

TITLE PAGE

ARTICLE INFORMATION	Fill in information in each box below
Article Title	Effect of Chinese cinnamon powder on the quality and storage properties of ground lamb meat during refrigerator storage
Running Title (within 10 words)	Effect of Chinese cinnamon on the meat quality
Author	Zubair Hussain, Xin Li, Muawuz Ijaz, Xiong Xiao, Chengli Hou, Xiaochun Zheng, Chi Ren, Dequan Zhang
Affiliation	Institute of Food Science and Technology, Chinese Academy of Agricultural Sciences/Key Laboratory of Agro-Products Processing, Ministry of Agriculture and Rural Affairs, Beijing 100193, P. R. China
Special remarks – if authors have additional information to inform the editorial office	
ORCID (All authors must have ORCID) https://orcid.org	
Conflicts of interest List any present or potential conflicts of interest for all authors. (This field may be published.)	The authors declare no potential conflict of interest.
Acknowledgements State funding sources (grants, funding sources, equipment, and supplies). Include name and number of grant if available. (This field may be published.)	The authors thank the financial support from the China Agriculture Research System (CARS-38), National Agricultural Science and Technology Innovation Program, Modern Agricultural Talent Support Program-Outstanding Talents and Innovative Team of Agricultural Scientific Research (2016-2020) and National High-level Personnel of Special Support Program in China.
Author contributions (This field may be published.)	Conceptualization: Dequan Zhang. Methodology: Xin Li. Investigation: Zubair Hussain. Data curation: Zubair Hussain, Xin Li, Muawuz Ijaz. Software: Muawuz Ijaz, Xiong Xiao. Validation: Chengli Hou, Xiaochun Zheng, Chi Ren. Writing - original draft: Zubair Hussain. Writing-review & editing: Zubair Hussain, Xin Li, Muawuz Ijaz, Xiong Xiao, Chengli Hou, Xiaochun Zheng, Chi Ren, Dequan Zhang. (This field must list all authors)
Ethics approval (IRB/IACUC) (This field may be published.)	This manuscript does not require IRB/IACUC approval because there are no human and animal participants.

For the corresponding author (responsible for correspondence, proofreading, and reprints)	Fill in information in each box below
First name, middle initial, last name	Dequan Zhang
Email address – this is where your proofs will be sent	dequan_zhang0118@126.com
Secondary Email address	zubaircaas80@yahoo.com
Postal address	Institute of Food Science and Technology, Chinese Academy of Agricultural Sciences, No. 1 Nongda South Road, Xi Beiwang, Haidian District, Beijing 100193, P. R. China
Cell phone number	+86-10-62818740
Office phone number	+86-10-62818740
Fax number	

4
5
6
7
8
9
10
11
12
13
14
15
16
17
18

Abstract

This study was undertaken to evaluate the impact of Chinese cinnamon powder (w/w), at the levels of 0.5%, 1.5% and 2.5% and control (without additive) on ground lamb meat quality. The samples were examined for pH, color, lipid oxidation (thiobarbituric acid reactive substances), and total viable counts (TVC) stored at 4°C. The results demonstrated that pH values were declined with the increase in Chinese cinnamon levels compared to control. The L* values throughout the storage were significantly higher (p<0.05) in the control group than in other treated groups while a* values were decreased with the increase of Chinese cinnamon levels. The addition of Chinese cinnamon powder strongly inhibited (p<0.05) TBARS and TVC in all treated samples. It can be concluded that Chinese cinnamon powder in lower concentration 0.5% has the ability to maintain the quality of ground lamb in comparison with other treatments.

Keywords: Lamb, Chinese cinnamon, Meat quality, Storage

19 **1. Introduction**

20 Seasoning of meat is a possible solution to enhance the color stability, minimize lipid oxidation
21 and improve microbial safety of meat products. The seasoned meat products are more susceptible
22 to spoilage of microorganism (Rysman et al., 2016). These products are usually marketed at
23 refrigerated temperature (2–5°C) in order to increase shelf life (Babuskin et al., 2015). The spoilage
24 due to the lipid oxidation has deleterious consequences on the quality of fresh meat and other meat
25 products resulting in massive economic losses (Shahidi & Zhong, 2010). While microbial activities
26 in the food products may also destroy the quality of meat by the development of undesirable
27 responses involving the worsening of odour, color and textural properties of foods (Del Nobile et
28 al., 2012).

29 The spoilage factors in meat products sometimes produce toxic materials which are hazardous for
30 human health (Jiang & Xiong, 2016). Therefore a vast majority of antioxidants added to the meat
31 have been chemically synthesized such as butylated hydroxyanisole (BHA) and butylated
32 hydroxytoluene (BHT). However, the presence of potentially carcinogenic substances and
33 improper attitudes of consumers, these antioxidants are limited in food industries in some countries
34 (Falowo et al., 2014). Therefore, meat industries are largely applying antioxidants from plant
35 sources as safe alternatives and several studies have been carried out on the natural antioxidants
36 as meat preservatives (Devatkal & Naveena, 2010).

37 A number of plant materials have been used directly or indirectly, as a seasoned material for the
38 antimicrobial purpose, to improve the meat quality (Appendini & Hotchkiss, 2002). The natural
39 preservatives used by the meat producers include cinnamon, clove, rosemary, basil, thyme,
40 oregano, lemon leaf, ginger, basilica, balm, coriander and many of them are generally recognized
41 as safe (GRAS) in food industry (Jiang & Xiong, 2016; Khaleque et al., 2016; Alfonzo et al., 2017).
42 Chinese cinnamon (*Cinnamomum cassia*) usually add to the deserts, drinks or bakery products,
43 moreover in South Asian and Central Asian regions it is considered a vital spice in many meat
44 products. Cinnamon is used for culinary purposes and is commonly used in meat and fast food
45 products and has been described as a powerful antioxidant and antibacterial agent usually used in
46 the seasoning of meat and fish products (Ozogul et al., 2017; Al Sahlany, 2017). It has been
47 confirmed that cinnamon has effective free radical scavenging activity due to the presence of
48 bioactive compounds (Radha et al., 2014). Cinnamaldehyde is the major constituent responsible
49 for its high antioxidant activity (Dudonne et al., 2009). The cinnamon has been observed to check

50 the quality of beef burger, grass crabs and inactivate *listeria monocytogens* in ground beef and
51 chicken meatballs (Huang et al., 2017; Khaleque et al., 2016; Ghabarie et al., 2017).

