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# Characterization and Comparative Evaluation of Milk Protein Variants from Pakistani Dairy Breeds

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**Abstract** The aim of study was to scrutinize the physicochemical and protein profile of milk obtained from local Pakistani breeds of milch animals such as Nilli-Ravi buffalo, Sahiwal cow, Kajli sheep, Beetal goat and Brela camel. Physicochemical analysis unveiled maximum number of total solids and protein found in sheep and minimum in camel. Buffalo milk contains the highest level of fat (7.45%) while camel milk contains minimum (1.94%). Ash was found maximum in buffalo (0.81%) and sheep (0.80%) while minimum in cow's milk (0.71%). Casein and whey proteins were separated by subjecting milk to isoelectric pH and then analyzed through sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS-PAGE). The results showed heterogeneity among these species. Different fractions including  $\alpha_{S1}$ ,  $\alpha_{S2}$ ,  $\kappa$ -casein,  $\beta$ -casein and  $\beta$ -lactoglobulen ( $\beta$ -Lg) were identified and quantitatively compared in all milk samples. Additionally, this electrophoretic method after examining the number and strength of different protein bands ( $\alpha_{S1}$ ,  $\alpha_{S2}$ ,  $\beta$ -CN, α-LAC, BSA, and β-Lg, etc.), was helpful to understand the properties of milk for different processing purposes and could be successfully applied in dairy industry. Results revealed that camel milk was best suitable for producing allergen free milk protein products. Furthermore, based on the variability of milk proteins, it is suggested to clarify the phylogenetic relationships between different cattle breeds and to gather the necessary data to preserve the genetic fund and biodiversity of the local breeds. Thus, the study of milk protein from different breed and species has a wide range of scope in producing diverse protein based dairy products like cheese.

**Keywords** Nilli-Ravi, Sahiwal, Kajli, Beetal, Brela

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# Introduction

Milk is a physiologically and biologically complex fluid that contains water, proteins, lactose, fat, vitamins and minerals as its principal constituents (Urgu et al., 2019). Concentration of lactose, proteins, lipids and mineral salts in milk is 5%, 3.2%, 4%, and 0.7%, respectively. Milk is a biotic fluid that has been evolved with mammals to feed their newborns and provide nutrients important for growth and development (Playne et al., 2003). Milk proteins (i.e. lactoferrin and lactoperoxidase) are best known to have antimicrobial and immunomodulatory effect (Chen et al., 2019).

Milk composition vary from specie to specie e.g., buffalo milk contains 58% and 40% more calcium and protein while 43% less cholesterol as compared to cow milk (Ahmed et al., 2016). Besides, cow milk is considered as a good source of essential amino acids that are very close to the amino acid requirement of human body (Pond, 2004). Goat milk has more digestibility as compared to other bovine milk. Additionally, goat milk protein exhibits antimicrobial activity that plays an active role in bio-preservation against pathogens (Park et al., 2007). Whereas camel milk has similar composition to cow milk with few distinctions such as lower in lactose and higher in minerals, e.g., iron, potassium, magnesium, sodium, zinc and copper. Sheep milk is considered more supportive to human digestive system (Raynal-Ljutovac et al., 2008).

