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Running Title (within 10 words)	Addition Timing of Salts on the Pinking in Cooked Chicken
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9 **Abstract**

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11 The current study investigated the effects of timing of NaCl (2%) and sodium
12 tripolyphosphate (STPP, 0.5%) addition and cooking rates on color and pigment properties of
13 ground chicken breasts. Four treatments were tested as follows: treatment 1, no NaCl and
14 STPP added and stored for 7 d; treatment 2, NaCl + STPP added on 0 d and stored for 7 d;
15 treatment 3, NaCl added on 0 d and STPP added on 7 d; and treatment 4, stored for 7 d and
16 NaCl + STPP added. All samples were cooked at a fast (5.67 °C/min) or slow cooking rate
17 (2.16 °C/min). Regardless of the timing of NaCl and STPP addition, reflectance ratios of
18 nitrosyl hemochrome, cooking yield, pH values, oxidation-reduction potential, and percent
19 myoglobin denaturation were similar ($p>0.05$) across treatments 2, 3, and 4. The highest CIE
20 a^* values were observed in treatment 4 ($p<0.05$), while treatment 2 was effective in reducing
21 the redness in cooked chicken products. The fast cooking rate resulted in lower CIE a^* values
22 and higher CIE L^* values and cooking yield in cooked chicken breasts compared to the slow
23 cooking rate. Our results indicate that adding NaCl and STPP to meat, followed by storing and
24 cooking at a fast rate, may result in inhibiting the pink color defect sporadically occurred in
25 cooked ground chicken breasts.

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27 **Key words:** chicken breast, sodium chloride, sodium tripolyphosphate, pink color, cooking
28 rate

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Introduction

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Pink color defect is a quality issue that causes the uncooked pink appearance observed in fully cooked, uncured poultry meat products (Suman and Joseph, 2014). Although not a safety issue, it is recognized as a quality issue which is economically detrimental to meat processors (Friesen and Marcy, 2000). Many factors are responsible for the pink color of cooked meat, including nitrite or nitrate contamination, types and states of meat pigments, use of non-meat ingredients, cooking temperature, storage conditions, and irradiation treatment (Ahn and Maurer, 1987; Ahn and Maurer, 1989c; Cornforth et al., 1998; Claus et al., 1994; Claus and Jeong, 2018; Helmke and Froning, 1971; Howe et al., 1982; Mugler et al., 1970; Nam and Ahn, 2002a, b; Nash et al., 1985). Due to the numerous factors involved and the sporadic occurrence of pink color defect, previous studies attempted to eliminate or reduce the pink color defect using non-meat ingredients (Dobson and Cornforth, 1992; Kieffer et al., 2000; Sammel and Claus, 2003a, b; Sammel and Claus, 2006; Sammel and Claus, 2007; Schwarz et al., 1999; Slesinski et al., 2000a, b). These studies indicated that some non-meat ingredients were effective in reducing the pink color in the cooked products which resulted from the addition of pink color generating ligands (nitrite or nicotinamide) to the meat system. Slesinski et al., (2000a) reported that nonfat dry milk reduced CIE a* values in cooked turkey breasts containing 10 ppm sodium nitrite, while dairy proteins reduced CIE a* values in nicotinamide-treated samples. Sammel and Claus (2003a) found that 2% to 3% citric acid and 1.0% sodium citrate reduced the pink color developed by sodium nitrite and nicotinamide in ground turkey rolls, but unaffected the pink color of intact turkey breasts. However, these studies did not mimic the practical processing conditions that generated the naturally occurring pink color without pink generating ligands. Therefore, Claus and Jeong (2018) studied which conditions produced the most intensive pink color by simulating industrial

58 processing conditions via salt addition and storage to generate pink color naturally.

