantly higher in the nitrogen-rich packaging
260 ($p<0.05$). In addition, sous-vide ham (CN) with NPS showed high values at gas compositions
261 of 7:3 and 8:2, and the CS treatment showed the highest value after CN treatment. The
262 residual amount of nitrite also showed that CN had a significantly higher value than the other
263 treatments for all gas compositions ($p<0.05$). In the case of the CN treatment, the residual
264 amount of nitrite was lowered when the nitrogen-to-oxygen ratio was 3:7. The nitrogen-rich
265 gas composition helps maintain the adhesion of NO to heme iron in meat. Skibsted (2011)
266 reported that nitric oxide (NO) affects the color stability of processed meat products and food
267 storage safety.

268 When the curing agent was analyzed, the NPS-treated CN and bittern seawater-treated
269 BT were similar. BT had a significantly lower residual nitrite value than CN; however, both
270 samples had a similar color appearance in terms of redness and hue angle. Therefore, BT has
271 a high potential as a natural curing agent. When analyzed together with the gas composition,
272 CN (7:3) and BT (8:2) showed similar results.

273 **Color correlation**

274 Lightness was positively correlated with hue value and moisture content ($p<0.001$) and
275 negatively correlated with yellowness ($p<0.01$), chroma, and nitrosoheme content ($p<0.05$).
276 Redness was positively correlated with moisture and nitrosoheme levels ($p<0.001$), and
277 negatively correlated with hue value, residual nitrite level ($p<0.01$), and chroma ($p<0.05$).

278 Yellowness was positively correlated with nitrosoheme and residual nitrite levels ($p < 0.001$),
279 and negatively correlated with moisture ($p < 0.01$) and hue value ($p < 0.5$). Chroma positively
280 correlated with residual nitrite levels ($p < 0.001$) and negatively correlated with nitrosoheme (p
281 < 0.01) and moisture levels ($p < 0.05$). The hue value negatively correlated with the residual
282 nitrite level ($p < 0.01$) and nitrosoheme content ($p < 0.05$).

283 The higher the oxygen concentration in the packaging gas, the higher the lightness value
284 and hue angle; the higher the nitrogen concentration, the higher the redness value, thereby
285 appealing to consumer preferences (Pereira and Malfeito-Ferreira, 2015). In contrast, because
286 the hue angle increased as the value changed from redness to yellowness, the lower the value
287 of the hue angle, the higher the redness. Highly energetic NO gas represents
288 nitrosomyoglobin, which exhibits strong stability by reacting with the Fe^{2+} of myoglobin
289 (Wang et al., 2018). However, when nitrite/nitrate, a synthetic color preservative, is added
290 and a high nitrogen gas composition is maintained, a high residual amount of nitrite is
291 displayed, which can cause nitrosamine when consuming food (Jannat et al., 2014).
292 Therefore, manufacturing meat products using seawater as a curing agent is possible, similar
293 to those treated with NPS, by adjusting the moisture content and hue angle by altering the
294 nitrogen concentration after reducing or removing the synthetic color preservative.

295 **Conclusions**

296 This study aimed to analyze whether seawater, as a natural curing agent, can have a
297 positive effect on the appearance of sous-vide ham without affecting its quality
298 characteristics. In addition, it is to analyze the gas composition that can maintain the meat
299 color during the storage period. In terms of physicochemical properties, BT showed
300 superior processing properties compared with the control group (CS). The seawater-treated
301 group exhibited improved curing and cooking yields. Consequently, BT is considered to
302 have better quality characteristics than CN and CS under equal conditions.

303 In terms of color properties, the redness of CN (8:2), CN (9:1), BT (7:3), and BT (8:2)
304 showed similar values. In the same gas composition, BT is judged to have a possibility to
305 replace the synthetic compound (NPS) because it shows a lower amount of nitrite residue
306 and nitrosoheme than CN. Moreover, the hue angles of the BT (7:3) and CN (8:2) groups
307 were similar. Thus, sous-vide ham cured with BT and NPS and packed with gas
308 compositions at 7:3 and 8:2 ratios showed similar colors.

309 Therefore, our results indicated that seawater can replace synthetic color preservatives by
310 improving the physicochemical properties and preserving redness. In addition, our study
311 confirmed that the best possibility was to set the O₂:N₂ gas composition to 7:3 for bittered
312 seawater sous-vide ham.

313

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413

414 **Figure legends**

415 Figure 1-1. Color properties (lightness) of sous-vide pork ham with various curing agents.
416 Treatments = treatment type + gas concentration ratio. Treatment type: CN, control nitrite
417 pickling salt; CS, control salt; BR, treatment brine; BT, treatment bittern. Gas concentration
418 ratio: 73, gas (O₂:N₂) at concentration ratios of 7:3; 82, gas (O₂:N₂) at a ratio of 8:2; 91, gas
419 (O₂:N₂) at a ratio of 9:1. ^{a-d}, mean values on the bars with different letters are significantly
420 different (p<0.05).

421 Figure 1-2. Color properties (Redness) of sous-vide pork ham with various curing agents. ^{a-e},
422 mean values on the bar with different letters are significantly different (p<0.05).

