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Effect of postmortem phases on lamb meat quality: A

11 physicochemical, microstructural and water mobility approach

12 Abstract

To investigate the effect of postmortem phases on lamb meat quality, the 13 14 physicochemical quality, microstructure and water mobility of oyster cut, short loin, knuckle and silverside muscles from Small-Tail Han sheep were evaluated in the 15 pre-rigor, rigor mortis and post-rigor phases. Pre-rigor lamb meat had higher pH and 16 water holding capacity, whereas lower CIE L*, b*, hue angle values than rigor mortis 1718 and post-rigor meat (p<0.05). The Warner-Bratzler shear force values were higher in rigor mortis short loin and silverside than their pre-rigor and post-rigor counterparts, 19 pre-rigor short loin had lower Warner-Bratzler shear force value than its post-rigor 20 21 counterpart (p<0.05). Muscle fibers shrank laterally and longitudinally during the onset of rigor mortis. Rigor mortis and post-rigor lamb meat exhibited wide I-bands, 22 dark A-bands, short sarcomeres and large inter-myofibrillar spaces. The shift of 23 immobilized water to free water and repulsion from the intra-myofibrillar space to the 24 extracellular space result in the increase of water loss in rigor mortis and post-rigor 25 26 lamb meat. The results of the principal component analysis (PCA) indicated that rigor mortis and post-rigor lamb meat had similar quality properties but different from 27 28 pre-rigor lamb meat. In conclusion, the lamb meat in the pre-rigor phase had good tenderness, color and water holding capacity. The results of this research could 29 30 provide some theoretical references for lamb meat production and processing.

31 Keywords: lamb meat quality, pre-rigor, rigor mortis, post-rigor, microstructure

32 1. Introduction

Lamb meat is one of the most popular meat in many countries of the world, and 33 34 the consumption of lamb meat is increasing globally (Suleman et al., 2020). The consumption patterns of lamb meat are very diverse in different regions around the 35 world (Nam et al., 2010). In the U.S., Australia and other Western places, the 36 37 commercial abattoirs commonly use chilling procedure to produce aged lamb meat, with aging time commonly from 5 to 28 days and even longer (Colle et al., 2016; 38 Geesink et al., 2011; Kim et al., 2018; Xiao et al., 2020). However, consumers in 39 some Eastern countries, such as China, prefer pre-rigor meat, which is ubiquitous in 40 Chinese commercial abattoirs (Xiao et al., 2020). Without aging process, pre-rigor 41 meat requires less cooler space, electricity consumption and capital investment (Lang 42 43 et al., 2016; Sukumaran et al., 2018).

The conversion of muscle to meat and subsequent aging involve complex energy 44 metabolism, biochemical and physiological changes, including the pre-rigor, rigor 45 mortis and post-rigor phases (Lawrie and Ledward, 2017; Xiao et al., 2020). 46 Generally, the pH of lamb muscle declines to ultimate pH at 24 h postmortem, with 47 48 the muscle fibers enter rigor and the muscle stiffness occurs, complete rigor mortis was attained (Lawrie and Ledward, 2017). During subsequent aging process, with the 49 50 degradation of cytoskeletal proteins and the increase of sarcomere length, the muscle tension decreased (resolution of rigor mortis) (Lawrie and Ledward, 2017). Xiao et al. 51 52 (2020) reported that before 12 h postmortem the lamb topside muscle was in the pre-rigor phase, 12-24 h postmortem was in the rigor mortis phase, 3-7 days 53

postmortem was in the post-rigor phase according to the pH and Warner-Bratzler
shear force (WBSF) values.

56 The process of rigor mortis and resolution of muscle could affect the meat quality significantly (Lawrie and Ledward, 2017; Xiao et al., 2020). Wheeler and 57 58 Koohmaraie (1994) reported that the WBSF of ovine longissimus muscle increased 59 from 5.10 kg at 3 h postmortem (per-rigor) to 8.66 kg at 24 h postmortem (rigor mortis), and then decreased to 4.36 kg by 72 h postmortem (post-rigor). Wu et al. 60 61 (1995) found that pre-rigor bovine *stemomandibularis* muscle was more tender than 62 post-rigor control muscle cooked to 70°C internally. The amount of free water increased during rigor mortis and resolution, which caused an accumulation of water 63 on the cut surface and higher drip loss (Devine et al., 2014). Meat tenderness, color 64 65 and water holding capacity (WHC) are main quality traits concerned by consumers and meat industry (Li et al., 2020). To date, the quality properties of rigor mortis and 66 post-rigor meat have been systematically investigated (Colle et al., 2016; Lawrie and 67 Ledward, 2017; Pearce et al., 2011). However, little is known about the quality 68 properties of per-rigor lamb meat. Therefore, the aim of this research was to 69 70 investigate the physicochemical quality and microstructure of pre-rigor (45 min postmortem), rigor mortis (24 h postmortem) and post-rigor (72 h postmortem) lamb 71 72 meat, and the principal component analysis (PCA) method were used to compare and analyze the differences of quality properties of lamb meat in different stages of 73 74 postmortem.