59 Phosphates, along with sodium chloride, are widely applied in the meat industry to increase
60 the capacity of meat proteins for binding and retaining water (Petracci et al., 2013; Sebranek,
61 2009). Phosphates affect the behavior and denaturation of meat pigments such as myoglobin,
62 hemoglobin, and cytochrome c during cooking. Ahn and Maurer (1989c) reported that
63 phosphate increased the heat stability of myoglobin and decreased that of cytochrome c by
64 increasing pH, whereas sodium chloride increased the heat stability of myoglobin and
65 hemoglobin significantly. Thus, addition time of sodium chloride and phosphate to ground
66 chicken breast may affect the naturally occurring pink color in cooked products. Cooking may
67 influence hemochrome formation and reducing conditions, contributing to the pink color of
68 cooked meat. Cornforth et al., (1986) found that nicotinamide denatured globin hemochromes
69 caused the pink defect in cooked turkey rolls. They also reported that reducing conditions
70 promoted hemochrome formation, while oxidizing conditions prevented it. Jeong and Claus
71 (2010) determined the ability to eliminate pink color associated with the storage of presalted
72 ground turkey with and without phosphate using pink inhibiting ligands at different cooking
73 rates. They found that a slow cooking rate reduced CIE a* values of cooked turkey breast in
74 absence of phosphate compared to a fast cooking rate, but the opposite result was observed in
75 the presence of phosphate. It is hypothesized that both the addition of NaCl and phosphate and
76 time of addition will affect the color and pigment characteristics related to the pink color
77 defect at different cooking rates. Therefore, this study investigated the occurrence of pink
78 color without pink generating ligands in cooked chicken breast, due to timing of NaCl and
79 phosphate addition and different cooking rates.

Materials and Methods

Processing and preparation

Fresh, skinless, and boneless chicken breasts (1 d postmortem) were obtained from a local processor (Kwangsung Food, Korea). Raw material was shipped in an insulated cooler and refrigerated (2-3°C) until used. Three separate replications of ground chicken breast were received and used immediately after arrival in this study. A total of 15 kg of raw chicken trimmings were used for each replication and ground using a chopper with a 0.3 cm plate (TC-22 elegant plus, Tre Spade, Valperga, Italy). The ground meat was randomly separated into four individual bathes (3 kg each) depending on the addition timing of NaCl and sodium tripolyphosphate (STPP) which included (Fig. 1): treatment 1, no NaCl and STPP added and stored for 7 d; treatment 2, NaCl + STPP added on 0 d and stored for 7 d; treatment 3, NaCl added on 0 d and STPP added on 7 d; and treatment 4, stored for 7 d and NaCl + STPP added. Except for treatment 1, at the time of salt addition (d 0, treatments 2 and 3; d 7, treatments 3 and 4), the ground meat was mixed with 2 % NaCl and/or 0.5% STPP of meat weight basis using a mixer (5K5SS, Whirlpool Inc., USA) for 5 min before being individually vacuum-packaged into polyethylene/nylon bags using a vacuum packaging machine (M6-TM, Leepack Co., Ltd., Korea) and stored under refrigeration (2-3°C) prior to being remixed and stuffed (Figure 1). After storage for 7 d, ground meat was remixed using a mixer (5K5SS, Whirlpool Inc., USA) for 5 min and then stuffed into conical centrifuge tubes (50 g each). These tubes were centrifuged at $2,000 \times g$ for 10 min (FELTA5, Hanil Science Corp., Korea) to remove air pockets. The tubes from each batch were further separated into two groups (fast cooking rate or slow cooking rate). The fast cooking (5.67 °C/min) was achieved by loading the tubes into a preheated 90°C water bath (CB60L, Dongwon Scientific Machinery Corp., Korea) and cooked to an internal endpoint temperature of 75°C. The slow cooking (2.16 °C/min) was

105 achieved by loading the tubes into a 50°C water bath and then immediately setting the water
106 bath to 90°C. The temperature was monitored by randomly placing four thermocouples
107 attached to a 4-channel digital thermometer (Tes-1384, Ketech Scientific Instrument Co., Ltd.,
108 Taiwan) in the center of extra samples throughout the water bath. After cooking, samples were
109 immediately cooled on ice for 20 min and stored at 2-3°C overnight in the dark until further
110 analysis. Experiments were replicated three times.