52 The effects of using Chinese cinnamon powder directly into the ground lamb meat is not been
53 reported in the previous literature to check the quality. Therefore the aim of this study was to
54 examine the effectiveness of different concentrations of Chinese cinnamon powder on the ground
55 lamb meat quality. For this purpose, concentrations of 0.5, 1.5 and 2.5 % Chinese cinnamon
56 powder were added to the ground lamb meat and TVC, pH, lipid oxidation and color attributes
57 were evaluated. Furthermore, the antioxidant activity of Chinese cinnamon aqueous extract was
58 also measured. This study may provide potential implications in substituting synthetic antioxidants
59 with natural ones.

60 **2. Materials and methods**

61 **2.1 Materials and preparation of extracts**

62 Dried bark of Chinese cinnamon was obtained from a local supermarket. Chinese cinnamon bark
63 was divided into small pieces and grounded to powder by using a high performance kitchen grinder
64 (High Speed Universal Grinder, Tianjin, China). The powder was sieved with the help of sieve
65 (1.651 mm, ASTM No. 10), into 100 g packs and then stored in high-density polyethylene bags at
66 25°C until its further usage. Exactly 50 g powder was refluxed by using 450 ml distilled water for
67 5 h in enclosed flasks with constant shaking at 100 rpm by following the method of (Sivarajan et
68 al., 2017) to obtain a 10% w/v water extract. Then the extract was cooled and filtered twice using
69 Whatman filter paper and used for performing the DPPH antioxidant assay.

70 **2.2 Antioxidant activity**

71 The DPPH-radical-scavenging activity of aqueous extracts was assessed by following the protocol
72 of Elahi and Mu (2017). Chinese cinnamon and BHT (Butylated hydroxytoluene) at concentrations
73 of (20, 40, 60 mg/mL) were prepared by addition of 2 mL of freshly prepared DPPH solution (0.1
74 mM in 95% methanol). The solution was vortexes using a mixer and incubated in dark at 27°C for
75 40 min. After that, each sample absorbance was checked at 516 nm using a UV vis
76 spectrophotometer (Shimadzu UV-1800 Spectrophotometer, Kyoto Japan) at room temperature.
77 The radical-scavenging activity of samples were calculated in to percentage by following equation.

$$78 \text{ DPPH-radical-scavenging activity \%} = 100 \times (1 - \text{AE/AD})$$

79 where “AE” shows the absorbance of solution at 516 nm after mixing the 1 mL of all samples with
80 2 mL of 0.1 mmol·L⁻¹ DPPH solutions and 30 min incubation at room temperature, while “AD”
81 shows the absorbance of 2 mL 0.1 mmol·L⁻¹ DPPH solutions mixed with 1 mL Milli-Q water.

82 **2.3 Sample preparation, packaging and storage**

83 Fresh lamb meat (*Oyster* muscles) was purchased from a local market at 24 h post-mortem and
84 placed in insulated polystyrene ice boxes and transferred to the laboratory within 1 h. The muscles
85 were trimmed to remove connective tissues under hygienic conditions and minced using mincer
86 machine (8 mm plates). The minced lamb meat samples were assigned to the following four
87 treatments: control (without any additive), 0.5%, 1.5% and 2.5% of Chinese cinnamon powder
88 applied on the 100 g ground lamb meat. Immediately after adding the Chinese cinnamon powder
89 samples were thoroughly hand-mixed using a bowl mixer and 100 g ground lamb meat (round
90 shape and 1.5 cm thick) was prepared for each treatment with three replicates. The lamb meat
91 samples were vacuum packaged (VP), properly labelled and stored at 4°C for 16 days. After that,
92 the samples were collected at 0 (approximately 24 h post mortem), 4, 8, 12 and 16 days of storage.
93 The vacuum packaged samples were sealed in polyethylene bags (20/70 mm) (Vacioplast,
94 Salamanca, Spain) with an oxygen permeability lower than 40 cm³/(m² day atm). At the time of
95 sampling, 10 g sample was collected immediately under aseptic conditions for microbiological
96 analysis. While the meat color was determined after blooming for 30 min at 4°C and then the
97 remaining samples were frozen at -80°C priors to TBARS analysis. The above experiment were
98 carried out in triplicates.

99 **2.4 Analysis of meat samples**

100 **2.4.1 pH**

101 The pH value of ground lamb was determined by pH meter (Testo 205 pH meter, Lenzkirch,
102 Germany). Before using, pH meter was calibrated by buffers of different pH concentrations i.e.
103 4.00 and 7.00 at 25°C. The glass rod of pH meter was inserted directly into the ground meat sample.
104 Each time, four readings were recorded from different locations and averaged.

105 **2.4.2 Color**

106 The meat surface color was recorded using Minolta spectrophotometer (CM-600d, Konica Minolta
107 Sensing Inc., Osaka, Japan) with 8 mm diameter measuring aperture size Illuminant D65, 10°
108 standard observer and CIE L*, a*, b* color score. Four measurements were recorded throughout the
109 surface of selected samples (Li et al., 2017). The color of meat samples at 0 days was taken after

110 collecting the fresh-cut surface from the local market. At each time point the vacuumed packed
111 samples were opened and the surface color of ground lamb meat was measured at 0, 4, 8, 12 and
112 16 days after 30 min of blooming at 4°C.