423 Figure 1-3. Color properties (yellowness) of sous-vide pork ham with various curing agents.
424 ^{a-c}, mean values on the bar with different letters are significantly different (p<0.05).

425 Figure 1-4. Color properties (chroma) of sous-vide pork ham with various curing agents. ^{a-c},
426 mean values on the bar with different letters are significantly different (p<0.05).

427 Figure 1-5. Color properties (hue angle) of sous-vide pork ham with various curing agents.
428 ^{a-d}, mean values on the bar with different letters are significantly different (p<0.05).

429 Figure 2. Moisture content of sous-vide pork ham with various curing agents. Treatments =
430 treatment type + gas concentration ratio. Treatment type: CN, control nitrite pickling salt;
431 CS, control salt; BR, treatment brine; BT, treatment bittern. Gas concentration ratio: 73, gas
432 (O₂:N₂) at concentration ratios of 7:3; 82, gas (O₂:N₂) at a ratio of 8:2; 91, gas (O₂:N₂) at a
433 ratio of 9:1. ^{a-c}, mean values on the bar with different letters are significantly different
434 (p<0.05).

435 Figure 3. Nitrosoheme content of sous-vide pork ham with various curing agents.
436 Treatments = treatment type + gas concentration ratio. Treatment type: CN, control nitrite
437 pickling salt; CS, control salt; BR, treatment brine; BT, treatment bittern. Gas concentration
438 ratio: 73, gas (O₂:N₂) at concentration ratios of 7:3; 82, gas (O₂:N₂) at a ratio of 8:2; 91, gas
439 (O₂:N₂) at a ratio of 9:1. ^{a-g}, mean values on the bar with different letters are significantly
440 different (p<0.05).

441 Figure 4. Nitrate residual (%) of sous-vide pork ham with various curing agents. Treatments
442 = treatment type + gas concentration ratio. Treatment type: CN, control nitrite pickling salt;
443 CS, control salt; BR, treatment brine; BT, treatment bittern. Gas concentration ratio: 73, gas
444 (O₂:N₂) at concentration ratios of 7:3; 82, gas (O₂:N₂) at a ratio of 8:2; 91, gas (O₂:N₂) at a
445 ratio of 9:1. ^{a-f}, mean values on the bar with different letters are significantly different
446 (p<0.05).

447

448 **Tables**

449 **Table 1.** Physicochemical properties of sous-vide pork ham with various curing agents

Traits	CN	CS	BR	BT
pH	6.35 ± 0.07 ^a	6.24 ± 0.03 ^b	6.06 ± 0.03 ^d	6.13 ± 0.02 ^c
Salinity (%)	1.15 ± 0.10 ^b	1.24 ± 0.08 ^{ab}	1.26 ± 0.05 ^{ab}	1.30 ± 0.14 ^a
Curing yield (%)	115.13 ± 1.01 ^{ab}	111.23 ± 0.89 ^b	111.24 ± 0.27 ^b	115.94 ± 1.34 ^a
Cooking yield (%)	72.68 ± 1.34 ^b	71.97 ± 1.46 ^b	72.26 ± 1.72 ^b	76.50 ± 0.59 ^a

450 All values are mean ± standard deviation.

451 ^{NS}, non-significant.

452 CN, control nitrite-pickling salt; CS, control salt; BR, treatment brine; BT, treatment bittern.

453 ^{a-c}. Means in the same row with different letters are significantly different (p<0.05).

454

455 **Table 2.** Correlation of physicochemical properties of sous-vide pork ham with various
 456 curing agents

	pH	SA	CU	CO
pH	1	0.78 ^{***}	-0.54 [*]	-0.87 ^{***}
SA	-	1	0.76 ^{***}	-0.55 [*]
CU	-	-	1	0.77 ^{***}
CO	-	-	-	1

457 Values are correlation coefficients for n = 20.

458 SA, salinity; CU, curing yield; CO, cooking yield

459 ^{***}, p<0.001, ^{**}, p<0.01, ^{*}, p<0.05.

460

461 Table 3. Correlation of the color properties of sous-vide pork ham with various curing agents

	L*	a*	b*	C*	H*	MC	NH	NR
L*	-	-0.27	-0.33*	-0.36**	0.57***	0.55***	-0.41**	-0.29*
a*	-	-	-0.27	-0.35*	-0.38**	0.62***	0.54***	-0.37**
b*	-	-	-	-0.26	-0.33*	-0.41**	0.62***	0.52***
C*	-	-	-	-	-0.27	-0.31*	-0.44**	0.60***
H*	-	-	-	-	-	-0.27	-0.28*	-0.43***
MC	-	-	-	-	-	-	-0.23	-0.26
NH	-	-	-	-	-	-	-	-0.26
NR	-	-	-	-	-	-	-	-

462 Values are correlation coefficients for n = 40.

463 L*: lightness; a*: redness; b*: yellowness; C*: chroma; H*: hue angle; MC: moisture content;

464 NH: nitrosoheme; NR: residual nitrite.

465 ***, p<0.001, **, p<0.01, *, p<0.05.