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112 **Instrumental color determination**

113 A colorimeter (CR-400, 8 mm aperture, illuminant C; Konica Minolta Corp., Japan)
114 calibrated with a white plate (L* 94.90, a* -0.39, b* 3.88) was used for determination of the
115 CIE L*a*b* values and measured freshly cut surfaces of each cooked sample following
116 immediately cutting.

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118 **Cooking yield, pH, and oxidation-reduction potential (ORP) determination**

119 Stuffed ground chicken meat samples were weighed prior to cooking to determine raw
120 sample weights. Cooked weights were also measured to determine cooking yields. Cooking
121 yield was calculated as: [cooked sample weight/raw sample weight] × 100. The sample (5 g)
122 was homogenized in 25 mL of distilled water and pH values were measured with a pH
123 electrode attached to a pH meter (Accumet AB50, Thermo Fisher Scientific Inc., Singapore).
124 Oxidation-reduction potential (ORP) was measured for cooked chicken products following the
125 method of Cornforth et al. (1986) and John et al. (2005) with slight modifications.

126

127 **Myoglobin content, percentage myoglobin denaturation (PMD), and pigment** 128 **determination**

129 Myoglobin (Mb) was extracted from both uncooked and cooked chicken breasts using a

130 procedure of Warriss (1979) and Trout (1989). The extracted supernatants were further
131 clarified by filtration using Whatman No. 1 filter paper. The absorbance (A) of the filtrate was
132 subsequently determined at 525, 572, and 700 nm (Krzywicki, 1979) using a UV/VIS
133 spectrophotometer (UV-1800, Shimadzu Corp., Kyoto, Japan). The total myoglobin (Mb)
134 content and PMD were calculated using the following formulas (Trout, 1989): Mb (mg/g) =
135 $(A_{525} - A_{700}) \times 2.303 \times \text{dilution factor}$; PMD = $[1 - (\text{Mb concentration after heating}/\text{Mb}$
136 $\text{concentration before heating})] \times 100$. To obtain the percentage reflectance, the absorbance
137 data on the filtrate from 400 to 700 nm were converted to percentage reflectance using the
138 equation described by Stewart et al. (1965). Nitrosyl hemochrome (rNIT) was estimated using
139 the percent reflectance ratio, $\%R_{650} \text{ nm}/\%R_{570} \text{ nm}$ (AMSA, 1991). Nicotinamide
140 hemochrome (rNIC) was estimated by the percent reflectance ratio of $\%R_{537} \text{ nm}/\%R_{553} \text{ nm}$
141 (Schwarz et al., 1998).

142

143 **Statistical Analysis**

144 The experimental design was split plot with four different treatments (addition timing of
145 NaCl and STPP) representing the whole plot factor and two cooking rates (fast cooking and
146 slow cooking) representing the split plot factor. The main effects for addition timing of NaCl
147 and STPP and cooking rate, and their interactions were analyzed using Proc Mixed procedure
148 of SAS 9.4 software (SAS, 2013). When significance ($p < 0.05$) was found in the models,
149 means was separated by pairwise comparisons using the PDIFF option. The experiment was
150 replicated three times.

151

152

Results and Discussion

The significance of main effects, addition time of NaCl and STPP (T) and cooking rate (C), and their interaction ($T \times C$) on color and pigment properties of cooked ground chicken breasts is presented (Table 1).

Instrumental color and the reflectance ratios of nitrosyl hemochrome (rNIT) and nicotinamide hemochrome (rNIC)