113 **2.4.3 Lipid oxidation**

114 Lipid oxidation analysis was conducted with minor modification by following the method
115 described by Belles et al., (2017). Briefly, 20 ml of 10% trichloroacetic acid (VWR) was mixed with
116 10 g of meat and homogenized at 2000 rpm by using ultraturrax for 90 s (T-10 basic, IKA-WERKE,
117 Staufen, Alemania). Then the samples were centrifuged for 30 min at 10°C at 4000 rpm (High-
118 Speed Refrigerated Centrifuge, CR 21N, HITACHI, Tokyo, Japan). The supernatant was filtered
119 by using filter paper and 2 ml of the filtrate was added with the equal quantity of TBA 20 mM
120 (Sigma-Aldrich, St. Louis, Missouri, United States). After that, the mixture was vortexed and
121 incubated in a water-bath at 97°C for 20 min. At the end, samples were cooled under tap water at
122 ambient temperature of 15°C and absorbance was measured at 532 nm by using spectrophotometer
123 (Shimadzu UV-1800 Spectrophotometer, Kyoto Japan). The TBARS, mainly malondialdehyde
124 (MDA), was calculated from a standard curve of 1, 1, 3, 3 tetraethoxypropane (TEP) (Sigma-
125 Aldrich), the lipid oxidation was expressed as the average of three replicates per sample in mg
126 malondialdehyde/kg meat.

127 **2.4.5 Microbiological analysis**

128 TVC were inspected based on standard plate count method following the protocols of Zhang et al.
129 (2016). In brief, 10 g sample was taken aseptically from vacuumed bags and homogenized in 90
130 ml of sterile physiological saline in stomacher bags for 1 minute. For microbial enumeration
131 suitable serial dilutions were prepared using the same diluent, by following the protocol of
132 International Organization for Standardization's (ISO, 2003). Then the deriving suspension was
133 serially diluted (1:10) in sterile physiological saline water and 1 ml samples of appropriate
134 dilutions were poured containing 15-20 ml of plates count agar (PCA) in the petridishes. The
135 number of bacterial colonies on the plates were enumerated after incubation for 48 h at 37°C and
136 expressed as log CFU (colony forming units)/g meat.

137 **2.5 Statistical analysis**

138 The experiment was designed with Chinese cinnamon treatments and storage times as fixed factors
139 and replicates as random factor. General linear model (GLM) was used to express the significance
140 of differences ($p < 0.05$) between means. Statistical analysis of data was performed using the IBM

141 statistical package for social sciences (SPSS) Statistics 22 software (SPSS Inc., Chicago, IL, USA).
142 Duncan multiple range test was applied to determine the significant difference ($p < 0.05$). The data
143 were expressed as the mean \pm standard deviation. Experiments were replicated three times and all
144 parametric measurements were carried out in duplicate.

145 **3 Results and discussion**

146 **3.4 Antioxidant activity**

147 The DPPH radical scavenging activity of Chinese cinnamon aqueous extract at the concentrations
148 of 20, 40 and 60 mg/ml were considerably ($p < 0.05$) lower than the pure antioxidant BHT as shown
149 in Fig 1. The Chinese cinnamon aqueous extract showed strong antioxidant activity in all
150 concentrations but the highest antioxidant activity was seen in 60 mg/ml indicating the highest
151 radical scavenging activity ($p < 0.05$).

152 Previously reported studies have confirmed that cinnamon is distinguished by its effective radical
153 scavenging activity due to bioactive substances (Radha et al., 2014). The higher antioxidant
154 activity in cinnamon might be due to the presence of significant amount of phenolic antioxidants
155 and flavonoids compound (Jayaprakasha et al., 2007). Kuspradini et al. (2016) reported that
156 cinnamon aqueous extract as well as cinnamon oil, have shown considerable antioxidant activity.
157 Babuskin et al. (2015) claimed that cinnamaldehyde was responsible compound in the cinnamon
158 for its high antioxidant activity.

159 **3.5 pH**

160 The results of adding Chinese cinnamon powder on the pH of ground lamb meat stored at 4°C
161 were presented in Table 1. The pH of control increased from day 12 to 16 than those of all other
162 treatments samples during storage. The pH for all samples was same at day 0, while at day 4 the
163 pH value of samples stored adding 1.5% Chinese cinnamon powder was significantly lower
164 ($p < 0.05$) than those of control and the other treatments samples. The pH values of samples stored
165 under control and 0.5% treated samples were not significantly different on day 8, whereas the
166 stored samples 1.5% and 2.5% showed a significant difference ($p < 0.05$) compared with control.
167 With the increase of storage days, the samples stored under 2.5% showed lower pH values at day
168 12 and 16 than control and other treated samples ($p < 0.05$). Overall the pH of samples stored under
169 control was higher ($p < 0.05$) at day 12 and 16 than other treatment samples during the storage.
170 The increment in the pH of sample stored under control group during the storage might be the
171 generation of some basic compounds and ammonia caused by proteolysis resulting from the

172 growth of microorganism (Chaijan et al., 2005; Masniyom et al., 2002). It has been reported in
173 previous literature that addition of antioxidant might decrease the pH of treated samples. Kesavan
174 et al. (2014) and Brilliana et al. (2017) investigated that during refrigerated storage the lower pH
175 was noted in the raw beef meat samples treated with cinnamon oil than control. In the present study
176 the lower pH in the treatment samples might be due to the strong activity of bioactive compounds
177 present in the Chinese cinnamon powder.

