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Original research

10 **Title: Raw animal meats as potential sources of *Clostridium difficile* in Al-Jouf, Saudi**

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14 **Abbreviations:** **CDI:** *Clostridium difficile* infection; ***C. difficile:*** *Clostridium difficile*;

15 **CDMN:** *Clostridium difficile* Moxalactam Norfloxacin; **CLSI:** Clinical and laboratory

16 standards institute; **E-tests:** Epsilon tests; **EUCAST:** European committee for antimicrobial

17 susceptibility testing; **MIC:** minimum inhibitory concentration.

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32 **Abstract**

33 *Clostridium difficile* (*C. difficile*) present in feces of food animals may contaminate their
34 meats and act as a potential source of *C. difficile* infection (CDI) to humans. *C. difficile*
35 resistance to antibiotics, its production of toxins and spores play major roles in the
36 pathogenesis of CDI. This is the first study to evaluate *C. difficile* prevalence in retail raw
37 animal meats, its antibiotics susceptibilities and toxigenic activities in Al-Jouf, Saudi Arabia.
38 Totally, 240 meat samples were tested. *C. difficile* was identified by standard microbiological
39 and biochemical methods. Vitek-2 compact system confirmed *C. difficile* isolates were 15/
40 240 (6.3%). Toxins A/B were not detected by Xpect *C. difficile* toxin A/B tests. Although all
41 isolates were susceptible to vancomycin and metronidazole, variable degrees of reduced
42 susceptibilities to moxifloxacin, clindamycin or tetracycline antibiotics were detected by
43 Epsilon tests. *C. difficile* strains with reduced susceptibility to antibiotics should be
44 investigated. Variability between the worldwide reported *C. difficile* contamination levels
45 could be due to absence of a gold standard procedure for its isolation. Establishment of a
46 unified testing algorithm for *C. difficile* detection in food products is definitely essential to
47 evaluate the inter-regional variation in its prevalence on national and international levels.
48 Proper use of antimicrobials during animal husbandry is crucial to control the selective drug
49 pressure on *C. difficile* strains associated with food animals. Investigating the protective or
50 pathogenic potential of non-toxigenic *C. difficile* strains and the possibility of gene transfer
51 from certain toxigenic/antibiotics-resistant to non-toxigenic/antibiotics-sensitive strains,
52 respectively, should be worthy of attention.

53

54 **Keywords:** Animal meat, Diarrhea, Pseudomembranous colitis, Resistance, Spores.

55

56 **Introduction**

57

58 *Clostridium difficile* (*C. difficile*) is a dangerous organism that is responsible for 15%–30%
59 of antibiotic associated diarrhea cases around the world (Hampikyan *et al.* 2018). Many
60 important risk factors such as improper use of antibiotics, reduced immunity and advanced
61 age of the host may facilitate acquiring of *C. difficile* infection (CDI) (Rupnik *et al.* 2009).
62 Centers for Disease Control and Prevention listed *C. difficile* between the most dangerous
63 three urgent emerging multi-antibiotics resistant pathogens (Mooyottu *et al.* 2015). The
64 infected persons may suffer from mild diarrhea, pseudo-membranous colitis, toxic
65 megacolon or even death (ECDC 2018).

66

67 Lawson *et al.* (2016) reclassified *C. difficile* as *Clostridioides difficile* which is an anaerobic,
68 Gram-positive, spore-forming bacterium. It grows best at 35–40°C (Dawson *et al.* 2009).
69 Surviving of *C. difficile* spores on the surfaces for long times and their resistance to many
70 disinfectants are important factors that favor spreading of the organism (Weese 2010). The
71 spores, if contaminated the meat from food handlers during slaughtering or from the infected
72 animals, may survive for two hours at 71°C, so they are not be killed by cooking (Rodriguez
73 *et al.* 2013).

74

75 There is change in *C. difficile* epidemiology with increasing incidence, severity, relapses of
76 CDI in humans after the emergence of the novel hypervirulent strains, as 078 and 027
77 ribotypes, in North America and Europe (Smits *et al.* 2016). Young non-hospitalized persons,
78 who were earlier considered as a low-risk group, now can be affected by CDI. Furthermore,
79 in Netherlands and USA there are remarkable rates of probable community-acquired CDI
80 (Abdel-Glil *et al.* 2018).