The effects of addition time of NaCl and STPP and cooking rate on color, rNIT, and rNIC of cooked ground chicken breasts are shown (Table 2). The CIE L^* values of cooked ground chicken breasts were affected by the addition time of NaCl and STPP (T , $p < 0.0001$) and cooking rate (C , $p < 0.0001$; Table 1). Regardless of addition time of NaCl and STPP, treatment 2, 3, and 4 had lower CIE L^* values ($p < 0.05$) compared to treatment 1 (Table 2). Sammel and Claus (2007) found that adding 0.25% or 0.5% STPP to meat reduced lightness, compared to cooked ground turkey without STPP. This is similar to our finding. The increase in lightness in treatment 1 may be due to relatively lower pH, which causes light-scattering effects in meat (Nam and Ahn, 2002b). Fast cooking rates resulted in higher CIE L^* values than slow cooking rates. Both treatment (T) and cooking rate (C) affected CIE a^* values ($p < 0.05$) in cooked ground chicken breasts (Table 1). CIE a^* values (redness) of ground chicken products were 3.49, 3.23, 3.34, and 3.62 for treatment 1, 2, 3, and 4, respectively (Table 2). Reported CIE a^* values ranged from 3.59 to 4.25 for cooked ground chicken breasts without the addition of pink generating ligands (Bae et al., 2020). Bae et al. (2020) found that adding a combination of NaCl and STPP to ground chicken breasts lowered CIE a^* value than adding only NaCl to meat (CIE a^* 3.86 vs 4.18). Addition of NaCl and STPP on 0 d and storing for 7 d (treatment 2) lowered pink color in cooked chicken ($p < 0.05$), reducing

178 redness (lower CIE a* values) compared to that of treatment 1 (7.4% reduction) and treatment
179 4 (10.8% reduction). Reduction of CIE a* values was likely as STPP was added to treatment 2
180 earlier than in other treatments during pre-salting, resulting in it acting as an iron binding agent,
181 which bound heme iron of myoglobin, thus competitively inhibiting pink generating ligands
182 from binding myoglobin (Sammel et al., 2006; Sammel and Claus, 2003a; Sofos, 1986).
183 Cooked product showed the most ($p<0.05$) redness (highest CIE a* values) in ground chicken
184 stored for 7 d and treated with NaCl and STPP (treatment 4). Fast cooking of ground chicken
185 meat reduced redness more effectively than slow cooking ($p<0.05$). Jeong and Claus (2010)
186 reported that CIE a* values of cooked turkey breasts following 6 d of pre-salting in the
187 presence of STPP was significantly lower with a fast cooking rate compared to a slow
188 cooking rate, whereas the opposite was true in the absence of STPP. CIE b* values of cooked
189 ground chicken breasts were influenced by the treatments (T, $p<0.0001$; Table 1). Treatment
190 without NaCl and STPP (treatment 1) showed higher ($p<0.05$) yellowness than treatments 2, 3,
191 and 4 (Table 2). Similar results were found by Ahn and Maurer (1989a), where the highest
192 yellowness of oven-roasted turkey breast was due to a combination of 0% NaCl and 0.5%
193 STPP, while the lowest was via 2% NaCl and 0.5% STPP. Treatment 3 and 4 had lower CIE
194 b* values compared to treatment 2 ($p<0.05$), but were similar to each other (Table 2). It was
195 likely due to the addition timing of STPP, wherein STPP was added to ground chicken on 7 d
196 and immediately cooked (treatments 3 and 4) although the addition time of NaCl differed.
197 However, cooking rate (C) did not affect CIE b* value in cooked ground chicken ($p>0.05$).

198 Nitrosyl hemochrome is a heat-stable pigment of cured meat induced by nitrite reacting with
199 meat myoglobin upon cooking. Nitrite is one of the causes of pink color in cooked products
200 (Holownia et al., 2003), a small amount of nitrite is naturally present in chicken (0.07 ppm)
201 and turkey (0.7 ppm) breasts (Ahn and Maurer, 1987; Claus and Jeong, 2018). In this study,
202 the rNIT ratio, reflectance estimator of nitrosyl hemochrome, was influenced by treatment (T)

203 ($p < 0.05$; Tables 1 and 2). Treatments 3 and 4 had higher rNIT ratios than treatment 1 ($p < 0.05$),
204 but did not differ from that of treatment 2. Generally, acidic conditions are favorable for
205 formation of NO from NO_2 in meat (Ahn and Maurer, 1989a), promoting nitrosyl
206 hemochrome formation in cooked products. The higher rNIT ratio in products treated with
207 NaCl and STPP may be due to an increase in pH resulting from STPP addition, because
208 higher pH is favorable for hemochrome formation (Sammel and Claus, 2007; Trout, 1989).
209 Bae et al., (2020) reported that cooked chicken breasts with 2% NaCl and 0.5% STPP had
210 significantly higher rNIT ratios than those with NaCl alone. However, cooking rate had no
211 effect on the rNIT ratio in cooked ground chicken breasts ($p > 0.05$; Table 2).