75 2. Materials and methods

76 2.1 Animals and cuts collection

Fifty-four male sheep carcasses (8 months of age, Small-Tail Han sheep) with 77 78 the same feeding system (drylot feeding with the same commercial diet) were 79 randomly collected at a local commercial abattoir in Hebei, China. The Small-Tail 80 Han sheep is a predominant local sheep variety and widely raised in many provinces 81 of China, which originated from Mongolia Sheep and carefully cultivated for a long 82 time in northern China (Li et al., 2018). The 54 carcasses were allocated randomly to three groups for sampling in pre-rigor (45 min postmortem), rigor mortis (24 h 83 84 postmortem) and post-rigor (72 h postmortem) with 18 carcasses in each group. All of the carcasses were hot-deboned, about 200 g of meat sample was obtained from the 85 oyster cut (a mixture of subscapularis, infraspinatus, teres minor and supraspinatus), 86 87 short loin (longissimus thoracis et lumborum), knuckle (quadriceps femoris) and silverside (a mixture of biceps femoris and semitendinosus) in the right side of the 88 lamb carcasses immediately after slaughter. After trimming the external fat and 89 connective tissue, each sample was dissected into two sections. One section was 90 wrapped in polyethylene cling film and placed in a chiller (~4°C) used for pH, color 91 92 and microstructure analysis; the other section was vacuum packed (the average packaged weight was 128.63±8.28 g), frozen (at 45 min postmortem or after 93 refrigerating at 4°C for 24 or 72 h) and stored at -35°C for further WHC and WBSF 94 95 measurements.

96 2.2 pH measurement

97

The pH measurement was preformed using a portable pH meter (Testo 205, Testo,

98	Lenzkirch, Germany). The glass probe of the pH meter was directly inserted into the
99	center of the samples after calibrating with pH 4.00 and pH 7.00 standard buffers. For
100	each sample, four measurements were made at different positions, and the average
101	value was used for further analysis.
102	2.3 Color measurement
103	The cut surface was exposed in the air for 30-40 min at ~4 °C to allow blooming
104	prior to color determination. The color analysis was conducted by a portable
105	colorimeter (Minolta CR-400, Konica Minolta Optics, Inc.) according to Calnan et al.
106	(2016). The lightness (CIE L*), redness (CIE a*) and yellowness (CIE b*) of the
107	samples were recorded, and the parameters hue angle and Chroma were calculated by
108	the equations $\tan^{-1}(b^*/a^*)$ and $\sqrt{a^{*2} + b^{*2}}$, respectively.
109	2.4 Water holding capacity (WHC) analysis
110	2.4.1 Thawing loss
111	Frozen samples (128.63±8.28 g) were thawed at 4°C for 16 h, thawing loss was
112	expressed as a percentage of weight loss before and after thawing (Li et al., 2012).
113	2.4.2 Cooking loss and total moisture loss

The cooking loss of the samples was determined according to the procedure described by Hopkins et al. (2010). Briefly, thawed samples were dissected into blocks with the weight of 65 g, placed inside polyethylene bags and cooked for 35 min in 71°C water-bath. Cooking loss was expressed as a percentage of weight loss before and after cooking. Total moisture loss was the sum of thawing loss and cooking 119 loss.

120 2.4.3 Low-field nuclear magnetic resonance (LF-NMR) analysis

¹H NMR transverse relaxation times (T_{2b} , T_{21} , T_{22}) and their corresponding water 121 populations (P_{2b}, P₂₁, P₂₂) measurements were conducted on an NMR analyzer 122 (NM120-040H-1, Niumag Electric Corporation, Shanghai, China) by using the 123 124 Carr-Purcell-Meiboom-Gill (CPMG) sequences (Li et al., 2014). After thawed at 4°C for 16 h, the samples were cut into $3 \times 1 \times 1$ cm parallel to the orientation of muscle 125fiber, placed in a plastic tube and inserted into the NMR probe. The analysis was 126 performed at 32°C. The spectrometer frequency was 20 MHz, and the τ value (time 127 between 90° pulse and 180° pulse) was 100 μ s. The repetition time between the two 128 succeeding scans was 1,500 ms. Data were acquired as 8 scan repetitions for each 129 sample. The data were expressed by using the software of MultiExp Invert Analysis 130 4.6 (Niumag Electric Corporation, Shanghai, China). 131

132 2.5 Warner-Bratzler shear force (WBSF) measurement

The WBSF measurement was preformed using a texture analyzer (TA-XT plus, Stable Micro System, UK) equipped with an HDP/BSW probe. Briefly, after cooking loss determination, the samples were cooled at 4°C overnight, and each sample was cut into 6 to 8 cubes (1 cm² cross section) parallel to the orientation of muscle fiber and sheared by the texture analyzer. The average peak force of the subsamples was calculated and the shear force was expressed as N /cm².

139 2.6 Muscle microstructure analysis

140 2.6.1 Scanning electron microscope (SEM)

The meat samples in different stages of postmortem were dissected into $2 \times 2 \times 3$ mm parallel to the orientation of muscle fiber and fixed overnight in 2.5% glutaraldehyde, then rinsed for 1 h with distilled water and dehydrated with graded ethanol. Dried samples were sputter-coated with gold and observed with SEM (SU8010, Hitachi, Japan) at a magnification of $500 \times$ (Qian et al., 2020).

146 2.6.2 Transmission electron microscope (TEM)

The samples were cut into $1 \times 1 \times 3$ mm and fixed overnight in 2.5% glutaraldehyde, then post-fixed with 1% OsO4 and washed with 0.1 M phosphate buffer, followed by dehydration in ethanol. After embedded in spur resin, meat sections were prepared using the Leica ultramicrotome, and then stained with uranyl acetate and lead citrate and observed under TEM (H-7500, Hitachi, Japan) at a magnification of 15,000 × (Lang et al., 2016). The pictures were analyzed by using the software of Image-Pro Plus 6.0 (Media Cybernetics, USA).