178 **3.6 Color**

179 The L^* , a^* and b^* of Chinese cinnamon powder treated and untreated ground lamb meat samples
180 stored at 4°C were presented in Table 2. The obtained data showed that L^* (lightness) value of
181 samples stored under control was significantly ($p<0.05$) higher throughout the storage compared
182 with other treatments. Among all Chinese cinnamon treated samples, the lower L^* values were
183 noted in stored samples 2.5% treatment in all storage days except day 8 ($p<0.05$). By the addition
184 of Chinese cinnamon powder directly into the ground lamb may decrease the lightness of treated
185 samples. The a^* (redness) value of ground lamb was also affected by the addition of Chinese
186 cinnamon powder during storage as shown in Table 2. The a^* value of samples stored under control
187 showed decreasing trend throughout the storage as compared to Chinese cinnamon treated stored
188 samples. The a^* values in all Chinese cinnamon treated samples and control were significantly
189 different from each other on day 0 ($p<0.05$). The a^* values for samples stored under control and
190 0.5% treatment were significantly higher at day 4 than those of samples stored under 1.5% and
191 2.5% treatments. At day 8 the a^* value of control samples was considerably higher ($p<0.05$) than
192 treated samples 0.5% and 2.5%, while no significant difference was noted in samples stored under
193 1.5% treatment. As the days proceeded, at day 12 there were no significant differences between
194 control and all other Chinese cinnamon treated samples. The a^* value for samples stored under
195 control was lower than those of treated samples 1.5% at day 16, while no significant differences
196 were found with samples stored under 0.5% and 2.5% ($p<0.05$).

197 The b^* (yellowness) value for control was higher at initial day than the samples stored under 1.5%
198 and 2.5% ($p<0.05$), while no significant difference was noted in stored samples for 1.5% treatment.
199 Whereas on day 4 and 8 the only significant difference was noticed between control and 2.5%
200 treatment group than the samples stored under 0.5% and 1.5%. The b^* values for all stored samples
201 included control and other Chinese cinnamon treated samples had no significant difference ($p<0.05$)
202 after day 12 to 16 during storage.

203 It has been proved that the meat discoloration is directly related with the storage length, and a*
204 tended to decrease with the increase of storage time (Terns et al., 2011) that might be possibly
205 associated with an increase in TBARS (Grimsrud et al., 2008). Previous results confirmed that the
206 addition of natural antioxidants may slow down the formation of metmyoglobin, ultimately
207 delaying the deterioration of red color (Xia et al., 2009; Belles et al., 2017). Keokamnerd et al.
208 (2008) observed that a* value was reduced in the minced chicken after 12 days of storage. The
209 lessening in the intensity of redness values during storage was probably due to the relationship
210 between lipid oxidation and color oxidation in the meat (Lynch & Faustman, 2000). In the current
211 study the fluctuations in the a* values were observed in all samples during the storage. The results
212 are in accordance with the previous findings (Ozunlu et al., 2018; Zhang et al., 2016). The variation
213 in the a* values might be due the MetMb% formation which can lead to the discoloration of the
214 fresh meat (Krala, 2001).

215 **3.7 Lipid oxidation**

216 The oxidative stability of the samples stored under control and other treatments was evaluated
217 throughout the storage by determining the thiobarbituric acid reactive substances (TBARS) as
218 shown in Figure 2. The TBARS value was continuously increased in the samples stored under
219 control during the storage duration ($p < 0.05$). Whereas, the stored samples treated with Chinese
220 cinnamon retarded the TBARS values during the storage intervals. The TBARS for the samples
221 stored under control was notably higher after day 4 to 16 than those of Chinese cinnamon treated
222 samples ($p < 0.05$). Whereas, among all treatments, the samples stored under 2.5% exhibited the
223 lower TBARS values after day 8 to 16 ($p < 0.05$). The TBARS value for the control was
224 significantly ($p < 0.05$) higher at day 16 than those of Chinese cinnamon treated samples. The
225 results suggested that Chinese cinnamon powder was effective against the TBARS formation in
226 the ground lamb during storage.

227 The cinnamon contains active compounds leading to antioxidant and antibacterial actions in meat
228 (Madsen & Bertelsen, 1995). Previous studies reported that the rapid increase in oxidation of
229 control samples in the rainbow trout was due to non-availability of anti-oxidants (Shadman et al.,
230 2017). The findings of present study agreed with the results of Shaltout et al. (2017), who also
231 observed that the addition of cinnamon oil on the beef delayed lipid oxidation during storage. Thus
232 the reduction of TBARS in Chinese cinnamon treated samples may be due to the presence of

233 antioxidant compounds like cinnamaldehyde, eugenol and cinnamic acid (Dudonne et al., 2009).
234 These antioxidants compounds may be useful against free radical damage (Dragland et al., 2003).

235 **3.8 Microbiological analysis**

236 The effect of Chinese cinnamon powder on the TVC of ground lamb meat stored at 4°C for 16
237 days were presented in Figure 3. The TVC in the control sample was increased immediately and
238 rapidly than other samples treated by Chinese cinnamon powder. At initial day there was no
239 significant difference between the samples stored in control and other treated samples. The TVC
240 in control was significantly increased ($p < 0.05$) with the increment of time points at day 4 and
241 crossed the limit of 7 log CFU/g at 16 days, while the treated samples retarded the growth of TVC.
242 During the whole period of storage, the samples stored under 1.5% showed significantly ($p < 0.05$)
243 lower TVC values at days 8 and 16, and lowest enumeration were counted at day 8. From the
244 obtained results, it was revealed that TVC in the ground lamb meat may be inhibited by the addition
245 of Chinese cinnamon powder ($p < 0.05$).

246 It has been reported that, cinnamon inhibited microbes by several ways like rapture of cell wall by
247 the action antioxidant compounds, disorder the cytoplasmic membrane, cellular components
248 disturbance by leakage, changed fatty acid and phospholipid constituents, affect the DNA and
249 RNA formation and destroy protein translocation (Bajpai et al., 2013). Comparable results were
250 obtained by Gutierrez et al. (2008) where it was reported that the addition of cinnamon oil were
251 more effective in decreasing the microbial counts in the food ingredients. In another study
252 cinnamon bark has been proved as a potential source against all pathogenic and spoilage bacteria
253 (Ghabraie et al., 2016). Shaltout et al. (2017) observed that the incorporation of cinnamon oil was
254 more efficient in maintaining meat quality. The reduction in the TVC during storage might be due
255 to the presence of bioactive compounds present in the Chinese cinnamon powder.