81

82 The human carrier rates of *C. difficile* vary from high percent (15%) in Japan to low percent
83 (0–3%) in Europe (Mulligan 2008). Similarly, animals can act as carriers for *C. difficile*
84 (Keessen 2011). Therefore, *C. difficile* can contaminate soil, foods and water through feces,
85 and this could suggest a possible method of transmission to humans resulting in CDI (Abdel-
86 Glil *et al.* 2018).

87

88 If livestock are potential sources of *C. difficile*, food products contaminated with their feces
89 could be one of the transmission modes from infected or colonized animals to humans
90 through the food chain. It was reported that shedding of *C. difficile* during slaughtering of
91 animals and spillage of their gut contents during evisceration can result in accumulation of *C.*
92 *difficile* spores within the slaughterhouse environment leading to contamination of the animal
93 carcasses and meats (EFSA 2013).

94

95 CDI has a major cost impact with an estimated annual cost of U.S. \$3.2 billion (Zilberberg *et*
96 *al.* 2008). The prevalence rate of CDI among patients with diarrhea in Egypt is 23.6% (Abu
97 Faddan *et al.* 2016), in Lebanon is 65.2% (Moukhaiber *et al.* 2015) and in Jordan is 92.4% %
98 (Wadi *et al.* 2015). In Saudi Arabia, there is no published study about prevalence of CDI on a
99 national level, yet, few reports of single-center studies detected low rate of CDIs (Obaid and
100 Alhifany 2020). One of these studies reported 4.6% prevalence rate of CDI among patients
101 with diarrhea (Shehabi *et al.* 2015). Another study reported an increase in the prevalence rate
102 of healthcare-associated CDIs from 17% in 2001 to 20% in 2018 among all suspected
103 diarrheal stool tested (Al-Tawfiq *et al.* 2020).

104

105 Data about *C. difficile* susceptibility to antibiotics are important for better estimating the

106 organism's virulence and predicting its management plan (Peng *et al.* 2017). *C. difficile*
107 resistance to antibiotics and its production of toxins play major roles in the pathogenesis of
108 CDI (Kuehne *et al.* 2011). Vancomycin and metronidazole were recommended as a treatment
109 of CDI (Debast *et al.* 2014; Cho *et al.* 2020). Moreover, clindamycin, tetracycline and
110 moxifloxacin are among the most significant risk antibiotics for developing of CDI (Teng *et*
111 *al.* 2019). Recently, concerns about the prophylactic and therapeutic use of many antibiotics,
112 such as vancomycin, metronidazole and fluoroquinolones, in butchery animal husbandry to
113 promote their growth have gradually increased (Muratoglu *et al.* 2020).

114

115 Toxins are the most important virulence factors responsible for CDI in addition to other
116 factors (Janoir 2016). Toxin A is an enterotoxin that can lead to accumulation of fluids in
117 colon of many animal models. Toxin B is a cytotoxin that can lead to inflammation and
118 damage of mucosa of the colon (Voth and Ballard 2005). These two toxins with their
119 regulatory genes are chromosomally encoded in a specific pathogenicity locus (*PaLoc*) that is
120 absent in the non-toxigenic strains (Martin-Verstraete *et al.* 2016). It should be noted that
121 approximately 11% of the *C. difficile* genome is made up of mobile genetic elements that
122 could facilitate modulation of toxin gene expression, the transfer of antibiotic resistance or
123 toxin genes and the conversion of toxin non-producers into toxigenic strains (Mooyottu *et al.*
124 2015; Peng *et al.* 2017).

125

126 A better understanding of *C. difficile* transmission from animals to humans is required all
127 over the world. Information on *C. difficile* isolation and characterization from many animal
128 meat products has amplified quickly in different countries and populations; however, such
129 information is not sufficient in Saudi Arabia. As far as I know, this is the first study to

130 determine the prevalence of *C. difficile* in raw camel, cow, sheep, and goat meats that were
131 collected from Sakaka, Al-Jouf, Saudi Arabia and to evaluate the isolates' antibiotics
132 sensitivity patterns and toxigenic activities.