466

Figures

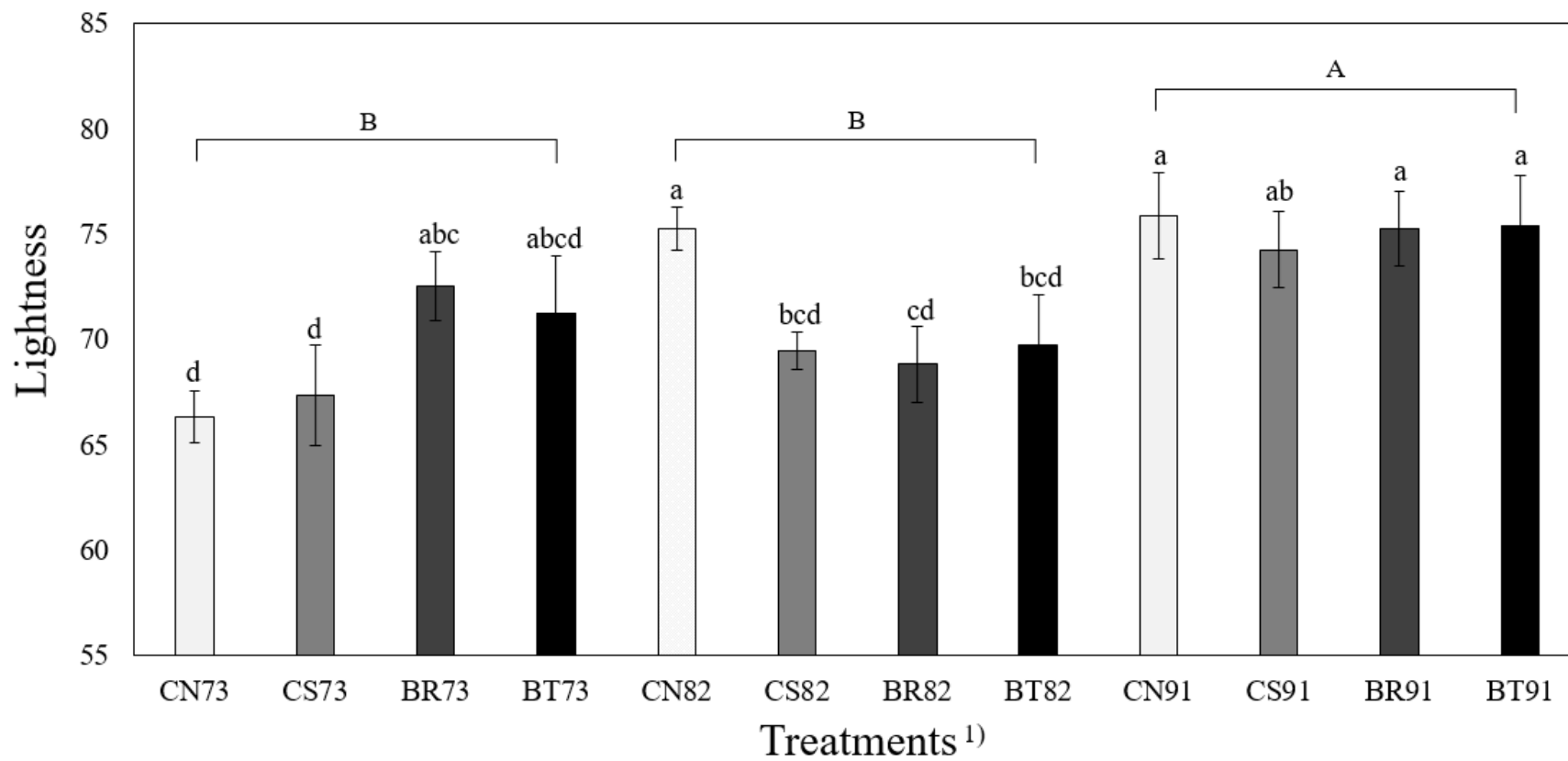


Figure 1-1.