Milk protein provide nutrition to newborn during postnatal period (Dziuba and Dziuba, 2014). Major milk proteins are casein and whey. Casein is present in the form of micelles and accounts for 80% of the milk proteins comprised of  $\alpha_{S1}$ -casein ( $\alpha_{S1}$ -CN),  $\alpha_{S2}$ -casein ( $\alpha_{S2}$ -CN),  $\beta$ -casein and  $\kappa$ -casein in amount of 40%, 10%, 40%, and 10%, respectively (Holland et al., 2006; Qian et al., 2017). Whey proteins are about 20% milk proteins having four major components including  $\beta$ -lactoglobulin (50%),  $\alpha$ -lactalbumin (20%), bovine serum albumin (10%) and immunoglobulin (Yasmin et al., 2019). Proteins such as lactoferrin, proteose peptone, calmodulin, prolactin, and folate binding proteins are also found in milk and considered as minor proteins (Jovanovic et al., 2007). Milk proteins have positive effects on various body structures such as immune, nervous, digestive and the cardiovascular system (Kazemalilou and Alizadeh, 2017; Korhonen and Pihlanto, 2006). Moreover, milk proteins are considered to be core of a wide variety of biologically active peptides with superior nutritive and immunological activities (Khan et al., 2020). A number of bioactive peptides are utilized for the treatment of several diseases such as diarrhea, hypertension, thrombosis, dental health diseases, mineral mal-absorption and disease related to immune deficiency (Dziuba and Dziuba, 2014). Whey is a famous nutritional supplement that helps to regulate immune system, increase muscle strength and prevent a number of bones and heart diseases (Park, 2007).

The objective of this study was to compare different milk proteins from different species through gel electrophoresis for better understanding of milk characteristics that can be used further for different purpose.

## **Materials and Methods**

#### Sample collection

Ten milk samples from each milch animal breed i.e. buffalo (Nili-Ravi), cow (Sahiwal), sheep (Kajli) and goat (Beetal) were collected from Dairy farm, University of Agriculture, Faisalabad-Pakistan while camel (Brela) milk samples obtained from local farms of Cholistan area, Pakistan. Milk sample (500 mL) was collected in sterilized glass bottles. Each sample was labelled and stored below 4°C until final analysis.

#### Physicochemical and compositional analysis of milk samples

Samples were analyzed for physicochemical (pH, acidity) and compositional analysis (protein, fat, SNF, total solids and

ash contents). The samples were analyzed for pH using pH meter (Hanna, HI-99161) and acidity through titration method (AOAC, 2006). Protein, fat, SNF, total solids and ash contents were analyzed through standard methods of AOAC (2006). The main fractions of protein such as crude protein (CP), true protein (TP), casein, non-casein-nitrogen (NCN), whey proteins and non-protein-nitrogen (NPN) contents were determined according to standard protocol of International Dairy Federation (IDF, 1993). TPs in the milk sample were determined by treating with 12% TCA. The nitrogen (%) was converted to NPN and NCN contents by using the conversion factor 3.60 and 6.38, respectively (Karman and van Boekel, 1986).

#### Characterization of milk protein by SDS-PAGE

Casein and whey proteins were separated by following the method described by Basch et al. (1985) with slight modifications. Briefly, milk sample after centrifugation at 5,000 rpm for 30 minutes at 5°C, casein and whey were separated by adjusting isoelectric pH 4.6 with 1M HCl. Samples were freeze-dried and stored for further analysis. 1 mL of buffer was added into 0.01 g of sample and vortexed until homogenous mixture obtained. Standard sample was prepared by obtaining homogenous mixture of sodium-caseinate (0.01 g) and 1 mL buffer by using Vortex mixture.

#### **SDS-PAGE** analysis

The electrophoresis was carried out using a 13% gel concentration (Laemmli, 1970). Comb of 10-well with 0.75 mm size was used in a Bio-Rad mini protein 3 system. The gel size of 7.3–8.3 cm was used. The samples (8  $\mu$ L/lane) were loaded and the gels were run constantly at 90 V for 3 h. After that gels were stained with 150 mL Coomassie Brilliant Blue (CBB) dye and destained with 100 mL methanol, acetic acid water mixture destaining solution. Computerized densitometry (Bio-Rad) was used to calculate bands' molecular weight (MW).

#### Statistical analysis

The obtained data from all experiments were presented as means±SD. Statistical analysis was made by using Statistix 8.1 (Statistix, Florida, USA). Statistical significance of experimental data was performed by applying completely randomized design (CRD) at 5% level of significance followed by Tukey's HSD test to compare the significant differences among the means (Montgomery and Sen, 2008).