133

134

135

136 **Materials and methods**

137

138 *Collection of samples*

139 Bioethical approval was obtained from the local committee of bioethics (LCBE) of Jouf
140 University, Saudi Arabia, (approval No: 07-02/41). A cross-sectional study was conducted to
141 collect 240 raw animal meat samples (60 from camels, 60 from cows, 60 from sheep, and 60
142 from goats) in October and November of the year 2019. The samples were randomly
143 purchased (by simple random sampling procedure; flipping a coin) from 25 retail outlets
144 (butcher shops, markets and supermarkets) in Sakaka, Al-Jouf, Saudi Arabia. Each sample, at
145 least 100 g weight, was collected in a sterile bag, and transported in an icebox to
146 microbiology laboratory for processing.

147

148 *Isolation and identification of C. difficile*

149 The samples were processed using aseptic techniques to avoid their contamination as
150 described by Weese and colleagues (Weese *et al.* 2009). Briefly, 25 g from each sample was
151 homogenized by hand massaging for 5 min with 25 mL of sterile phosphate buffered peptone
152 (PBP) inside a sterile bag. From the prepared homogenate, 1 mL was mixed with 9 mL of *C.*
153 *difficile* Moxalactam Norfloxacin (CDMN) broth (Oxoid, Hampshire, UK) with 0.1% sodium

154 taurocholate then incubated at 37 °C anaerobically for 7 days by using anaerobic jars with
155 gas packs and anaerobic indicators (Oxoid, Hampshire, UK). Selection of spores was done by
156 alcohol shock as the following; 1 mL of CDMN broth culture was mixed with equal volume
157 of anhydrous ethanol, incubated for 1 h at ambient temperature, centrifuged for 10 min at
158 1,792 g, the supernatant was discarded then the pellet was inoculated on CDMN agar by
159 using a sterile swab then incubated at 37 °C anaerobically for 72 h. Suspicious growth on the
160 CDMN agar was subcultured into thioglycolate broth then incubation at 37 °C under
161 anaerobic conditions for 72 h. Likewise, suspicious growth on the CDMN agar was
162 subcultured on blood agar. After incubation under anaerobic conditions at 37 °C for 72 h,
163 suspected colonies were examined by the standard microbiological and biochemical
164 techniques including colony morphology and odor testing and Gram staining.

165

166 ***Confirmation of C. difficile***

167 Suspected colonies (greyish white with horse manure odor and revealing Gram-positive
168 bacilli) were examined by L-proline aminopeptidase and *C. difficile* test kits (Oxoid,
169 Hampshire, UK) as per the manufacturer's instructions. The positive isolates were confirmed
170 by Vitek-2 compact system (BioMérieux, Marcy l'Etoile, France). A control positive
171 reference strain (ATCC 9689) was included in all steps (Oxoid, Hampshire, UK) (ECDC
172 2018).

173

174

175 ***Toxins A/B detection***

176 Toxins A/B production by the confirmed *C. difficile* isolates was evaluated by Xpect CD
177 Toxin A/B test (Oxoid, Hampshire, UK) according to the supplier's manual. Triplicate

178 testing was done for each isolate. Briefly, thioglycolate broth of isolates was incubated at 37 °C
179 anaerobically for 24 h. Sufficient volume of the broth culture was mixed with an equal
180 volume of brain heart infusion (BHI) broth and incubated anaerobically at 37 °C for 72 h
181 then used to detect the toxins (ECDC 2018). *C. difficile* ATCC 9689 (Oxoid, Hampshire, UK)
182 was used as a positive control strain (toxigenic A⁺/B⁺/CDT⁻).