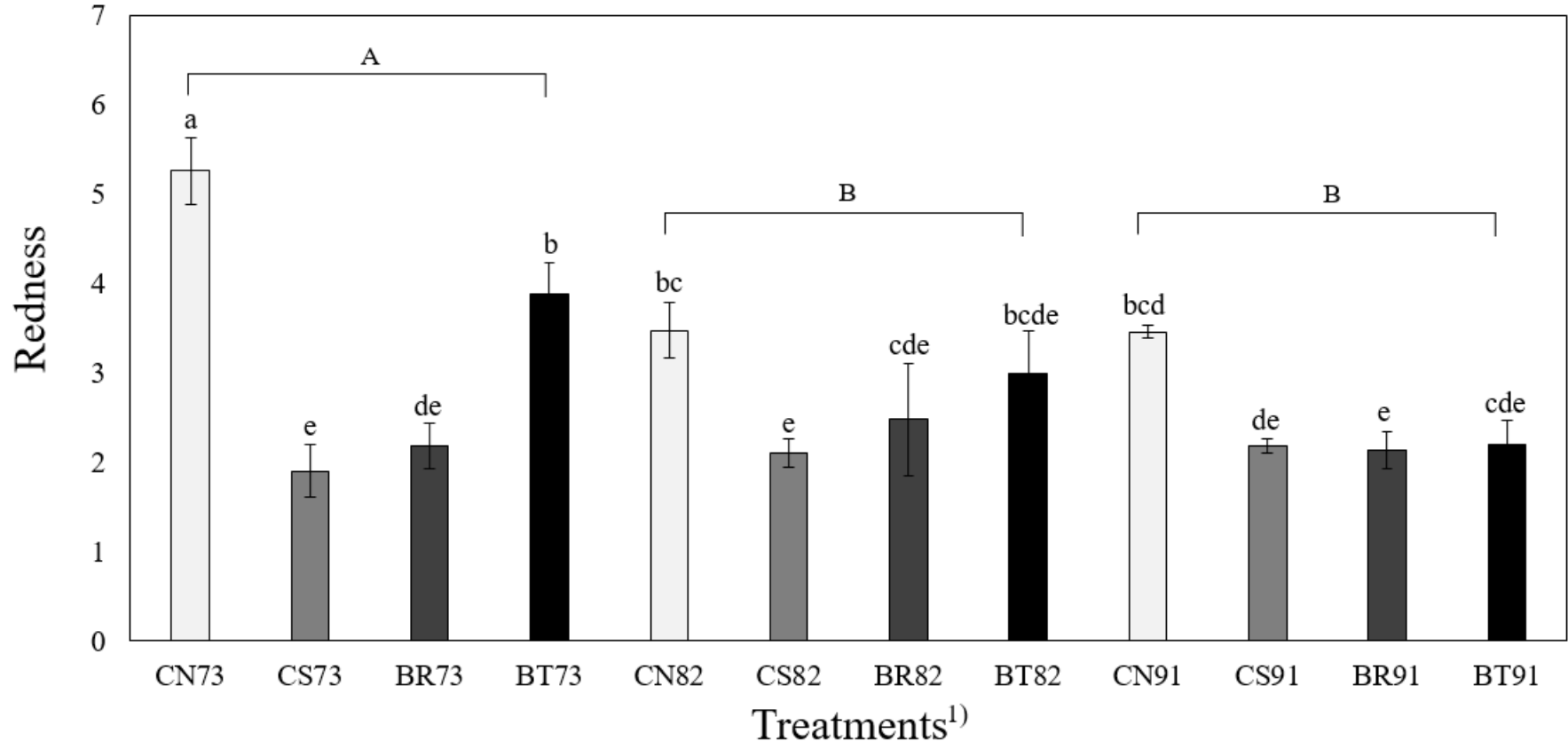


Figure 1-2.