#### **Results and Discussion**

#### Physicochemical and compositional analysis of milk samples

The results revealed that the pH of milk from different species such as cow, buffalo, sheep, goat and camel has not varied significantly (Table 1). The present investigation with respect to pH of cow and buffalo milk was in agreement with the work of Ahmad et al. (2008) who compared the overall composition of cow and buffalo milk.

Acidity and pH were inversely proportional to each other; with the production of acid pH decreases. Acidity can be determined as the amount of lactic acid produced in dairy products. All milk samples showed variation in acidic contents (Table 1). The results showed that buffalo and cow milk had higher acidity values i.e. 0.16% followed by sheep, goat and camel with values 0.12%, 0.11%, and 0.11%, respectively. Similar results of pH were observed previously for different species such as camel, buffalo and cow milk (Ozrenk and Inci, 2008).

Table 1. Physicochemical and compositional analysis of milk from different species

Species	pН	Acidity (%)	Ash (%)	Fat (%)	TS (%)	SNF (%)	Protein (%)	CP (%)	TP (%)	Casein (%)	WP (%)	NCN (%)	NPN (%)
Buffalo	6.71 ±0.11 <sup>a</sup>	$\begin{array}{c} 0.16 \\ \pm 0.10^a \end{array}$	$\begin{array}{c} 0.81 \\ \pm 0.01^a \end{array}$	$7.45 \\ \pm 0.42^a$	17.51 ±1.92 <sup>a</sup>	$10.36 \\ \pm 1.7^{ab}$	4.17 ±0.51 <sup>a</sup>	4.10 ±0.21 <sup>a</sup>	$3.61 \pm 0.02^{b}$	2.91 ±0.02 <sup>b</sup>	$0.72 \pm 0.02^{a}$	1.21 ±0.02 <sup>b</sup>	$\begin{array}{c} 0.52 \\ \pm 0.02^{ab} \end{array}$
Camel	$\begin{array}{c} 6.71 \\ \pm 0.12^a \end{array}$	$\begin{array}{c} 0.11 \\ \pm 0.12^b \end{array}$	$\begin{array}{c} 0.74 \\ \pm 0.1^{ab} \end{array}$	1.94 ±1.55°	10.44 ±0.63°	8.56 ±0.52 <sup>bc</sup>	$3.38 \pm 0.05^{b}$	$3.30 \pm 0.03^{d}$	3.08 ±0.03°	2.42 ±0.03°	$0.58 \pm 0.01^{b}$	0.91 ±0.02°	0.31 ±0.02°
Cow	$6.62 \pm 0.10^{b}$	$\begin{array}{c} 0.16 \\ \pm 0.01^a \end{array}$	$\begin{array}{c} 0.71 \\ \pm 0.10^b \end{array}$	4.95 ±1.90 <sup>b</sup>	13.86 ±1.81 <sup>b</sup>	8.24 ±0.73°	$\begin{array}{c} 3.56 \\ \pm 0.05^{ab} \end{array}$	3.51 ±0.01°	3.10 ±0.21°	2.54 ±0.01°	$0.53 \pm 0.03^{b}$	1.03 ±0.01°	$0.42 \pm 0.01^{b}$
Goat	$6.68 \pm 0.10^{a}$	$\begin{array}{c} 0.11 \\ \pm 0.01^b \end{array}$	$\begin{array}{c} 0.77 \\ \pm 0.02^{ab} \end{array}$	4.13 ±1.81 <sup>bc</sup>	13.02 ±2.30 <sup>bc</sup>	9.57 ±0.95 <sup>b</sup>	$\begin{array}{c} 3.44 \\ \pm 0.06^{ab} \end{array}$	$3.42 \pm 0.03^{d}$	3.07 ±0.12°	2.53 ±0.02°	$0.54 \pm 0.01^{b}$	0.90 ±0.01°	0.31 ±0.31°
Sheep	6.71 ±0.14 <sup>a</sup>	$0.12 \pm 0.02^{b}$	$\begin{array}{c} 0.80 \\ \pm 0.02^a \end{array}$	7.27 ±0.51 <sup>a</sup>	18.17 $\pm 3.78^{a}$	11.79 ±1.70 <sup>a</sup>	$4.35 \pm 0.78^{a}$	5.67 ±0.02 <sup>a</sup>	$\begin{array}{c} 5.08 \\ \pm 0.01^a \end{array}$	$4.31 \pm 0.03^{a}$	$0.74 \pm 0.02^{a}$	1.31 ±0.02 <sup>a</sup>	0.57 ±0.21 <sup>a</sup>