183

184 ***Antibiotic susceptibility testing***

185 The Vitek-2-confirmed *C. difficile* isolates susceptibility/resistance to vancomycin,
186 metronidazole, tetracycline, clindamycin and moxifloxacin antibiotics was evaluated by
187 Epsilon tests (E-tests, BioMérieux, Marcy l'Etoile, France) according to the manufacturer's
188 manual. *C. difficile* ATCC 9689 (Oxoid, Hampshire, UK) was used as a positive control
189 reference strain. Triplicate testing was performed for each isolate. The isolates were
190 inoculated on brucella agar (Oxoid, Hampshire, UK) supplemented with 5.0% sheep blood.
191 Two minimum inhibition concentration (MIC) evaluator strips were placed on the agar then
192 the plates were incubated at 37 °C anaerobically for 72 h. Vancomycin MIC values were
193 compared with the European committee for antimicrobial susceptibility testing (EUCAST
194 2019) breakpoints, while MIC values of metronidazole, tetracycline, clindamycin and
195 moxifloxacin were compared with the clinical and laboratory standards institute (CLSI)
196 breakpoints (CLSI 2019).

197

198 ***Data analysis***

199 *C. difficile* prevalence was compared between animal meat types by Chi-square and Fisher
200 exact tests. Statistical significance was considered at p<0.05.

201

202 **Results**

203

204 Contamination of raw animal meats by *C. difficile* was screened in 240 meat samples. One
205 hundred isolates were suspected (greyish white, rounded with a distinctive horse manure
206 odor on CDMN agar). Fifty-five of them were positive by L-proline aminopeptidase and *C.*
207 *difficile* test kits. *C. difficile* was confirmed by Vitek-2 compact system from 15/240 (6.3%)
208 raw animal meat samples. Furthermore, Other *Clostridium* species were identified (Table 1).
209 A Statistical significance ($p=0.019$) was detected in *C. difficile* prevalence between different
210 animal meat samples (Table 2). It was clear that contamination of cow meats is more
211 prevalent followed by camel meats.

212

213 Although all Vitek-2 compact system-confirmed *C. difficile* isolates were susceptible to
214 vancomycin and metronidazole antibiotics, some isolates were intermediate/resistant to
215 tetracycline, clindamycin or moxifloxacin with variable degrees (Table 3). Toxins (A and B)
216 were not detected among all confirmed *C. difficile* isolates.

217

218 **Discussion**

219

220 Food contamination with feces of colonized or infected livestock animals could be one of the
221 transmission routes of *C. difficile* from animals to humans via the food chain. *C. difficile* has
222 been detected in a wide range food, from beef (Rodriguez *et al.* 2014), pork (Rodriguez *et al.*
223 2016), chicken meats (de Boer 2014; Taha 2021) to raw milk (Romano *et al.* 2018),
224 vegetables (Eckert *et al.* 2013) and seafood (Troiano *et al.* 2015), taken directly from the
225 grocery stores worldwide. The presence of *C. difficile* spores in these end products can be

226 explained by initial contamination of their raw materials, cross-contamination during their
227 industry or production of the spores during their processing (Gauvry *et al.* 2016). In the
228 domestic environment, spores present in refrigerators and on kitchen surfaces can
229 contaminate the food products (Weese *et al.* 2010).

230

231 Variable methods and culturing techniques can be used for *C. difficile* detection in food
232 products due to absence of a gold standard procedure. The variability in the methodologies
233 preclude the data comparison from different studies (Rupnik and Songer 2010). In the current
234 study, only 15 *C. difficile* isolates were confirmed by the Vitek-2 compact system among 240
235 tested raw animal meat samples. In addition, Other *Clostridium* species (most of them were *C.*
236 *bifermentans* and *C. sordellii*) that displayed similar growth characters and colony
237 morphology on CDMN agar were detected (Table 1). Similarly, Limbago *et al.* (2012)
238 reported many *Clostridia* with similar growth characters on CDMN agar, as *C. cadaveris*, *C.*
239 *sporogenes*, *C. bifermentans*, *C. perfringens*, *C. septicum*, *C. difficile* and some other
240 unidentified *Clostridia*. These *Clostridia* may cross-react with *C. difficile* during its
241 identification by L-proline aminopeptidase and *C. difficile* test kits. Consequently, in the
242 conducted study, confirmation was done by Vitek-2 compact system with including a
243 particular positive control reference strain of *C. difficile* (ATCC 9689) in each experiment.
244 Other studies used Api 20A (Kouassi *et al.* 2014), API Rapid ID 32A (Troiano *et al.* 2015) or
245 molecular (Bakri 2018; Romano *et al.* 2018; Zhang *et al.* 2019; Usui *et al.* 2020) tests to
246 confirm *C. difficile* isolates.