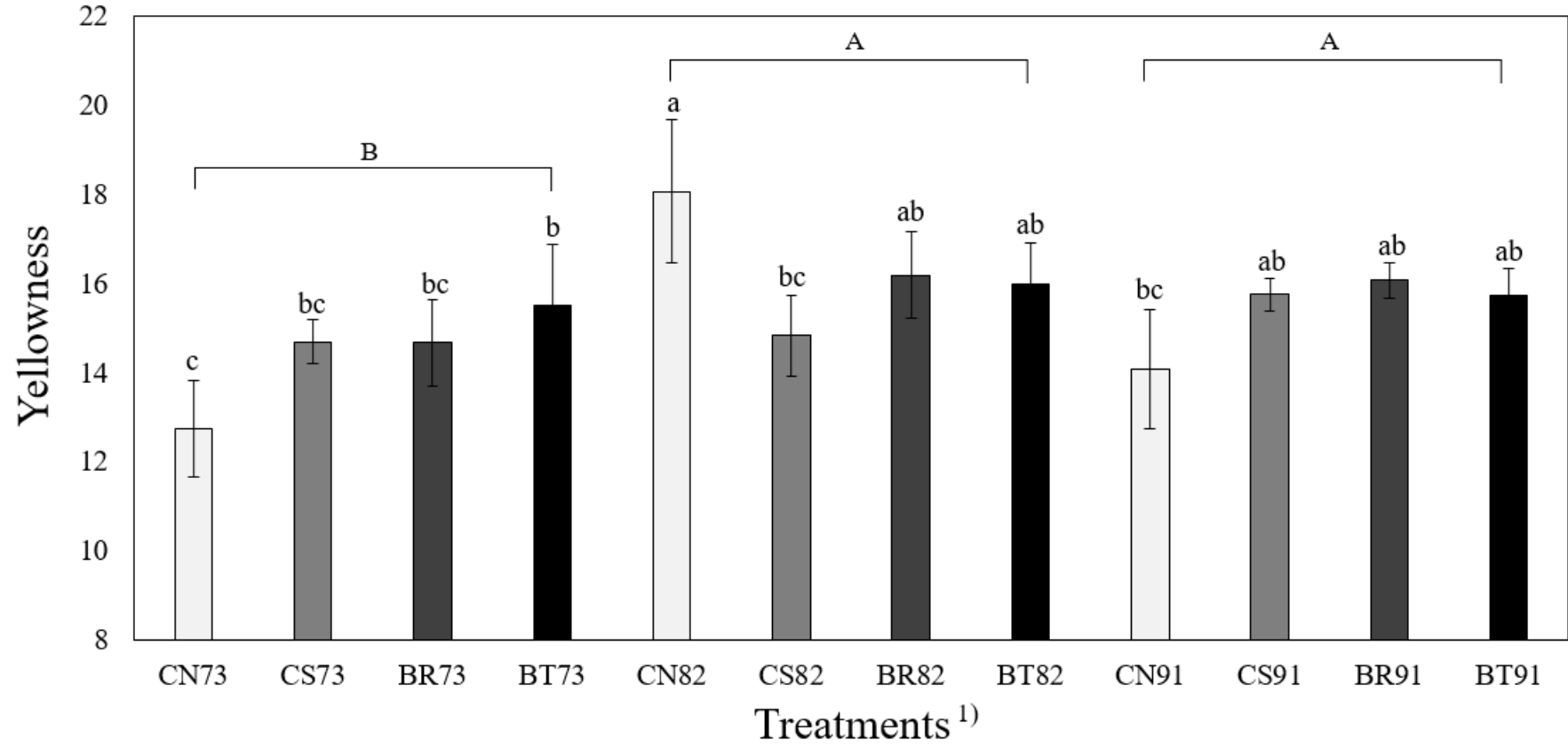


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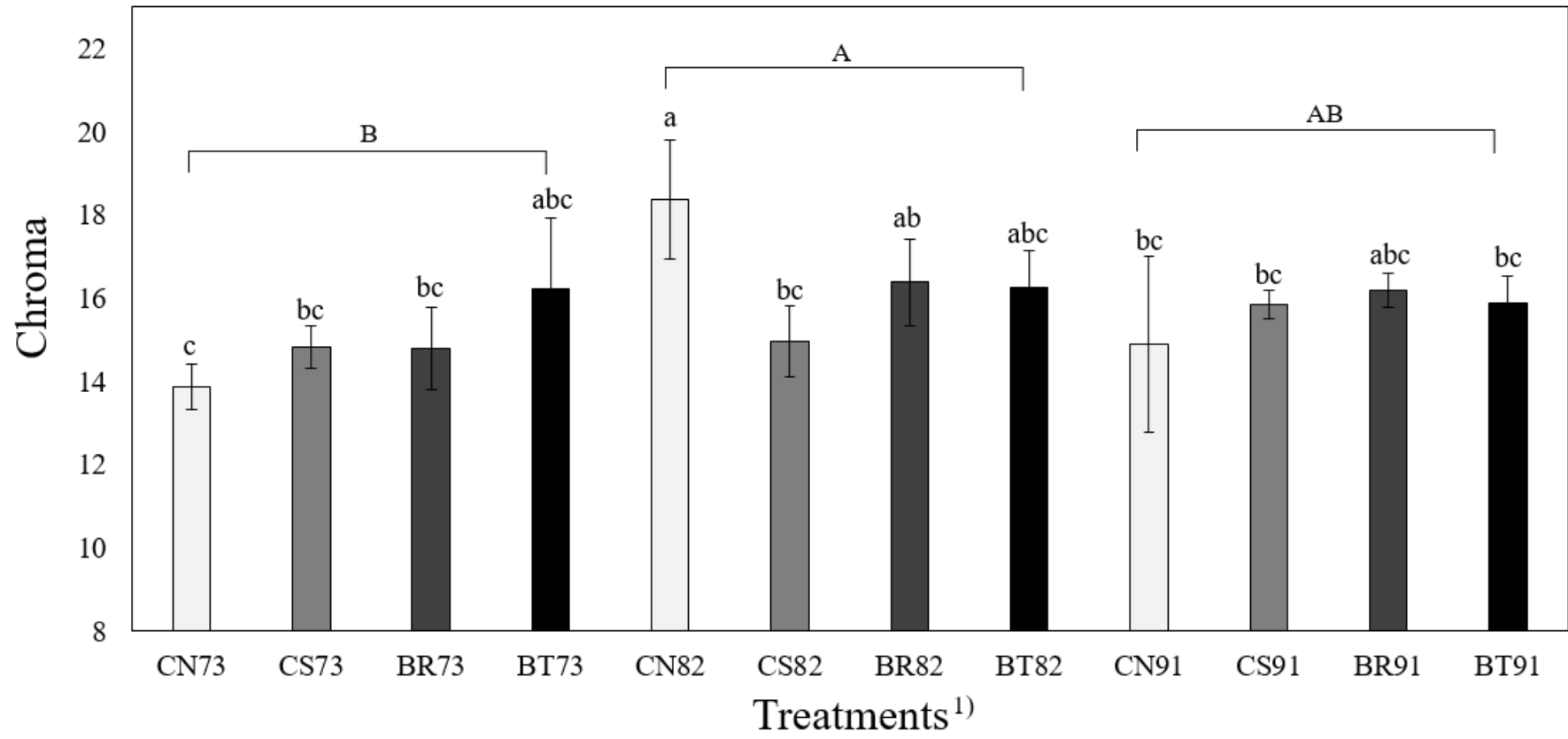