256

257 **4 Conclusions**

258 In conclusion, Chinese cinnamon powder could maintain the quality of ground lamb meat by
259 reducing the TVC and TBARS. The L^* and a^* values in the ground lamb meat can be affected by
260 adding the Chinese cinnamon powder higher than 0.5% during the storage. The results of the
261 present study suggested that Chinese cinnamon powder at a level of 0.5% has the potential to
262 maintain the ground lamb meat quality during storage. So it could be proposed as a natural
263 alternative of synthetic additives to maintain the meat quality.

264 **Conflict interest**

265 The authors declare no potential conflict of interest.

266 **Acknowledgements**

267 The authors thank the financial support from the China Agriculture Research System (CARS-38),
268 National Agricultural Science and Technology Innovation Program, Modern Agricultural Talent
269 Support Program-Outstanding Talents and Innovative Team of Agricultural Scientific Research
270 (2016-2020) and National High-level Personnel of Special Support Program in China.

271 **References**

272 Alfonzo A, Martorana A, Guarrasi V, Barbera M, Gaglio R, Santulli A. 2017. Effect of the lemon
273 essential oils on the safety and sensory quality of salted sardines. *Food Control* 73: 1265-1274.

274 Appendini P, Hotchkiss JH. 2002. Review of antimicrobial food packaging. *Innov Food Sci Emerg*
275 *Technol* 32: 113-126.

276 Babuskin S, Babu PAS, Sivarajan M, Sukumar M. 2015. Evaluation and predictive modeling the
277 effects of spice extracts on raw chicken meat stored at different temperatures. *J Food Eng* 166:
278 29-37.

279 Bajpai VK, Sharma A, Baek KH. 2013. Antibacterial mode of action of *Cudrania tricuspidata* fruit
280 essential oil, affecting membrane permeability and surface characteristics of food-borne
281 pathogens. *Food Control* 32: 582-590.

282 Belles M, Alonso V, Roncales P, Beltran JA. 2017. Effect of borage and green tea aqueous extracts
283 on the quality of lamb leg chops displayed under retail conditions. *Meat Sci* 129: 153-160.

284 Brilliana IN, Manuhara GJ, Utami R, Khasanah LU. 2017. The effect of cinnamon bark
285 (*cinnamomum burmanii*) essential oil microcapsules on vacuumed ground beef quality. In IOP
286 Conference Series: *Matl Sci and Eng* 193, 1, 012057. IOP Publishing.

287 Chaijan M, Benjakul S, Visessanguan W, Faustman C. 2005. Changes of pigments and color in
288 sardine *Sardinella gibbosa* and mackerel *Rastrelliger kanagurta* muscle during iced storage.
289 *Food Chem* 934: 607-616.

290 Devatkal SK, Naveena BM. 2010. Effect of salt, kinnow and pomegranate fruit by-product
291 powders on color and oxidative stability of raw ground goat meat during refrigerated storage.
292 *Meat Sci* 852: 306-311.

293 Dragland S, Senoo H, Wake K, Holte K, Blomhoff R. 2003. Several culinary and medicinal herbs
294 are important sources of dietary antioxidants. *J. Nutr* 133: 1286–1290.

295 Dudonne S, Vitrac X, Coutiere P, Woillez M, Merillon JM. 2009. Comparative study of
296 antioxidant properties and total phenolic content of 30 plant extracts of industrial interest using
297 DPPH, ABTS, FRAP, SOD, and ORAC assays. *J. Agric. Food Chem* 57: 1768-1774.

298 Elahi R, Mu Th. 2017. High hydrostatic pressure HHP-induced structural modification of patatin
299 and its antioxidant activities. *Molecules* 22, 438.

300 Falowo AB, Fayemi PO, Muchenje V. 2014. Natural antioxidants against lipid–protein oxidative
301 deterioration in meat and meat products: A review. *Food Res Int* 64: 161-181.

302 Ghabraie M, Vu KD, Tata L, Salmieri S, Lacroix M. 2016. Antimicrobial effect of essential oils
303 in combinations against five bacteria and their effect on sensorial quality of ground meat.
304 *LWT-Food Sci Technol* 66: 332-339.

305 Grimsrud PA, Xie H, Griffin TJ, Bernlohr DA. 2008. Oxidative stress and covalent modification
306 of protein with bioactive aldehydes. *J Bio Chem* 28332: 21837-21841.

307 Gutierrez J, Barry-Ryan C, Bourke P. 2008. The antimicrobial efficacy of plant essential oil
308 combinations and interactions with food ingredients. *Int J Food Microbiol* 1241: 91-97.

309 Huang Z, Liu X, Jia S, Luo Y. 2017. Antimicrobial effects of cinnamon bark oil on microbial
310 composition and quality of grass carp *Ctenopharyngodon idellus* fillets during chilled storage.
311 *Food Control* 82: 316-324.

312 ISO. 2003. Microbiology of food and animal feeding stuffs. Horizontal method for the
313 enumeration of microorganisms. Colony-count technique at 30 degrees C. International
314 Organization for Standardization, Geneva, Switzerland.