247

248 In the conducted study, the detected contamination level of raw animal meats by *C. difficile*

249 was low (6.3 %). Many previous studies from different countries reported a contamination
250 level of animal meats by *C. difficile* lower than 9% (Jöbstl *et al.* 2010; De Boer *et al.* 2011;
251 Quesada-Gómez *et al.* 2013; Esfandiari *et al.* 2014a, Esfandiari *et al.* 2014b, Rodriguez *et al.*
252 2014; Varshney *et al.* 2014; Esfandiari *et al.* 2015; Lund and Peck 2015; Bakri 2018).
253 Contrary to these results, Bouttier *et al.* (2010) in France and Pires *et al.* (2018) in Brazil,
254 reported that they did not detect any *C. difficile* isolate from 59 and 80 animal meat samples,
255 respectively. On the other hand, higher detection rates, up to 42% were reported by some
256 studies (Weese *et al.* 2009; Kouassi *et al.* 2014). Lund and Peck (2015) have reported a
257 higher rate (44%) in North America.

258
259 Among the reasons for variability in *C. difficile* detection rates may be the variability in the
260 methodologies used for enrichment, isolation, identification and confirmation of the isolates
261 (Lund and Peck 2015). Another reason may be the variability in the degree of meat samples
262 processing. Songer *et al.* (2009) have reported that uncooked meats were less commonly
263 contaminated by *C. difficile* than ready-to-eat meat products. Many studies have reported the
264 increase in *C. difficile* detection rates with more handling, grinding and processing due to
265 failure of most cleaning and sanitation practices to inactivate the spores that may accumulate
266 on more environmental surfaces with increasing the possibility of meat contamination
267 (Esfandiari *et al.* 2014b) (Varshney *et al.* 2014).

268
269 It was clear in the current study that contamination of cow meats is more prevalent followed
270 by camel meats. This might be due to more contact of humans with cows and camels on a
271 daily basis to get their milk. Furthermore, farmers keep cows most of the time in cowsheds

272 that are usually close to their houses and this increases the possibility of *C. difficile*
273 transmission between humans and cows.

274

275 Resistance of *C. difficile* to antibiotics plays an important role in development of CDI. The
276 most commonly reported risk factor for development of CDI in humans is the prolonged use
277 of antibiotics that could disrupt the colonic microbiota resulting in *C. difficile* overgrowth
278 (Kuehne *et al.* 2011). Fifteen confirmed *C. difficile* isolates were tested against five
279 antibiotics including vancomycin, metronidazole, tetracycline, clindamycin and moxifloxacin.
280 Tetracycline, clindamycin and moxifloxacin are major risk antibiotics for CDI development
281 (Teng *et al.* 2019). Vancomycin and metronidazole were recommended for treatment of
282 severe and non-severe CDIs, respectively (Debast *et al.* 2014). Recently, it was reported that
283 the use of metronidazole alone for treatment of non-severe CDIs is associated with higher
284 recurrence rates. Consequently, metronidazole was recommended for treatment of non-severe
285 CDIs only if vancomycin and fidaxomicin are not tolerated or unavailable. Fulminant cases
286 need combination of vancomycin with metronidazole (Cho *et al.* 2020).

287

288 Although all isolates in the conducted study were susceptible to vancomycin and
289 metronidazole antibiotics, variable degrees of reduced susceptibility to tetracycline,
290 clindamycin or moxifloxacin were detected in some isolates (Table 3). This result is in
291 agreement with Varshney *et al.* (2014) and Berger *et al.* (2020) who reported complete
292 susceptibility of *C. difficile* strains isolated from meat samples to vancomycin and
293 metronidazole. Furthermore, Freeman *et al.* (2015) reported the resistance to vancomycin and
294 metronidazole among 953 *C. difficile* isolates as 0.87 and 0.11 %, respectively. Moreover,
295 Muratoglu *et al.* (2020) and Taha (2021) detected only one out of 22 and 11 *C. difficile*

296 isolates was resistant to metronidazole, respectively. On the other hand, Ersoz and Cosansu
297 (2018) detected one tetracycline-vancomycin resistant *C. difficile* isolate recovered from
298 uncooked meatball and another metronidazole-vancomycin resistant *C. difficile* isolate
299 recovered from cooked meat sample.