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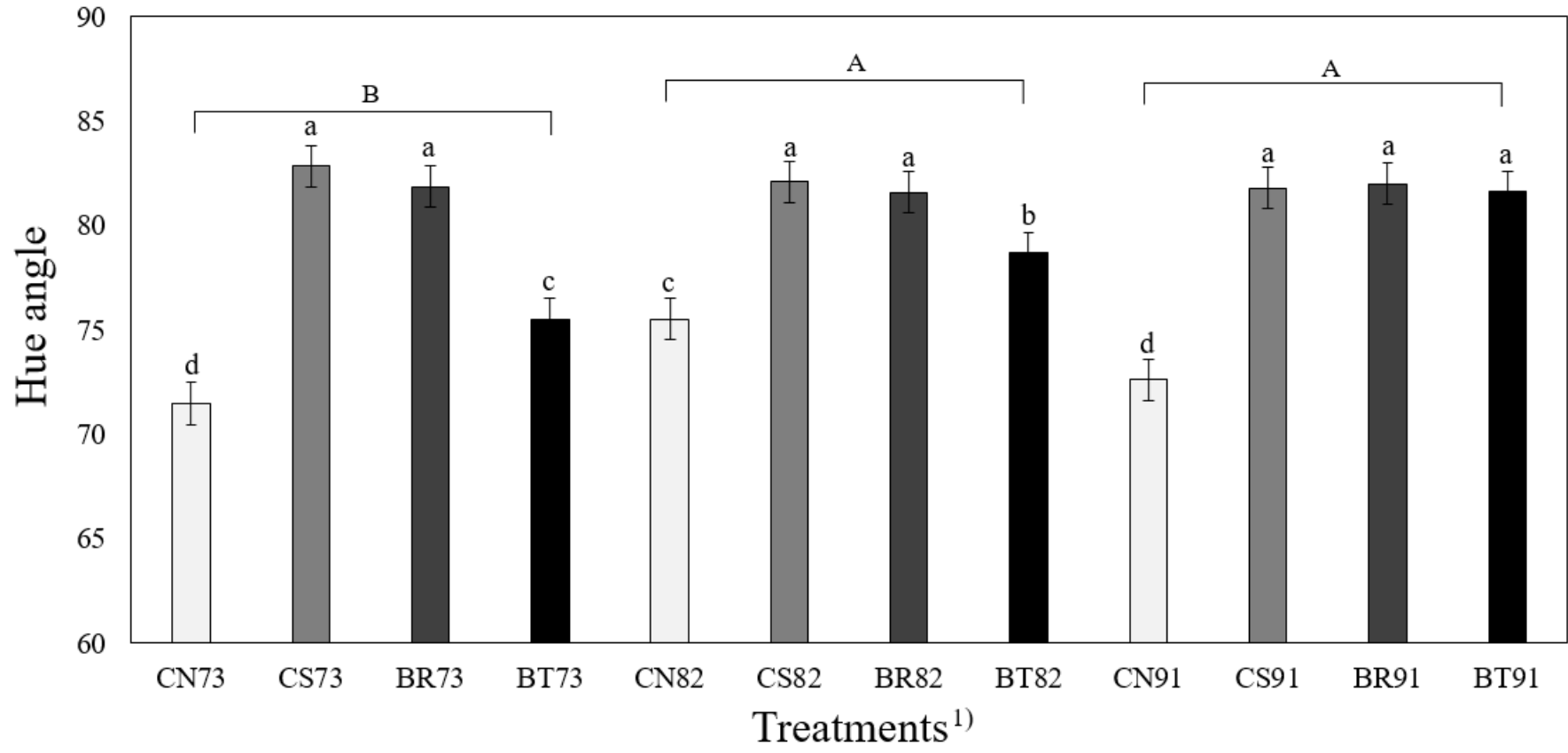