- 315 Jayaprakasha GK, Negi PS, Jena BS, Jagan Mohan Rao L. 2007. Antioxidant and antimutagenic
316 activities of *Cinnamomum zeylanicum* fruit extracts. *J Food Compos Anal* 203-4: 330-336.
- 317 Keokammerd T, Acton JC, Han IY, Dawson PL. 2008. Effect of commercial rosemary oleoresin
318 preparations on ground chicken thigh meat quality packaged in a high-oxygen atmosphere.
319 *Poult Sci* 87: 160-169.
- 320 Kesavan RK, Srinivasan B, Packirisamy ASB, Mohammed AF, Kalleary S. 2014. Bio protection
321 and preservation of raw beef meat using pungent aromatic plant substances. *J Sci Food Agric*
322 94: 2456-2463.
- 323 Khaleque MA, Keya CA, Hasan KN, Hoque MM, Inatsu Y, Bari ML. 2016. Use of cloves and
324 cinnamon essential oil to inactivate *Listeria monocytogene* in ground beef at freezing and
325 refrigeration temperatures. *LWT-Food Sci Technol* 74: 219-223.
- 326 Kuspradini H, Putri AS, Sukaton E, Mitsunaga T. 2016. Bioactivity of essential oils from leaves
327 of *Dryobalanops lanceolata*, *Cinnamomum burmannii*, *Cananga odorata*, and *Scorodocarpus*
328 *borneensis*. *Agric. Agric. Sci. Procedia* 9: 411-418.
- 329 Li X, Zhang Y, Li Z, Li M, Liu Y, Zhang D. 2017. The effect of temperature in the range of -0.8
330 to 4°C on lamb meat color stability. *Meat Sci* 134: 28-33.
- 331 Lindberg MH, Bertelsen G. 1995. Spices as antioxidants. *Trends Food Sci Technol* 68: 271-277.
- 332 Lucera A, Costa C, Conte A, Del Nobile MA. 2012. Food applications of natural antimicrobial
333 compounds. *Front Microbiol.* 3: 287.
- 334 Lynch MP, Faustman C. 2000. Effect of aldehyde lipid oxidation products on myoglobin. *J Agr*
335 *Food Chem* 483: 600-604.
- 336 Masniyom P, Benjakul S, Visessanguan W. 2002. Shelf-life extension of refrigerated seabass
337 slices under modified atmosphere packaging. *J Sci Food Agric* 828: 873-880.
- 338 Ozogul Y, Ilknur Y, Ucar Y, Durmus MK, Osker AR, Oz, M. 2017. Evaluation of effects of
339 nanoemulsion based on herb essential oils rosemary, laurel, thyme and sage on sensory,

340 chemical and microbiological quality of rainbow trout *Oncorhynchus mykiss* fillets during ice
341 storage. *LWT-Food Sci Technol* 75: 677-684.

342 Ozunlu O, Ergezer H, Gokçe R. 2018. Improving physicochemical, antioxidative and sensory
343 quality of raw chicken meat by using acorn extracts. *LWT-Food Sci Technol* 98; 477-484.

344 Radha krishnan K, Babuskin S, Babu PAS, Fayidh MA, Sabina K, Archana G, Sukumar M. 2014.
345 Bio protection and preservation of raw beef meat using pungent aromatic plant substances. *J*
346 *Sci Food Agric* 9412: 2456-2463.

347 Rysman T, Van Hecke T, Van Poucke C, De Smet S, Van Royen G. 2016. Protein oxidation and
348 proteolysis during storage and in vitro digestion of pork and beef patties. *Food Chem* 209:
349 167–184.

350 Shadman S, Hosseini SE, Langroudi HE, Shabani S. 2017. Evaluation of the effect of a sunflower
351 oil-based nanoemulsion with *Zataria multiflora* Boiss. Essential oil on the physicochemical
352 properties of rainbow trout *Oncorhynchus mykiss* fillets during cold storage. *LWT-Food Sci*
353 *Technol* 79: 511-516.

354 Shahidi F, Zhong Y. 2010. Novel antioxidants in food quality preservation and health promotion.
355 *Eur J Lipid Sci Tech* 112: 930-940.

356 Shaltout FA, Thabet MG, Hanan A. 2017. Impact of some essential oils on the quality aspect and
357 shelf life of meat. *J Food Sci Nutr* 7: 2.

358 Sivarajan M, Lalithapriya U, Mariajenita P, Vajiha BA, Harini K, Madhushalini D, Sukumar M.
359 2017. Synergistic effect of spice extracts and modified atmospheric packaging towards non-
360 thermal preservation of chicken meat under refrigerated storage. *Poult Sci* 968: 2839-2844.

361 Terns MJ, Milkowski AL, Rankin SA, Sindelar JJ. 2011. Determining the impact of varying levels
362 of cherry powder and starter culture on quality and sensory attributes of indirectly cured,
363 emulsified cooked sausages. *Meat Sci* 88: 311-318.

364 Xia X, Kong B, Liu Q, Liu J. 2009. Physicochemical change and protein oxidation in porcine
365 longissimus dorsi as influenced by different freeze–thaw cycles. *Meat Sci* 83: 239–245.

366 Zhang J, Wang Y, Pan DD, Cao JX, Shao XF, Chen YJ, Sun YY, Ou CR. 2016. Effect of black
367 pepper essential oil on the quality of fresh pork during storage. *Meat Sci* 116: 130-13.

ACCEPTED

Figure legends

Fig. 1. The DPPH radical scavenging activity (%) of aqueous extract of Chinese cinnamon powder and BHT. ^{A-B} Different letters indicated a significant difference ($p < 0.05$) between the same concentrations of Chinese cinnamon aqueous extract and BHT.

Fig. 2. Effect of different concentrations of Chinese cinnamon powder on the TBARS values of vacuumed ground lamb meat stored at 4°C. Different markers shows mean values while the bars indicated standard deviations at each sampling point ($n = 3$). ^{A-D} Mean with different letters indicated changes between treatments differ significantly ($p < 0.05$); ^{a-d} Mean with different letters showed changes during storage differ significantly ($p < 0.05$).

Fig. 3. Effect of different concentrations of Chinese cinnamon powder on the TVC values of vacuumed ground lamb meat stored at 4°C. Different markers shows mean values while the bars indicated standard deviations at each sampling point ($n = 3$). ^{A-D} Mean with different letters indicated changes between treatments differ significantly ($p < 0.05$); ^{a-d} Mean with different letters showed changes during storage differ significantly ($p < 0.05$).

Table 1. Effect of different concentrations of Chinese cinnamon powder on the pH of vacuumed ground lamb meat at 4°C.