154 **2.7. Statistical analysis**

The data analyses were conducted using SPSS 25.0 (IBM, USA) and Origin 2021b software (OriginLab, USA). The mean values of the variables were analysed by one-way ANOVA and Duncan-multiple range test, least significant differences (p< 0.05) were reported. The postmortem phases and cuts were considered as the fixed effects, and animals as the random effect. The principal component analysis (PCA) of the variables were done by the PCA package of Origin.

161 **3. Results**

162 **3.1 pH**

163	As shown in Table 1, the pH of lamb oyster cut, short loin, knuckle and silverside
164	declined from 6.50-6.58 in pre-rigor to 5.63-5.92 in rigor mortis (p<0.05), and then
165	remained stable from rigor mortis to post-rigor (p>0.05). Short loin (5.63) and
166	silverside (5.64) had lower ultimate pH than oyster cut (5.86) and knuckle (5.92) at 24
167	h postmortem (p<0.05).

168 3.2 Color

The L*, b* and hue angle values were significantly higher in rigor mortis and post-rigor cuts than their pre-rigor counterparts (p<0.05, Table 1). Pre-rigor meat had lower a* value than rigor mortis meat in the four cuts (p<0.05), whereas pre-rigor and post-rigor meat had similar a* value in short loin and silverside cuts (p>0.05).

173 **3.3 Water holding capacity (WHC)**

As shown in Table 2, rigor mortis cuts had the highest thawing loss, followed by post-rigor cuts, whereas pre-rigor cuts had the lowest thawing loss (p<0.05). The thawing loss of rigor mortis cuts (oyster cut, 4.02%; short loin, 8.21%; knuckle, 3.18%; silverside, 6.14%) were almost twice as much as their pre-rigor counterparts (2.31%, 4.11%, 1.73% and 3.79%, respectively). Similarly, compare with rigor mortis cuts, pre-rigor cuts also had less total moisture loss (p<0.05), there was no significant difference of cooking loss between pre-rigor and rigor mortis cuts (p>0.05).

Pre-rigor cuts had higher NMR T_2 relaxation time of immobilized water (T_{21}) compared with rigor mortis cuts (p<0.05), and the T_{21} of pre-rigor short loin, knuckle and silverside were higher than those of post-rigor cuts (p<0.05). The proton populations of immobilized water (P_{21}) in short loin and silverside decreased by 185 0.26% and 0.79%, meanwhile, the proton population of free water (P_{22}) in short loin 186 increased by 0.51% during the onset of rigor mortis (p<0.05).

187 3.4 Warner-Bratzler shear force (WBSF)

As shown in Figure. 1, WBSF values were higher in rigor mortis meat than in pre-rigor and post-rigor meat for all cuts except oyster cut (p<0.05). For short loin, pre-rigor meat had lower WBSF than post-rigor meat (pre-rigor, 58.10 N; post-rigor, 69.49 N; p<0.05). However, for other cuts no different were found between pre-rigor and post-rigor meat (p>0.05). Oyster cut had the lowest WBSF values than other cuts in different stages of postmortem (p<0.05).

194 3.5 Micro- and ultra-structure

Micro- and ultra-structure of the lamb samples in the pre-rigor, rigor mortis and 195 post-rigor phases are showed in Fig. 2 and 3. Compared to pre-rigor cuts, significant 196 shrinkage of muscle fibers and the gaps formation among muscle fibers can be seen in 197 rigor mortis and post-rigor cuts (Fig. 2). From pre-rigor to post-rigor, the diameters of 198 muscle fiber of oyster cut, short loin, knuckle and silverside decreased from 33.30, 199 37.60, 34.36 and 44.91 µm to 29.34, 28.1, 27.24 and 30.64 µm, respectively (p<0.05, 200 201 Fig. 4A). Pre-rigor cuts exhibited an intact structure and long sarcomere. During the onset of rigor mortis, the sarcomere shrank laterally and longitudinally (Fig. 3). Rigor 202 203 mortis and post-rigor meat exhibited wide I-bands, dark A-bands, short sarcomeres and large inter-myofibrillar spaces. Degradation of Z-lines occurred in post-rigor cuts. 204 205 From pre-rigor to post-rigor, the length of sarcomere of oyster cut, short loin, knuckle and silverside decreased from 1.57, 1.45, 1.52, 1.56 µm to 1.37, 1.20, 1.34 and 1.30 206

207 μm, respectively (p<0.05, Fig. 4B).

208 3.6 Principal component analysis (PCA)

From the result of the PCA, 62.2% of the total variability was explained by the 209 two first principal components (PCs) with 37.5% explained by PC1 and 24.7% 210 211 explained by PC2. The PC1 was positively related with L*, b* and hue angle, whereas 212 negatively related with pH. T₂₁ relaxation time constant had a strongly positive 213 influence on PC2, whereas WBSF and thawing loss were negatively related to PC2. From the PCA score plot (Fig. 5B), there was a clear separation of pre-rigor cuts from 214 rigor mortis and post-rigor cuts. Pre-rigor cuts were present in the negative side of 215 PC1 characterized by higher pH and lower water loss, whereas rigor mortis and 216 post-rigor sample were in the positive PC1 axis characterized by higher L*, b* and 217 218 water loss. The score plot highlighted that rigor mortis and post-rigor cuts had similar characteristics but different from pre-rigor cuts (Fig. 5B and Supplementary Fig. S1 to 219 220 S4).