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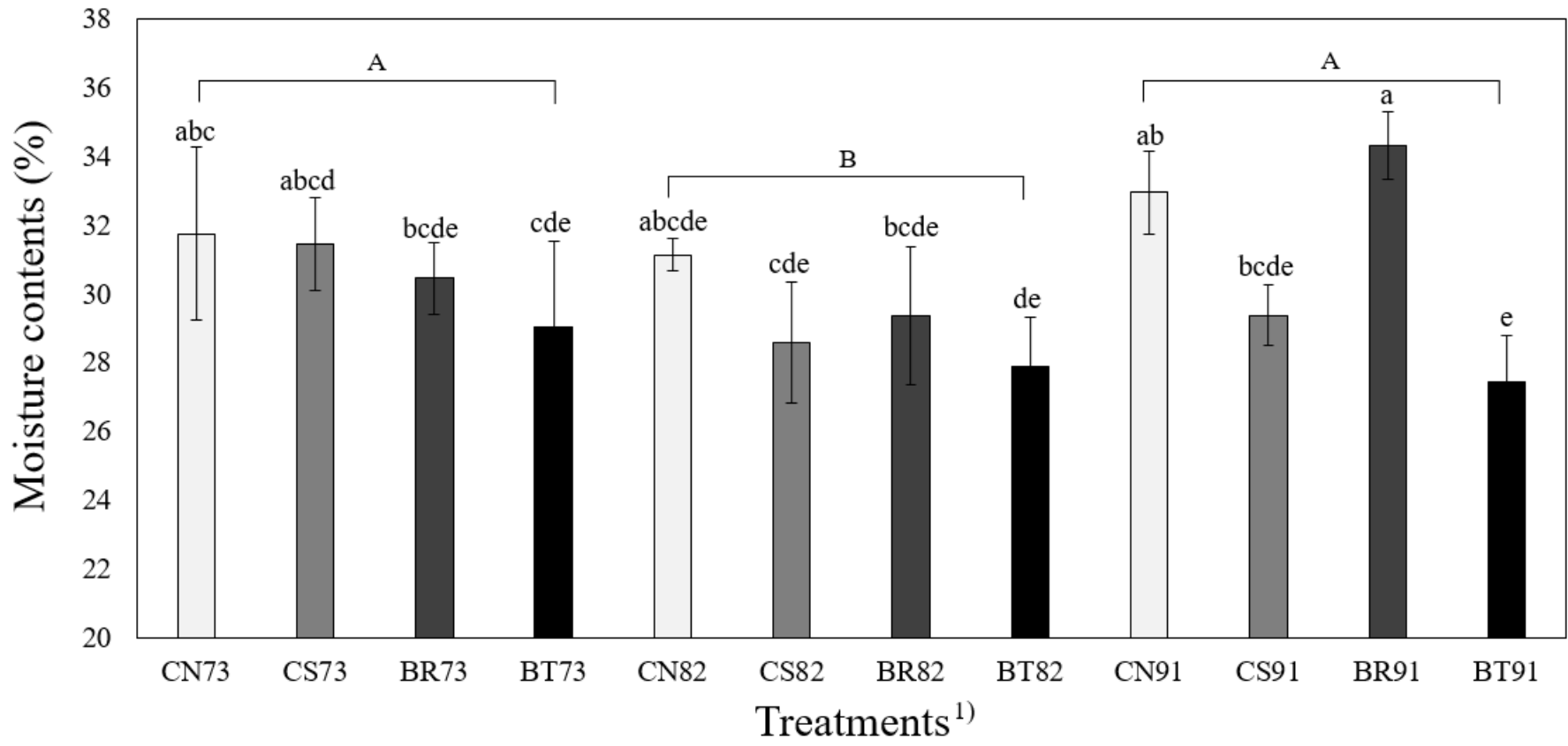


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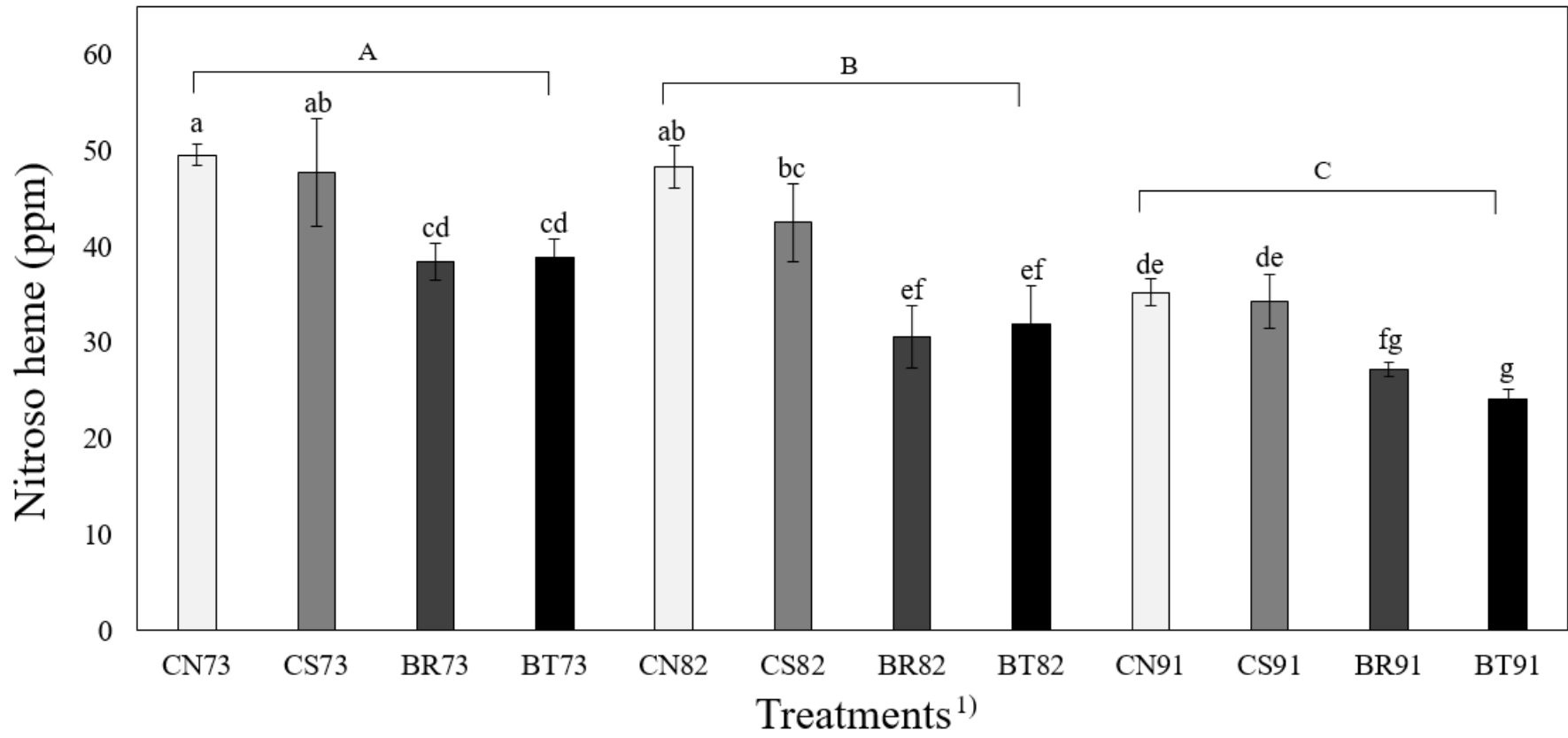