300

301 The current study detected 4/15 clindamycin-intermediate, 6/15 moxifloxacin-intermediate
302 and 3/15 moxifloxacin-resistant *C. difficile* isolates. Berger *et al.* (2020) reported 2/80
303 clindamycin-resistant and 26/80 moxifloxacin-resistant isolates. The relative decrease in the
304 susceptibility of *C. difficile* to moxifloxacin might be cross-resistance with other
305 fluoroquinolones which might be used for treatment of multiple gastrointestinal infections.

306

307 The variability of reported results regarding antibiotic susceptibility of *C. difficile* isolates
308 from animal meat origins can be explained by exposure of the food animals to different
309 antibiotics during farm rearing or differences in the genetic characters of the strains.

310

311 The toxins A and B were not detected in the broth cultures of the 15 confirmed *C. difficile*
312 isolates. This result is consistent with the results of two studies in which 100.00 % of *C.*
313 *difficile* isolates detected in animal meats were non-toxigenic (Mooyottu *et al.* 2015; Ersoz
314 and Cosansu 2018). Furthermore, some studies reported predominance of the non-toxigenic
315 *C. difficile* isolates at rates 66.70 % and 76.30 % (Jöbstl *et al.* 2010; Wu *et al.* 2017),
316 respectively. In contrast, some researchers reported that majority of the *C. difficile* isolates
317 were toxigenic at rates 78.50, and 88.80 % (Rodriguez *et al.* 2014; Bakri 2018), respectively.

318 In addition, some reports detected 100.00 % toxigenic *C. difficile* isolates (Bouttier *et al.*
319 2010; Esfandiari *et al.* 2014a; Esfandiari *et al.* 2014b; Muratoglu *et al.* 2020).

320

321 Some reports considered the existence of non-toxigenic *C. difficile* strains in meat products
322 could be a potential public health problem by generation of toxigenic strains through
323 horizontal gene transfer (Mooyottu *et al.* 2015; Peng *et al.* 2017). On the other hand, other
324 reports considered non-toxigenic *C. difficile* strains isolated from samples of human,
325 environmental or animal origin, including food products, are non-pathogenic. Furthermore,
326 some reports proved a protective role of colonization by these non-toxigenic strains against
327 the toxigenic ones in the hamster model (Janoir 2016).

328

329 More studies in animal models and humans are needed to evaluate the protective or
330 pathogenic potential of non-toxigenic *C. difficile* strains and to examine the possibility
331 acquiring the *PaLoc* genes by toxin-negative strains to express clinically relevant levels of
332 toxins.

333

334 **Conclusion**

335 A better understanding of *C. difficile* contamination of animal meats is required to assess
336 their role in CDIs all over the world. As far as I know, the conducted study is the first one in
337 Al-Jouf region, Saudi Arabia, to evaluate this possibility. The study detected a low
338 contamination level by non-toxigenic strains with different degrees of reduced susceptibility
339 to some antibiotics. Variability between the worldwide reported *C. difficile* contamination
340 levels could be due to absence of a gold standard procedure for its isolation. The

341 establishment of a unified screening and testing algorithm for *C. difficile* detection in food
342 products is definitely essential to evaluate the inter-regional variation in its prevalence on
343 national and international levels. It is highly recommended to include and compare *C.*
344 *difficile* susceptibility/resistance data in future studies and combine these data with nucleic
345 acid amplification testing for better understanding of its virulence and suspecting its best
346 empirical treatment. Proper use of antimicrobials during butchery animal husbandry is crucial
347 to control the selective drug pressure on *C. difficile* strains associated with food animals.
348 Investigating the protective or pathogenic potential of non-toxigenic *C. difficile* strains and
349 the possibility of gene transfer from certain toxigenic and antibiotics-resistant strains to non-
350 toxigenic and antibiotics-sensitive strains, respectively, should be worthy of attention to
351 avoid CDI especially for persons who are immune-compromised or on broad spectrum
352 antibiotics for long periods.