221 **4.** Discussion

4.1 Differential postmortem glycolysis in pre-rigor, rigor mortis and post-rigor resultin different meat quality

The conversion of muscle to meat during the postmortem period involves complex energy metabolism and biochemical reaction in pre-rigor, rigor mortis and post-rigor (Lawrie and Ledward, 2017; Pearce et al., 2011). Following exsanguination, the skeletal muscle lacks the oxygen supplied to produce ATP through oxidative metabolism. Glycolysis becomes the overarching pathway to produce ATP in the 229 postmortem period, and the accumulation of lactic acid causes pH decline and acidification of muscle (Lawrie and Ledward, 2017). Previous research studying in 230 231 Poll Dorset cross-bred sheep (Ithurralde et al., 2018), Mongolian and Small-Tail Han crossbreed lamb (Xiao et al., 2020) and other lamb breeds (Geesink et al., 2011; 232 233 Lawrie and Ledward, 2017) observed that the pH of lamb muscle declined from 6.5-7.0 to 5.6-6.0 during the onset of rigor mortis, and then remained stable during 234 subsequent aging process, which were in agreement with this study. The extent and 235 rate of pH decline postmortem could affect the WHC and color of meat (Pearce et al., 236 237 2011). In the rigor mortis phase, the pH close to the isoelectric point of myofibrillar proteins and the net charges between myofibrillar proteins decrease to near zero, 238 which results in the less ability of myofibrillar proteins to bind water molecules and 239 240 the increase of free extra-myofibrillar water within muscle (Ijaz et al., 2020). The high level of free water could be associated with the increase of water loss and the decrease 241 of WHC (Khan et al., 2019). Under a low pH, the denaturation of sarcoplasmic 242 proteins, as well as the increase of free water could facilitate light scattering and 243 reflectance, which could result in the high level of L* values in rigor mortis and 244 post-rigor cuts (Hughes et al., 2019; Ijaz et al., 2020). Dai et al. (2013) reported that 245 the denaturation and precipitation of sarcoplasmic proteins to the myofibrils resulted 246 247 in a decrease of WHC and an increase of lightness in pork M. longissimus dorsi muscle. 248

4.2 Various muscle contraction in pre-rigor, rigor mortis and post-rigor generate the
variety of meat quality

251	Postmortem glycolysis and pH decline result in the longitudinal shortening of
252	sarcomeres and lateral shrinkage of myofibrils (Ertbjerg and Puolanne, 2017; Hughes
253	et al., 2019; Lana and Zolla, 2016). From pre-rigor to rigor mortis, the diameter of
254	muscle fiber of oyster cut, short loin, knuckle and silverside decreased by 11.53%,
255	23.32%, 23.25% and 36.45%, respectively; similarly, sarcomere length in those cuts
256	decreased by 22.10%, 15.11%, 13.29% and 19.89%, respectively. The sarcomere
257	length of ovine longissimus thoracis et lumborum and bovine semitendinosus
258	decreased by 24.55% Wheeler et al. (1994) and 55.56% Stromer et al. (1967) during
259	the onset of rigor mortis, which were in agreement with this study.

260 The structure of the muscle could affect the achromatic color of meat through affecting the extent of scattering, reflectance, transmission and absorption of light 261 when the light passes through muscle fibers. The more scattering and reflection of 262 light, meanwhile, the less absorption and transmission into the muscle structure 263 contributing to pale meat (Hughes et al., 2019). In this study, L* values increased 264 gradually from pre-rigor to post-rigor. Rigor mortis and post-rigor cuts had higher L* 265 values than pre-rigor cuts. The increase of L* could be related to transverse shrinkage 266 of muscle fibers, extracellular space formation and light scattering increase (Ertbjerg 267 and Puolanne, 2017; Hughes et al., 2019; Pearce et al., 2011). Offer and Cousins 268 (1992) observed that the gaps between beef sternomandibularis muscle fibers formed 269 270 and enlarged at 24 to 48 h postmortem, which was consistent with this study. Hughes 271 et al. (2019) reported that the shrinkage of muscle fibers had a positive effect on the increase of light scattering. Ijaz et al. (2020) reported that the increase of L* value in 272

273 beef longissimus thoracis et lumborum during postmortem storage period might attribute to the degradation of proteins by enzymes, which caused a weaken of protein 274 275 structure and increased light dispersion. The increase of b* and hue angle values from pre-rigor to post-rigor in this study could be due to myoglobin oxidation and 276 277 metmyoglobin accumulation, which was associated with brown and unattractive color 278 of meat (Jeong et al., 2009; Suman and Joseph, 2013). Post-rigor cuts had high level of b* and hue angle values, which could cause a deviation of red hue and less 279 desirable color of meat. 280

In this study, higher WBSF value was observed in rigor mortis cuts than in 281 pre-rigor and post-rigor cuts. Sarcomere length is a critical indicator of meat 282 tenderness, the decrease of sarcomere length leads to the increase of meat toughness 283 (Chaosap et al., 2020). Wheeler et al. (1994) observed that the WBSF of ovine 284 longissimus thoracis et lumborum increased from 5.1 kg at 3 h postmortem to 8.66 kg 285 at 24 h postmortem, while the sarcomere length decreased from 2.24 µm to 1.69 µm. 286 Xiao et al. (2020) reported that the WBSF values of roasted topsides of Mongolian 287 and Small-Tail Han crossbreed lamb increased gradually from 8.74 kg to 11.38 kg 288 289 during the onset of rigor mortis and then decreased to 4.58 kg at 7 d postmortem. The shrinkage of muscle fibers was related to higher amount of myofibrillar proteins and 290 291 collagen per unit area of shear therefore tough meat (Fabre et al., 2018).