212 The treatments (T) had no effect on the rNIC ratio, the reflectance estimator of nicotinamide
213 hemochrome ($p > 0.05$; Tables 1 and 2). The rNIC ratios of cooked ground chicken were
214 similar for both cooking rates ($p > 0.05$). Reportedly, nicotinamide hemochrome is a pigment
215 potentially involved in the pinking defect of cooked, uncured turkey (Schwarz et al., 1998).
216 Claus and Jeong (2018) reproduced a pink color defect (natural pink) without adding a pink-
217 generating ligand in fully cooked ground turkey, by adjusting addition timing of salt and fresh
218 meat storage before cooking. They suggested that the presence of salt and storage of turkey
219 meat promoted conditions associated with reduced nicotinamide-denatured globin
220 hemochrome formation. This discrepancy between our results and those of others may be due
221 to inherent levels of nicotinamide in meat, because nicotinamide is naturally present in turkey
222 meat at a higher level than in other meats (Schwarz et al., 1997).

223

224 **Cooking yield, pH values, oxidation-reduction potential (ORP), myoglobin content, and** 225 **percentage myoglobin denaturation (PMD)**

226 The effects of addition time of NaCl and STPP and cooking rate on cooking yield, pH values,
227 ORP, myoglobin content, and PMD of cooked ground chicken breasts are presented (Table 3).

228 Cooking yield of ground chicken breasts was affected by treatments (T, $p < 0.0001$) and
229 cooking rates (C, $p < 0.05$; Tables 1 and 3). Regardless of addition time, treatments with NaCl
230 and STPP (treatments 2, 3 and 4) resulted in greater cooking yields compared to treatment 1
231 without NaCl and STPP (Table 3). This was due to NaCl and STPP functions (Petracci et al.,
232 2013; Sebranek, 2009). Ground meat cooked at fast cooking rates resulted in greater cooking
233 yields than at slow cooking rates. This higher cooking yield may be caused by shorter cooking
234 time (Bigner-George and Berry, 2000).

235 Treatments (T) affected the pH of cooked ground chicken breasts ($p < 0.0001$; Table 1). The
236 pH values in treatment 1 were lower than those in treatments 2, 3, and 4 ($p < 0.05$), but were
237 not different from each other (Table 3), regardless of addition timing of NaCl and STPP. The
238 higher pH in samples with NaCl and STPP may be due to the basic pH of STPP (Petracci et
239 al., 2013). In the present study, cooking rates had no effect on the pH of cooked ground
240 chicken breasts ($p > 0.05$).

241 The ORP values of cooked ground chicken breasts were affected by the treatment (T, $p < 0.05$;
242 Tables 1 and 3). Treatment 2, 3, and 4 had more negative ORP values (more reducing
243 condition) than treatment 1 ($p < 0.05$), while there were no differences between ORPs of
244 cooked ground chicken products, regardless of addition timing of NaCl and STPP ($p > 0.05$).
245 The ORP is affected by processing ingredients such as salt and phosphate (Holownia et al.,
246 2003). Ahn and Maurer (1989b) reported that ORP was reduced by adding salt and phosphate,
247 which would agree with our result. ORP values are pH dependent, thus affecting the
248 formation of reduced globin hemochrome, which promotes the pink color of meat products
249 (Cornforth et al., 1986; Trout, 1989). Increased pH due to STPP addition may result in
250 generating more reducing conditions (Antonini and Brunori, 1971). In the current study, these
251 effects were expected from treatments 2, 3, and 4 containing STPP due to their higher pH
252 values. In addition, vacuum packaging may cause an additional decrease in the oxidation-

253 reduction potential of meat (Nam and Ahn, 2002a, b). Therefore, the more negative ORP
254 vales of STPP added products (treatment 2, 3, and 4) may be related to increased pH caused
255 by the addition of STPP and vacuum packaging during processing prior to cooking. However,
256 no differences were found between ORP values of cooked samples subjected to fast cooking
257 and slow cooking ($p>0.05$; Table 3).