Treatments	Storage time (days)				
	0	4	8	12	16
Control	5.62 ± 0.03 ^{Ab}	5.57 ± 0.01 ^{ABbc}	5.46 ± 0.01 ^{Ac}	5.67 ± 0.03 ^{Ab}	5.80 ± 0.03 ^{Aa}
0.5 %	5.64 ± 0.02 ^{Aa}	5.54 ± 0.02 ^{Bb}	5.40 ± 0.03 ^{ABd}	5.45 ± 0.04 ^{Bc}	5.48 ± 0.03 ^{Bc}
1.5 %	5.62 ± 0.03 ^{Aa}	5.49 ± 0.03 ^{Cb}	5.42 ± 0.04 ^{Bb}	5.42 ± 0.03 ^{Bb}	5.48 ± 0.03 ^{Bb}
2.5 %	5.60 ± 0.04 ^{Aa}	5.60 ± 0.04 ^{Aa}	5.36 ± 0.03 ^{Bb}	5.38 ± 0.01 ^{Cb}	5.35 ± 0.04 ^{Cb}

Results are presented as means ± standard deviation (n = 3). ^{A-D} Mean values in different capital letters within the same column differ significantly; ^{a-d} Mean values in different small letters within the same row differ significantly (p<0.05).

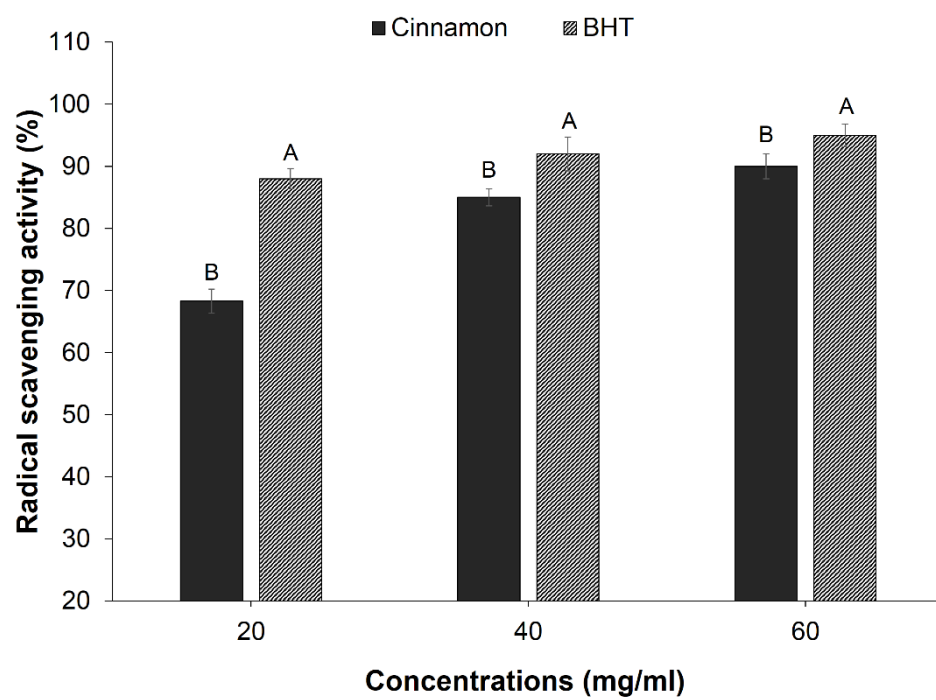
ACCEPTED

Table 2. Effect of different concentrations of Chinese cinnamon powder on instrumental color parameters (CIE L*, a*, b*) of vacuumed ground lamb meat at 4°C.

Parameters	Treatments	Storage time (days)				
		0	4	8	12	16
L* (Lightness)	Control	53.06 ± 0.79 ^{Aa}	52.76 ± 0.73 ^{Aab}	51.80 ± 0.87 ^{Aab}	51.24 ± 0.70 ^{Aab}	50.98 ± 1.88 ^{Ab}
	0.5 %	47.02 ± 0.40 ^{Bb}	48.37 ± 1.67 ^{Bab}	49.25 ± 1.61 ^{Ba}	49.25 ± 0.62 ^{Ba}	48.20 ± 0.56 ^{Bab}
	1.5 %	45.77 ± 0.72 ^{Cb}	45.11 ± 0.94 ^{Cb}	44.44 ± 0.77 ^{Cb}	47.39 ± 0.99 ^{Ca}	46.20 ± 1.80 ^{Bab}
	2.5 %	41.67 ± 0.49 ^{Db}	42.03 ± 0.79 ^{Dab}	43.55 ± 0.88 ^{Ca}	42.31 ± 0.90 ^{Dab}	41.76 ± 1.68 ^{Cb}
a* (Redness)	Control	16.87 ± 0.35 ^{Aa}	15.42 ± 0.73 ^{Aab}	14.06 ± 1.05 ^{Ab}	13.86 ± 1.12 ^{ABb}	12.20 ± 0.66 ^{Bc}
	0.5 %	15.63 ± 0.48 ^{Ba}	14.81 ± 0.47 ^{Aab}	13.42 ± 0.81 ^{BCb}	13.08 ± 0.75 ^{Bb}	13.21 ± 0.70 ^{ABb}
	1.5 %	12.14 ± 0.52 ^{Db}	12.21 ± 0.89 ^{Bb}	13.37 ± 0.38 ^{ABab}	14.16 ± 0.57 ^{Aa}	13.64 ± 1.09 ^{Aa}
	2.5 %	13.26 ± 0.18 ^{Cab}	12.55 ± 0.16 ^{Bab}	11.91 ± 0.28 ^{Cb}	13.45 ± 1.10 ^{ABa}	12.46 ± 1.18 ^{ABab}
b* (Yellowness)	Control	19.31 ± 1.20 ^{Aa}	15.34 ± 1.34 ^{Ac}	17.33 ± 1.48 ^{Ab}	16.61 ± 1.07 ^{Ab}	16.11 ± 0.62 ^{Ab}
	0.5 %	17.87 ± 0.54 ^{ABa}	15.11 ± 1.15 ^{Ab}	17.27 ± 0.67 ^{Aa}	16.27 ± 0.67 ^{Aa}	16.50 ± 0.95 ^{Aab}
	1.5 %	17.31 ± 1.02 ^{Ba}	14.66 ± 0.73 ^{Ab}	16.29 ± 0.59 ^{ABa}	16.36 ± 0.78 ^{Aa}	16.50 ± 0.31 ^{Aa}
	2.5 %	15.31 ± 0.78 ^{Cb}	13.81 ± 0.45 ^{Bc}	15.48 ± 0.68 ^{Bb}	16.07 ± 0.61 ^{Aa}	16.20 ± 0.76 ^{Aab}

Results are presented as means ± standard deviation (n = 3). ^{A-D} Mean values in different letters within the same column differ significantly; ^{a-d} Mean values in different letters within the same row are differ significantly (p<0.05).