Figure 3.

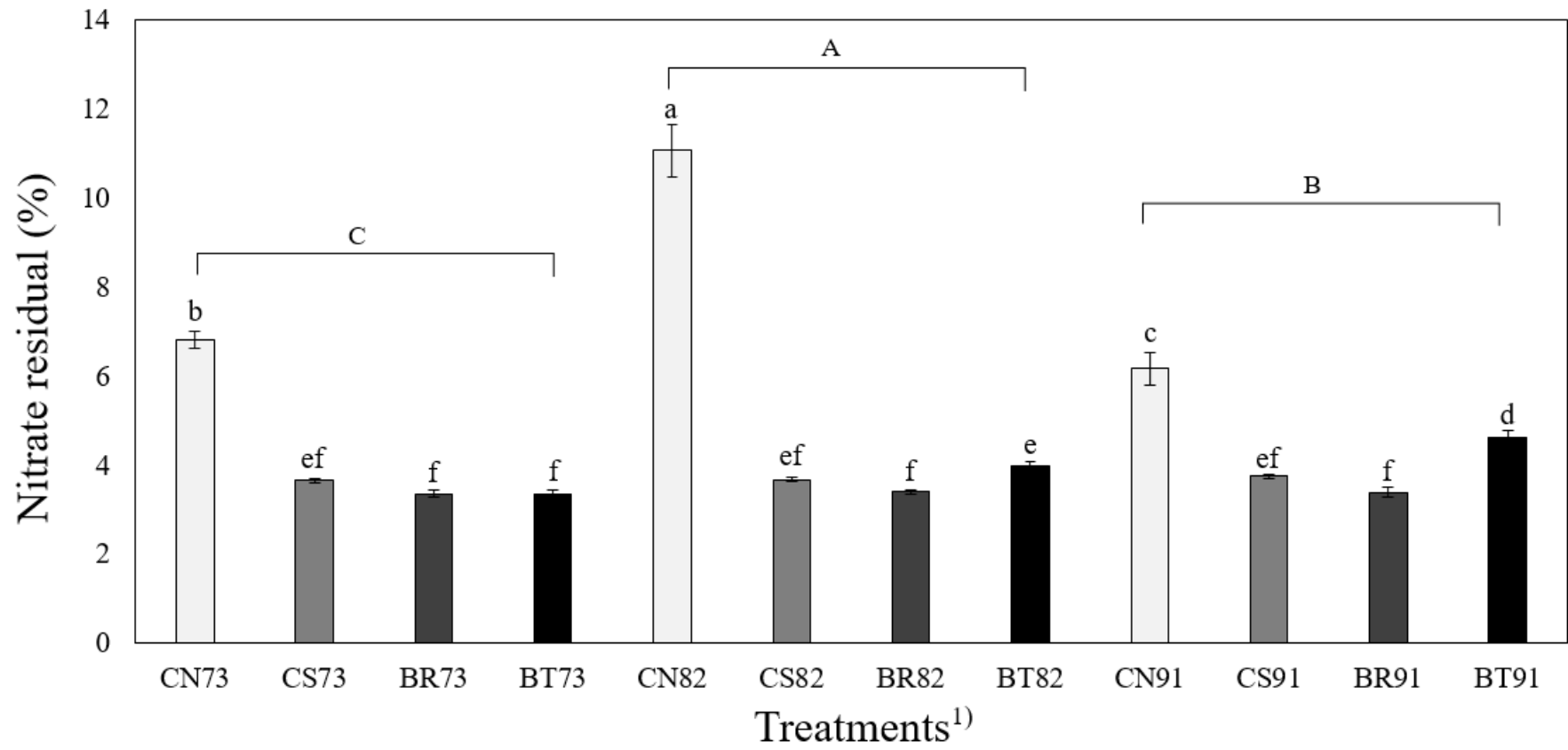


Figure 4.