258 Treatment (T) and cooking rate (C) did not affect myoglobin content of cooked ground
259 chicken breasts ($p>0.05$; Tables 1 and 3). However, treatment (T) affected percentage
260 myoglobin denaturation (PMD) in cooked ground chicken breasts ($p<0.05$; Tables 1 and 3).
261 Treatment 1 had a higher PMD than treatments 2, 3 and 4 (Table 3). Regardless of addition
262 time of NaCl and STPP, no differences ($p>0.05$) in PMD were observed across treatment 2 to
263 4. Similarly, Holownia (2004) reported that the presence of STPP with NaCl reduced the
264 percentage of denatured myoglobin in cooked chicken breasts. In this study, products with
265 NaCl and STPP having less PMD may be due to the phosphate effect on myoglobin
266 denaturation rather than the salt effect, and may be explained via heat stability of meat
267 pigments caused by processing ingredients. Ahn and Maurer (1989c) found that although salt
268 addition destabilized myoglobin, STPP addition greatly increased the heat stability of
269 myoglobin in meat pigments. They speculated that when both salt and phosphate were added,
270 the stabilizing effects of phosphate on myoglobin became greater than the destabilizing effects
271 of salt on myoglobin. PMD in cooked samples between both cooking rates was not different
272 ($p>0.05$; Table 3).

273

274

Conclusion

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276 Treatment conditions (addition time of NaCl and STPP) exerted an effect on the
277 development of pink color in cooked ground chicken breasts. The most intense red color in

278 cooked products was found when ground meat was stored for 7 d before adding NaCl and
279 STPP (treatment 4). On the other hand, adding NaCl and STPP to ground chicken breasts and
280 storing for 7 d before cooking (treatment 2) reduced the pink color in cooked products.
281 Furthermore, cooking at faster rates than at slower rates resulted in lower CIE a* value of
282 chicken products. Therefore, addition of NaCl and STPP to meat, followed by storing and
283 cooking at a fast rate inhibited the sporadically developing pink defect in cooked chicken
284 products more effectively.

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397 **Table 1. Significance of main effects and interaction on addition time of NaCl and sodium tripolyphosphate (STPP) and cooking rate on**
 398 **color and pigment properties of cooked ground chicken breasts**

Main and interaction effects ¹	Dependent variables ²									
	CIE L*	CIE a*	CIE b*	rNIT	rNIC	Cooking yield	pH	ORP	Myoglobin	PMD
Treatment (T) ³	**	*	**	NS	NS	**	**	*	NS	*
Cooking rate (C) ⁴	**	*	NS	NS	NS	*	NS	NS	NS	NS
T × C	NS	NS	NS	NS	NS	NS	NS	NS	NS	NS

399

400 ¹ Main and interaction effects: * = p<0.05, ** = p<0.0001, NS = not significant.

401 ² Dependent variables: CIE L* (lightness), CIE a* (redness), CIE b* (yellowness), rNIT (reflectance estimator of nitrosyl
 402 hemochrome, %R650nm/%R570nm), rNIC (reflectance estimator of nicotinamide hemochrome, %R537nm/%R553nm, higher ratio more), ORP
 403 (oxidation-reduction potential), Myoglobin (amount of undenatured myoglobin), PMD (percentage myoglobin denaturation).

404 ³ Treatments: (1) no salt added, stored for 7 d before being cooked; (2) NaCl and STPP added on 0 d and stored for 7 d before being cooked; (3)
 405 NaCl added on 0 d, stored for 7 d, STPP added on 7 d, and then cooked; (4) stored for 7 d before NaCl and STPP added on 7 d, and then cooked.

406 ⁴ Cooking rates: Samples were cooked to 75°C in a 90°C water bath (**fast cooking, 5.67 °C/min**), or by loading the tubes into a 50°C water bath
 407 and immediately setting the water bath to 90°C (**slow cooking, 2.16 °C/min**).