353

354

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364

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TABLES560 **Table 1. Results of isolates identification by Vitek-2 compact system**

Identification result	Number of isolates
<i>Clostridium difficile</i>	15
<i>Clostridium bifermentans</i>	4
<i>Clostridium sordellii</i>	4
<i>Clostridium tertium</i>	2
<i>Clostridium baratii</i>	1
<i>Clostridium glycollicum</i>	1
<i>Clostridium ramosum</i>	1
<i>Clostridium septicum</i>	1
Non-Clostridium	8
Unidentified	18
Total	55

561 The sample size was calculated on line
562 (<https://www.surveysystem.com/sscalc.htm#one>) with confidence interval 6.32 at 95%
563 confidence level and 250000 Sakaka populations.

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567 **Table 2. Prevalence of *Clostridium difficile* in different animal meat**
 568 **samples**

Sample type	Number of samples collected	<i>C. difficile</i> positive samples: Number (%)
Cow meat	60	8 (13.3 %) *
Camel meat	60	5 (8.3 %)
Sheep meat	60	1 (1.7 %)
Goat meat	60	1 (1.7 %)
Total	240	15 (6.3 %)

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570 * The chi-square statistic is 9.88. The P-value is 0.019. The result is significant at $P \leq 0.05$. It
 571 was clear that contamination of cow meats is more prevalent followed by camel meats.

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Table 3. Minimum inhibitory concentration (MIC) values of selected antibiotics against *C. difficile* isolates by E-tests

Antibiotics	MIC($\mu\text{g/mL}$) breakpoints			Number of <i>C. difficile</i> isolates			MIC values ($\mu\text{g/mL}$) of <i>C. difficile</i> isolates and control															
	S	I	R	S (%)	I (%)	R (%)	Isolate (1)	Isolate (2)	Isolate (3)	Isolate (4)	Isolate (5)	Isolate (6)	Isolate (7)	Isolate (8)	Isolate (9)	Isolate (10)	Isolate (11)	Isolate (12)	Isolate (13)	Isolate (14)	Isolate (15)	ATCC 9689
Vancomycin¹⁾	≤ 2	-	> 2	15 (100%)	0 (0%)	0 (0%)	0.5	1.0	0.5	0.5	0.25	0.25	1.0	0.25	2.0	0.5	1.0	1.0	0.5	0.25	0.25	0.5
Metronidazole²⁾	≤ 8	16	≥ 32	15 (100%)	0 (0%)	0 (0%)	0.5	0.5	0.25	1.0	0.03	8.0	0.5	1.0	0.5	0.5	0.06	4.0	8.0	0.25	1.0	2.0
Tetracycline²⁾	≤ 4	8	≥ 16	10 (66.7%)	5 (33.3%)	0 (0%)	8.0	0.25	0.015	0.25	4.0	8.0	2.0	0.03	8.0	0.03	8.0	0.015	0.06	8.0	4.0	4.0
Clindamycin²⁾	≤ 2	4	≥ 8	11 (73.3%)	4 (26.7%)	0 (0%)	0.5	4.0	4.0	2.0	4.0	0.5	1.0	4.0	2.0	1.0	0.25	0.25	0.25	1.0	0.25	1.0
Moxifloxacin²⁾	≤ 2	4	≥ 8	6 (40.0%)	6 (40.0%)	3 (20.0%)	0.5	4.0	8.0	4.0	8.0	0.25	4.0	0.25	0.25	4.0	1.0	4.0	8.0	4.0	0.25	2.0

MIC, minimum inhibitory concentration; S, sensitive; I, intermediate; R, resistant.

¹⁾ The breakpoints defined by European Committee for Antimicrobial Susceptibility Testing (EUCAST).

²⁾ The breakpoints defined by Clinical and Laboratory Standards Institute (CLSI).