Data presented as the mean+SD.

Different letters represent significant difference among the means (p<0.05).

NF, solid-not-fat; TS, total solids; CP, crude protein; TP, true protein; WP, whey proteins; NCN, non-casein nitrogen; NPN, non-protein nitrogen.

The results of compositional analysis (protein, fat, SNF, total solids and ash contents) varied significantly among different species of milk (Table 1). The highest CP was observed in sheep milk (4.35%) followed by buffalo milk (4.17%), while cow and camel milk have the lowest protein contents 3.56% and 3.38%, respectively. Previous studies showed similar values of total proteins in buffalo, cow, sheep and camel milk, while goat milk was found to have higher amount of protein content (Huma et al., 2018). The protein content of cow, goat, and sheep milk were 3.4%, 3.7%, and 5.5%, respectively (Moatsou and Sakkas, 2019). The protein content has a major impact on the nutritional and technological value of milk. The variation among different milk species was observed regarding major protein fractions like CP, TPs, caseins and whey proteins; and the nitrogen components such as NCN and NPN contents. The higher content of caseins, CP, TP, and NPN were observed in sheep milk while lowest were observed in camel milk. The difference in the protein content is due to genetic variation among these animal species. Whey proteins content were highest in the sheep milk (0.74%) while the lowest content was found in cow milk (0.53%). NCN content were higher in sheep milk (1.31%) and lower in camel (0.91%) and goat milk (0.90%). However, the NPN content was the highest in sheep (0.57%) milk followed by buffalo milk (0.52%) as shown in Table 1. The results of current study are in line with the findings of previous researchers (Huma et al., 2018; Ozrenk and Inci, 2008; Strzałkowska et al., 2014). Sheep milk is rich in casein and whey proteins 4.2-5.2 g/100 g and 1.02-1.3 g/100 g respectively (Barros et al., 2017; Selvaggi et al., 2015; Selvaggi et al., 2017) and protein content in camel milk was between 2.15%-4.90% (Al Kanhal and AL haj, 2010). The current results of casein and whey proteins in camel milk are also similar with the findings of other researchers (Babiker and El-Zubeir, 2014; El-Agamy et al., 2009; Khaskheli et al., 2005; Musaad et al., 2013).

The ash content in buffalo milk was highest (0.81%) followed by sheep and goat milk 0.80% and 0.77%, respectively. Camel milk had 0.74% ash content while lowest ash content (0.71%) was found in cow milk. The similar values of ash contents were observed in cow, goat, and sheep milk i.e. 0.7%, 0.8%, and 0.9%, respectively (Balthazar et al., 2018). A significant variation of fat content was found among all the species. The buffalo and sheep have highest fat content 7.45% and 7.27% followed by goat and cow milk 4.95% and 4.13%. The lowest fat content (1.94%) was observed in camel milk. The fat content of cow, goat, and sheep milk were 3.3%, 3.8%, and 5.9%, respectively (Cavalcanti et al., 2019). The highest total solids i.e. 18.17% was found in sheep milk followed by buffalo milk 17.51%. Whereas the total solid contents in goat and cow were 13.86% and 13.02%, respectively. Camel milk had the lowest percentage of total solids (10.44%) among these

species. Similar results were observed by Huque et al. (2018), who performed comparative study of cow and buffalo milk. Mohsin et al. (2019) worked on the effect of seasonal variation on goat milk composition and found 13.97% total solid in goat milk. The sheep and buffalo milk had highest SNF contents 11.79% and 10.36% respectively. The SNF values for cow and goat milk were 8.24% and 9.57% respectively. SNF for camel milk was lowest 8.56% among all the species. The results of SNF for cow and buffalo milk were in agreement with the findings of Ozrenk and Inci (2008). Although many different factors affects the composition of milk such as calving, age, order, diet, feeding pattern, lactating stage, environmental conditions yet the special difference due to genetics always have pronounced contribution.