408 **Table 2. Effects of addition time of NaCl and sodium tripolyphosphate (STPP) and cooking rate on CIE L* a* b* values, rNIT, and rNIC**
 409 **in cooked ground chicken breasts**

Main effects	Dependent Variables ¹				
	CIE L*	CIE a*	CIE b*	rNIT	rNIC
Treatment (T) ²					
Treatment 1	82.12 ^a	3.49 ^b	9.13 ^a	1.0131 ^b	1.0094
Treatment 2	75.57 ^b	3.23 ^c	8.36 ^b	1.0164 ^{ab}	1.0089
Treatment 3	75.76 ^b	3.34 ^{bc}	7.95 ^c	1.0200 ^a	1.0083
Treatment 4	75.00 ^b	3.62 ^a	7.87 ^c	1.0200 ^a	1.0085
SEM	(0.23)	(0.19)	(0.08)	(0.0020)	(0.0005)
Cooking rate (C) ³					
Fast	77.27 ^a	3.33 ^b	8.32	1.0167	1.0088
Slow	76.95 ^b	3.50 ^a	8.34	1.0180	1.0088
SEM	(0.23)	(0.18)	(0.06)	(0.0017)	(0.0004)

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411 ^{a-c} Means within a column with unlike superscripts are different (p<0.05).

412 ¹ Dependent variables: CIE L* (lightness), CIE a* (redness), CIE b* (yellowness), rNIT (reflectance estimator of nitrosyl hemochrome,
 413 (%R650nm/%R570nm, higher ratio more), and rNIC (reflectance estimator of nicotinamide hemochrome, %R537nm/%R553nm, higher ratio
 414 more).

415 ² Treatments: (1) no salt added, stored for 7 d before being cooked; (2) NaCl and STPP added on 0 d and stored for 7 d before being cooked; (3)
 416 NaCl added on 0 d, stored for 7 d, STPP added on 7 d, and then cooked; (4) stored for 7 d before NaCl and STPP added on 7 d, and then cooked.

417 ³ Cooking rates: Samples were cooked to 75°C in a 90°C water bath (**fast cooking, 5.67 °C/min**), or by loading the tubes into a 50°C water bath
 418 and immediately setting the water bath to 90°C (**slow cooking, 2.16 °C/min**).

419 **Table 3. Effects of addition time of NaCl and sodium tripolyphosphate (STPP) and cooking rate on cooking yield, pH values, ORP,**
 420 **myoglobin content, and PMD in cooked ground chicken breasts**

Main effects	Dependent Variables ¹				
	Cooking yield (%)	pH	ORP (mV)	Myoglobin (mg/g)	PMD (%)
Treatment (T) ²					
Treatment 1	90.01 ^b	6.20 ^b	-95.73 ^b	0.18	89.35 ^a
Treatment 2	99.17 ^a	6.34 ^a	-102.67 ^a	0.21	85.77 ^b
Treatment 3	99.19 ^a	6.36 ^a	-102.25 ^a	0.22	84.18 ^b
Treatment 4	98.82 ^a	6.37 ^a	-104.62 ^a	0.24	84.62 ^b
SEM	(0.26)	(0.02)	(3.77)	(0.02)	(1.64)
Cooking rate (C) ³					
Fast	97.30 ^a	6.31	-100.38	0.20	86.58
Slow	96.30 ^b	6.33	-102.26	0.22	85.38
SEM	(0.19)	(0.02)	(3.23)	(0.01)	(1.45)