Rigor mortis cuts had higher total moisture loss than pre-rigor and post-rigor cuts, the thawing loss of rigor mortis cuts were almost twice as much as their pre-rigor counterparts in this study. The low level of WHC in rigor mortis cuts could associate

with the contraction of muscle during the postmortem period. The lateral shrinkage of 295 myofibrils as the muscle entered rigor caused a decrease of myofilament lattice 296 297 spacing (Huff-Lonergan and Lonergan, 2005). The decrease of space among the 298 myofilaments results in an expulsion of water from intra-myofibrillar to 299 extra-myofibrillar, where the water could be easily lost from meat (Ertbjerg et al., 300 2017; Ijaz et al., 2020; Pearce et al., 2011). However, the degradation of cytoskeletal proteins and swelling of the muscle cells during subsequent aging could improve 301 WHC of post-rigor cuts (Hughes et al., 2014; Pearce et al., 2011). 302

4.3 Distinct water states in pre-rigor, rigor mortis and post-rigor result in different
 meat quality

The various distribution and mobility of myowater during the conversion of 305 306 muscle to meat is a possible reason of the dissimilarities of the WHC in pre-rigor, rigor mortis and post-rigor cuts (Pearce et al., 2011). In this study, rigor mortis cuts 307 had lower T₂₁ relaxation time constant and WHC compared with pre-rigor and 308 post-rigor cuts. The proton populations of immobilized water (P₂₁) in rigor mortis 309 ovster cut, short loin and silverside were lower than their pre-rigor and post-rigor 310 311 counterparts, whereas the proton population of free water (P_{22}) increased during the onset of rigor mortis. These results were in agreement with Wu et al. (2006) who 312 reported that the decrease of T₂₁ in pork longissimus dorsi muscle was associated with 313 the shrinkage of myofibrils and the loss of water. Wu et al. (2007) reported a link 314 315 between WHC and T₂₁ in pork meat. The higher percentage of cooking loss, whereas lower T₂₁ were observed in PSE (pale, soft, and exudative) meat than in normal and 316

DFD (dry, firm, and dark) meat. Transverse relaxation time constant of water proton 317 associated with the interaction between water molecules and proteins or other 318 319 macromolecules in the muscle structure. Lower T₂ of proton suggests higher potential 320 to reach a proton sink for the water molecules and lower mobility of water (Pearce et 321 al., 2011; Shao et al., 2016). The partially shift of immobilized water to free water and 322 repulsion from the intra-myofibrillar space to the extracellular space could be a possible reason for the low level of T_{21} and P_{21} of meat (Bertram et al., 2002; Khan et 323 al., 2014; Wu et al., 2007). The increase of P22 indicates the increase of free 324 extra-myofibrillar water in muscle (Pearce et al., 2011). It is hypothesized that the 325 myowater volume in extra-myofibrillar space increased 1.6-fold during the onset of 326 rigor mortis (Huff-Lonergan et al., 2005). The increase of the amount of free water 327 328 within muscle resulted in an accumulation of water on the cut surface and lower WHC in rigor mortis meat than in pre-rigor meat (Devine et al., 2014). 329

5. Conclusion

Pre-rigor lamb meat had lower L*, b*, hue angle and WBSF values, whereas 331 higher water holding capacity than rigor mortis and post-rigor lamb meat. Oyster cut 332 333 and knuckle had higher ultimate pH, L* and water holding capacity than short loin and silverside. Distinct glycolysis, muscle contraction and water mobility could 334 335 partially explain the differences of quality properties of lamb meat in different stages of postmortem. Therefore, pre-rigor lamb meat with short postmortem conditioning 336 337 time had good tenderness, color and water holding capacity. The results of this study could provide some theoretical references for lamb meat sector to produce high 338

quality meat, meanwhile, to reduce cooler space and energy consumption and
 accelerate the turnover of meat.

341 **Declaration of Competing Interest**

342 The authors declare no conflicts of interest.

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455 **Table legends**

Table 1 pH and color values of lamb oyster cut, short loin, knuckle and silverside
in the pre-rigor, rigor mortis and post-rigor phases. Data were recorded as mean
± SD. A-C: Means with different letters indicate significant difference (p<0.05)
between postmortem phases in the same cut. a-c: Means with different letters indicate
significant difference (p<0.05) between cuts in the same postmortem phase.

463 (T_{2b}, T₂₁ and T₂₂) and corresponding proton populations (P_{2b}, P₂₁ and P₂₂) of 464 lamb oyster cut, short loin, knuckle and silverside in the pre-rigor, rigor mortis 465 and post-rigor phases. Data were recorded as mean \pm SD. A-C: Means with 466 different letters indicate significant difference (p<0.05) between postmortem phases in 467 the same cut. a-c: Means with different letters indicate significant difference (p<0.05) 468 between cuts in the same postmortem phase.