Fig. 1



ACCEPTED

Fig. 2

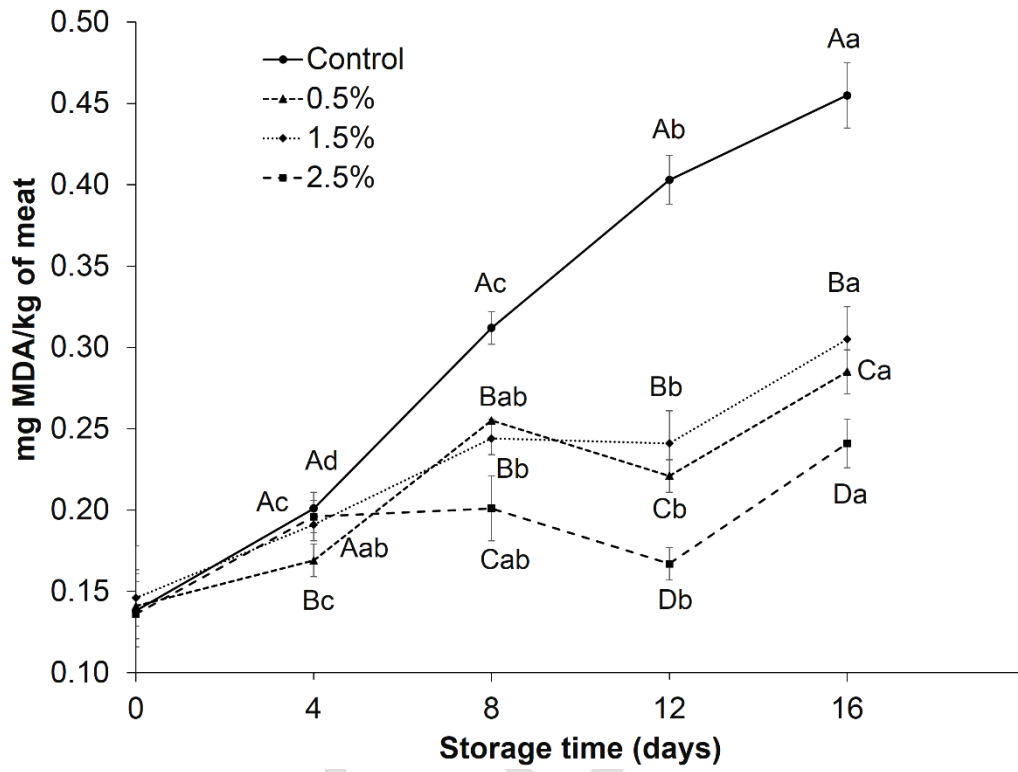
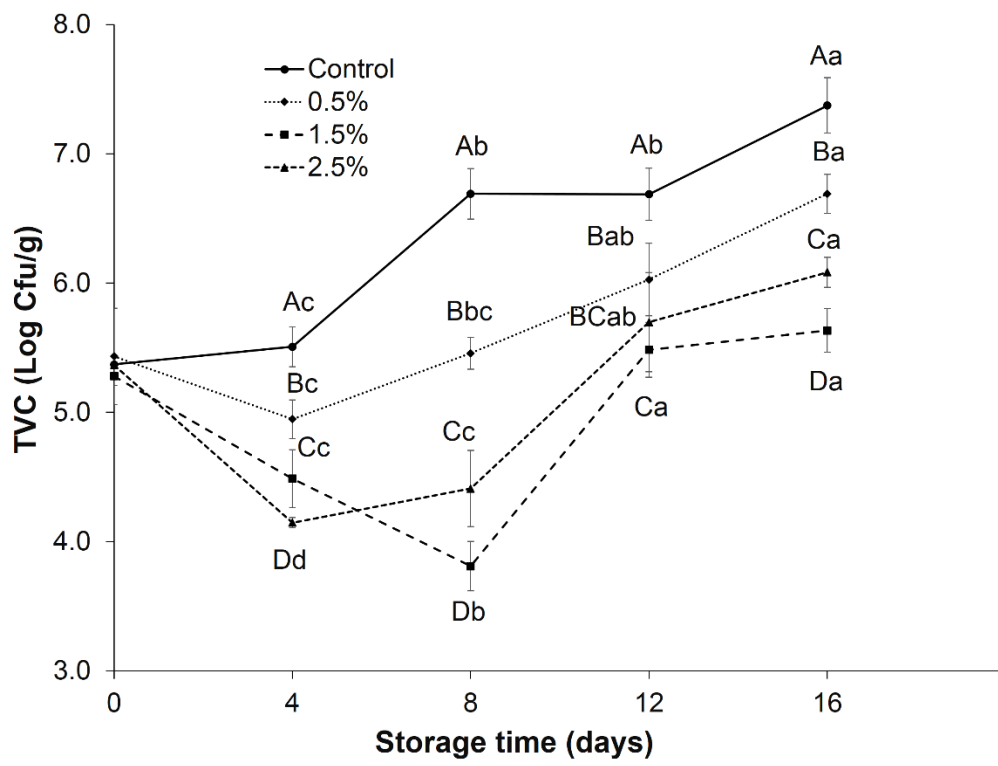


Fig. 3



ACCEPTED