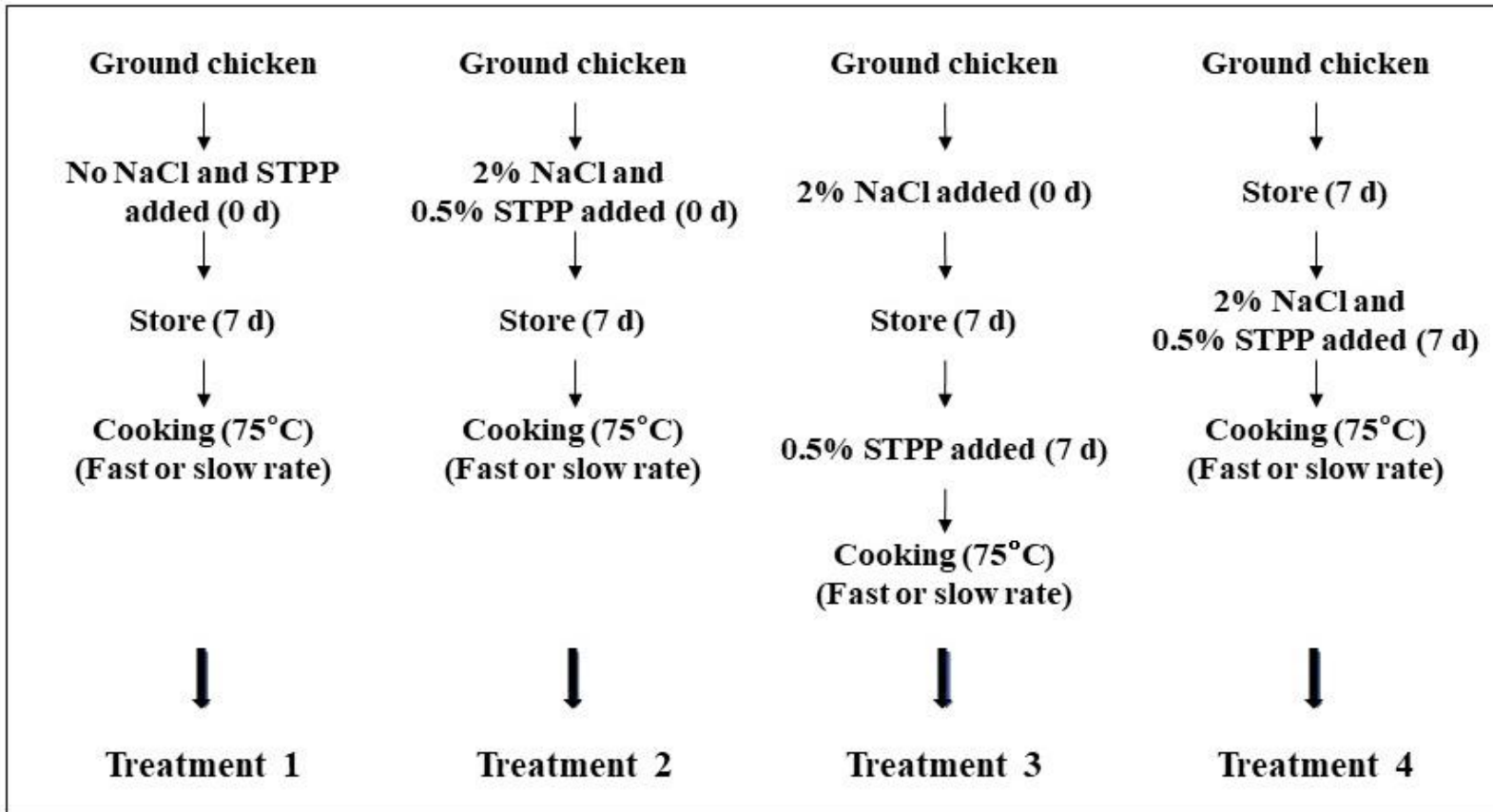
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422 ^{a,b} Means within a column with unlike superscripts are different ($p < 0.05$).

423 ¹ Dependent variables: ORP (oxidation-reduction potential), Myoglobin (amount of undenatured myoglobin), and PMD (percentage myoglobin
 424 denaturation).

425 ² Treatments: (1) no salt added, stored for 7 d before being cooked; (2) NaCl and STPP added on 0 d and stored for 7 d before being cooked; (3)
 426 NaCl added on 0 d, stored for 7 d, STPP added on 7 d, and then cooked; (4) stored for 7 d before NaCl and STPP added on 7 d, and then cooked.

427 ³ Cooking rates: Samples were cooked to 75°C in a 90°C water bath (**fast cooking, 5.67 °C/min**), or by loading the tubes into a 50°C water bath
 428 and immediately setting the water bath to 90°C (**slow cooking, 2.16 °C/min**).



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431 Fig. 1. Schematic flow diagram of manufacturing process for cooked ground chicken products with different processing conditions.