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Table 1

D	Destauranteuranteura			N	
Parameters	Postmortem phases	Oveter out	Short loin	Knucklo	Silverside
	Dro rigor	6 50 ± 0 20Åa	6 54+0 16 ^{Aa}	6 52+0 20 ^{Aa}	6 58 + 0 18Aa
11		0.30 ± 0.20	$0.34\pm0.10^{\text{Bb}}$	0.33 ± 0.20	0.38±0.18
рн	Rigor morus	5.80±0.13 ^{Ba}	5.03 ± 0.10^{20}	5.92 ± 0.17^{Ba}	5.04 ± 0.07^{Bb}
	Post-rigor	5.96±0.27 ^{Ba}	5.63±0.11 ^{B0}	5.88±0.17 ^{Ba}	5.69±0.13 ^{Bb}
	Pre-rigor	$31.60 \pm 1.74^{\text{Ca}}$	28.01±1.28 ^{BC}	30.1±1.56 ^{bb}	27.57 ± 1.52^{BC}
CIE L*	Rigor mortis	37.95±2.17 ^{ва}	35.48±1.73 ^{Ab}	35.91±2.11 ^{Ab}	34.99±1.76 ^{Ab}
	Post-rigor	39.44±1.82 ^{Aa}	36.36±1.72 ^{Abc}	37.08±2.18 ^{Ab}	35.29±1.42 ^{Ac}
	Pre-rigor	13.30±1.20 ^{ва}	12.15±10.03 ^{Bb}	12.53±1.51 ^{Bab}	12.53±1.11 ^{Bab}
CIE a*	Rigor mortis	14.78±10.09 ^{Aa}	13.17±0.95 ^{Ab}	14.79±1.33 ^{Aa}	14.20±1.33 ^{Aa}
	Post-rigor	14.81±1.32 ^{Aa}	12.5±0.94 ^{ABb}	14.67 ± 1.80^{Aa}	12.31±0.85 ^{Bb}
	Pre-rigor	2.20 ± 0.51^{Ca}	$1.77 \pm 0.41^{\text{Cb}}$	1.94 ± 0.51^{Cab}	1.91±0.39 ^{Cab}
CIE b*	Rigor mortis	4.91 ± 0.57^{Bb}	4.85 ± 0.57^{Bb}	4.84 ± 0.95^{Bb}	5.58 ± 0.68^{Ba}
	Post-rigor	7.02 ± 0.91^{Aa}	6.72 ± 0.80^{Aa}	6.81±0.97 ^{Aa}	6.90±0.43 ^{Aa}
	Pre-rigor	9.49 ± 1.50^{Ca}	7.64±2.34 ^{Cb}	8.73 ± 1.42^{Cab}	$8.21{\pm}1.00^{Cab}$
Hue angle	Rigor mortis	18.31±1.80 ^{Bb}	21.64 ± 1.73^{Ba}	16.90 ± 1.64^{Bc}	21.29 ± 1.90^{Ba}
	Post-rigor	26.53±2.31 ^{Ab}	$29.19{\pm}1.84^{Aa}$	23.19 ± 2.07^{Ac}	29.15 ± 1.85^{Aa}
	Pre-rigor	13.34 ± 1.13^{Ba}	12.14±0.95 ^{Bb}	12.84±1.48 ^{Cab}	12.51 ± 0.97^{Cab}
Chroma	Rigor mortis	15.51±0.97 ^{Aa}	13.88±1.44 ^{Ab}	$15.46{\pm}1.46^{\text{Ba}}$	$15.42{\pm}1.31^{Aa}$
	Post-rigor	15.75 ± 1.12^{Ab}	13.83±1.23 ^{Ac}	$16.95{\pm}1.60^{Aa}$	14.18 ± 0.99^{Bc}
	Parameters pH CIE L* CIE a* CIE b* Hue angle Chroma	Parameters Postmortem phases Pre-rigor PH Rigor mortis Post-rigor CIE L* Rigor mortis Post-rigor CIE a* Rigor mortis Post-rigor CIE b* Rigor mortis Post-rigor Hue angle Rigor mortis Post-rigor Chroma Rigor mortis Post-rigor	Parameters Postmortem phases Oyster cut Pre-rigor 6.50±0.20 ^{Aa} pH Rigor mortis 5.86±0.13 ^{Ba} Post-rigor 5.96±0.27 ^{Ba} Pre-rigor 31.60±1.74 ^{Ca} CIE L* Rigor mortis 37.95±2.17 ^{Ba} Pre-rigor 39.44±1.82 ^{Aa} Pre-rigor Pre-rigor 13.30±1.20 ^{Ba} Post-rigor CIE a* Rigor mortis 14.78±10.09 ^{Aa} Pre-rigor 14.81±1.32 ^{Aa} Pre-rigor OIE b* Rigor mortis 4.91±0.57 ^{Bb} Post-rigor 7.02±0.91 ^{Aa} Pre-rigor Hue angle Rigor mortis 18.31±1.80 ^{Bb} Post-rigor 26.53±2.31 ^{Ab} Pre-rigor Pre-rigor 13.34±1.13 ^{Ba} Pre-rigor 13.34±1.13 ^{Ba} Chroma Rigor mortis 15.51±0.97 ^{Aa} Post-rigor 15.75±1.12 ^{Ab} Pre-rigor	Parameters Postmortem phases Oyster cut Short loin PH Rigor mortis 5.86±0.13 ^{Ba} 5.63±0.10 ^{Bb} Post-rigor 31.60±1.74 ^{Ca} 28.01±1.28 ^{Bc} CIE L* Rigor mortis 37.95±2.17 ^{Ba} 35.48±1.73 ^{Ab} Post-rigor 33.0±1.20 ^{Ba} 12.15±10.03 ^{Bb} 26.36±1.72 ^{Abc} Pre-rigor 13.30±1.20 ^{Ba} 12.15±10.03 ^{Bb} 21.5±0.03 ^{Bb} CIE a* Rigor mortis 14.78±10.09 ^{Aa} 13.17±0.95 ^{Ab} Pre-rigor 13.30±1.20 ^{Ba} 12.5±0.94 ^{Abb} Pre-rigor 2.0±0.51 ^{Ca} 1.77±0.41 ^{Cb} CIE b* Rigor mortis 4.91±0.57 ^{Bb} 4.85±0.57 ^{Bb} Post-rigor 9.49±1.50 ^{Ca} 7.64±2.34 ^{Cb} Hue angle Rigor mortis 18.31±1.80 ^{Bb} 21.64±1.73 ^{Ba} Post-rigor 13.34±1.13 ^{Ba} 12.14±0.95 ^{Bb} Chroma Rigor mortis 15.51±0.97 ^{Aa} 13.88±1.44 ^{Ab} Post-rigor 15.75±1.12 ^{Ab} 13.83±1.23 ^{Ac}	Parameters Postmortem phases Cuts Oyster cut Short loin Knuckle PH Rigor mortis 5.86±0.13 ^{Ba} 5.63:0.10 ^{Bb} 5.92±0.17 ^{Ba} Post-rigor 3.160±1.74 ^{Ca} 2.83:0.11 ^{Bb} 5.82±0.17 ^{Ba} 5.83:0.10 ^{Bb} 5.92±0.17 ^{Ba} OTE L* Rigor mortis 37.95±2.17 ^{Ba} 36.36±1.72 ^{Ab} 35.91±2.11 ^{Ab} Post-rigor 13.30±1.20 ^{Ba} 36.36±1.72 ^{Ab} 37.08±2.18 ^{Ab} OTE L* Rigor mortis 14.78±10.09 ^{Aa} 13.17±0.03 ^{Bb} 12.53±1.51 ^{Bab} CIE a* Rigor mortis 4.91±0.51 ^{Cb} 1.77±0.41 ^{Cb} 1.99±1.33 ^{Ab} OTE a* Rigor mortis 4.91±0.51 ^{Cb} 1.77±0.41 ^{Cb} 1.99±1.33 ^{Ab} CIE b* Rigor mortis 4.91±0.51 ^{Cb} 7.64±2.34 ^{Cb} 8.73±1.42 ^{Cb} Hue angle Rigor mortis 18.31±1.80 ^{Bb} 21.64±1.73 ^{Ba} 16.90±1.64 ^{Ba} Post-rigor 13.34±1.13 ^{Ab} 12.14±0.51 ^{Cb} 12.84±1.48 ^{Cb} 23.19±2.07 ^{Ac} Hue angle Rigor mortis 15.51±0.97 ^{Aa} 13.83±1.23 ^{Ab} 15.9±

Table 2

Parameters	Postmortem phases	Cuts				
		Oyster cut	Short loin	Knuckle	Silverside	
T I : 1	Pre-rigor	2.31 ± 0.60^{Bb}	4.11 ± 0.77^{Ca}	1.73 ± 0.53^{Bb}	$3.79{\pm}0.63^{Ba}$	
I nawing loss	Rigor mortis	$4.02{\pm}0.56^{Ac}$	$8.21{\pm}0.91^{Aa}$	$3.18{\pm}0.74^{Ad}$	$6.14{\pm}0.87^{Ab}$	
(%)	Post-rigor	2.18 ± 0.66^{Bc}	$5.91{\pm}1.44^{\text{Ba}}$	2.11 ± 0.79^{Bc}	$4.36{\pm}0.85^{Bb}$	
	Pre-rigor	$28.93{\pm}1.86^{Aa}$	$27.28{\pm}1.27^{Bb}$	28.98±2.00 ^{Aa}	$27.4{\pm}2.34^{Bb}$	
Cooking loss	Rigor mortis	$30.07 {\pm} 2.07^{Aa}$	$28.25{\pm}1.57^{Bb}$	29.93±20.08 ^{Aa}	$28.95{\pm}1.92^{ABab}$	
(%)	Post-rigor	30.29 ± 2.42^{Aab}	31.15±2.11 ^{Aa}	30.34±2.72 ^{Aab}	$29.21{\pm}2.28^{Ab}$	
T-4-1	Pre-rigor	$32.04{\pm}2.07^{Ba}$	$31.75 {\pm} 2.21^{Ba}$	$30.88 {\pm} 2.56^{Aa}$	$30.68{\pm}2.60^{Ca}$	
loss (9()	Rigor mortis	$34.39{\pm}2.91^{Ab}$	36.57±2.30 ^{Aa}	32.18±2.59 ^{Ac}	35.44 ± 2.48^{Aab}	
1088 (%)	Post-rigor	32.54 ± 2.59^{Bb}	37.29±2.34 ^{Aa}	32.16±2.66 ^{Ab}	33.34 ± 2.60^{Bb}	
	Pre-rigor	$0.39{\pm}0.10^{Bab}$	0.34 ± 0.07^{Abc}	0.30 ± 0.07^{Bc}	$0.42{\pm}0.09^{Aa}$	
$T_{2b}(ms)$	Rigor mortis	$0.50{\pm}0.15^{\mathrm{Aa}}$	0.38 ± 0.12^{Ab}	$0.43{\pm}0.18^{Aab}$	0.36 ± 0.10^{Ab}	
	Post-rigor	$0.46{\pm}0.09^{ABa}$	0.37 ± 0.11^{Aa}	$0.37 {\pm} 0.10^{ABa}$	0.46 ± 0.19^{Aa}	
	Pre-rigor	$54.74{\pm}2.81^{Aa}$	49.57±1.66 ^{Ac}	54.78±2.72 ^{Aa}	$51.48{\pm}2.47^{Ab}$	
T ₂₁ (ms)	Rigor mortis	50.60 ± 2.95^{Ba}	44.8 ± 2.79^{Bc}	50.72±1.63 ^{Ba}	$47.64{\pm}2.45^{Bb}$	
	Post-rigor	54.06 ± 3.13^{Aa}	46.17±2.96 ^{Bd}	51.60 ± 2.72^{Bb}	49.46 ± 1.98^{Bc}	
	Pre-rigor	$314.97 {\pm} 26.93^{Ca}$	267.94±15.48 ^{Ac}	299.26±22.69 ^{Bb}	$289.63{\pm}19.76^{Ab}$	
T ₂₂ (ms)	Rigor mortis	336.17 ± 21.13^{Bb}	276.25 ± 19.75^{Ad}	$365.59{\pm}45.68^{Aa}$	$302.19{\pm}12.88^{Ac}$	
	Post-rigor	366.2 ± 27.49^{Aa}	271.92±22.34 ^{Ac}	$361.19{\pm}26.80^{Aa}$	$299.81{\pm}22.27^{Ab}$	
	Pre-rigor	$4.80{\pm}0.72^{\rm Ab}$	5.61±0.57 ^{Aa}	$4.86{\pm}0.48^{\rm Ab}$	$5.19{\pm}0.80^{Aab}$	
$P_{2b}(\%)$	Rigor mortis	$4.09{\pm}0.51^{Bb}$	5.14 ± 0.89^{Aa}	$4.44{\pm}0.65^{ABb}$	$5.04{\pm}0.90^{Aa}$	
	Post-rigor	$4.00{\pm}0.34^{Ba}$	$4.18{\pm}1.41^{Ba}$	$4.08{\pm}0.62^{Ba}$	$4.22{\pm}0.84^{Ba}$	
	Pre-rigor	93.23 ± 0.69^{Aa}	$92.23{\pm}0.47^{Ab}$	$92.94{\pm}0.83^{Aa}$	$92.83{\pm}0.81^{Aa}$	
P ₂₁ (%)	Rigor mortis	$92.77{\pm}0.82^{Aa}$	$91.97 {\pm} 0.51^{Bb}$	93.05±1.05 ^{Aa}	$92.04{\pm}0.73^{Bb}$	
	Post-rigor	94.41±0.78 ^{Aa}	92.68±0.73 ^{Ac}	$93.71 {\pm} 0.71^{Ab}$	92.95±0.69 ^{Ad}	
	Pre-rigor	$2.28{\pm}0.64^{Aa}$	$2.22{\pm}0.53^{Ba}$	2.25 ± 0.89^{Aa}	$2.26{\pm}0.97^{\rm Aa}$	
P ₂₂ (%)	Rigor mortis	2.39±0.77 ^{Aa}	$2.73{\pm}0.72^{Aa}$	2.38±10.01 ^{Aa}	2.58 ± 0.90^{Aa}	
	Post-rigor	$1.44{\pm}0.38^{Bb}$	$1.95{\pm}0.52^{Ba}$	1.76±0.79 ^{Aab}	$2.15{\pm}0.61^{Aa}$	





Fig. 1. Warner-Bratzler shear force (WBSF) values of lamb oyster cut, short loin, knuckle and silverside in the pre-rigor, rigor mortis and post-rigor phases. Data were recorded as mean \pm SD. A-C: Means with different letters indicate significant difference (p<0.05) between postmortem phases in the same cut. a-c: Means with different letters indicate significant difference (p<0.05) between cuts in the same postmortem phase.



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510 Fig. 2. Scanning electron micrographs of lamb oyster cut, short loin, knuckle and

511 silverside in the pre-rigor, rigor mortis and post-rigor phases, (500 ×). Scale

512 bar=100 μm.



Fig. 3. Transmission electron micrographs of lamb oyster cut, short loin, knuckle
and silverside in the pre-rigor, rigor mortis and post-rigor phases, (1,5000×).
Scale bar=1µm.



Fig. 4. Muscle fiber diameter and sarcomere length of lamb oyster cut, short loin, knuckle and silverside in the pre-rigor, rigor mortis and post-rigor phases. A: muscle fiber diameter; B: sarcomere length. Data were recorded as mean \pm SD. A-C: Means with different letters indicate significant difference (p<0.05) between postmortem phases in the same cut. a-c: Means with different letters indicate significant difference (p<0.05) between cuts in the same postmortem phase.





528 Fig. 5. Principal component analysis for meat quality parameters of lamb meat

529 in the pre-rigor, rigor mortis and post-rigor phases. A: loading plot; B: score plot.

- 530 CL: cooking loss, TML: total moisture loss, TL: thawing loss.
- 531

532 Supplementary Material



534 S1 Principal component analysis for meat quality parameters of lamb oyster cut

535 in the pre-rigor, rigor mortis and post-rigor phases. A: loading plot; B: score plot.

536 CL: cooking loss, TML: total moisture loss, TL: thawing loss.

537





539 S2 Principal component analysis for meat quality parameters of lamb short loin

540 in the pre-rigor, rigor mortis and post-rigor phases. A: loading plot; B: score plot.

541 CL: cooking loss, TML: total moisture loss, TL: thawing loss.

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the pre-rigor, rigor mortis and post-rigor phases. A: loading plot; B: score plot. CL:
cooking loss, TML: total moisture loss, TL: thawing loss.





S4 Principal component analysis for meat quality parameters of lamb silverside
in the pre-rigor, rigor mortis and post-rigor phases. A: loading plot; B: score plot.
CL: cooking loss, TML: total moisture loss, TL: thawing loss.