## **Characterization of proteins through SDS-PAGE**

#### Characterization of casein proteins

Electrophoretic pattern of different milk samples is presented in Fig. 1. The results showed that there were significant differences exists in protein profile of different species i.e. buffalo, cow, sheep, goat and camel. Na-caseinate with four major bands was used as standard. These bands are of  $\alpha_{S1}$ ,  $\alpha_{S2}$ ,  $\beta$ , and  $\kappa$ -CN. After examining the concentration and peak height of Na-caseinate, it has been concluded that concentration of  $\alpha_{S2}$  and  $\kappa$ -CN is less as compared to  $\alpha_{S1}$  and  $\beta$ -CN that were almost similar in concentration and peak height. In cow milk two bands were observed and these bands were of  $\alpha_{S1}$  and  $\beta$ -CN. In buffalo milk three bands  $\alpha_{S1}$ ,  $\beta$ , and  $\kappa$ -CN were observed. Similarly, in sheep milk major three bands were found and these were also of  $\alpha_{S1}$ ,  $\beta$ , and  $\kappa$ -CN. In goat milk, three bands of  $\alpha_{S1}$ ,  $\alpha_{S2}$ , and  $\beta$ -CN were examined. Camel milk was found to have only two bands of  $\alpha_{S2}$  and  $\beta$ -CN and no band for  $\beta$ -Lg. The absence of  $\beta$ -Lg in human and camel milk was also reported by different researchers (Huma et al., 2018; Kausar et al., 2017). Several researchers classified  $\alpha_{S1}$ -casein as a major allergen (Jiang et al., 2019). They also suggested for development of non-allergic or hypoallergenic dairy products from milk deficient in  $\alpha_{S1}$  casein. The results of present study revealed that camel milk was deficient in  $\alpha_{S1}$  casein so it might considered as excellent choice for development of different allergy free proteinous products. The same observation was reported for study

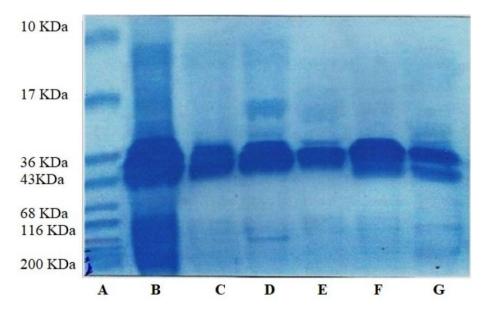


Fig. 1. Electrophoretic pattern of camel, goat, sheep, buffalo, and cow milk protein (casein) on SDS-PAGE representing differences in band pattern. A, marker; B, sodium caseinate; C, cow milk casein; D, buffalo milk casein; E, sheep milk casein; F, goat milk casein; G, camel milk casein; SDS-PAGE, sodium dodecyl sulphate-polyacrylamide gel electrophoresis.

on milk of Nili-Ravi buffaloes (Kausar et al., 2017). It is also reported that genetic variations are responsible for significant changes in milk protein ( $\beta$ -CN and  $\kappa$ -CN) of Danish Holstein-Friesian and Jersey cows (Jensen et al., 2012; Kausar et al., 2017).

#### Characterization of whey proteins

Proteins remaining in solution after removal of caseins by acid precipitation have been collectively called whey proteins, represent about 18%-20% of total milk protein. Protein profiling of milk from different species revealed wide variations as depicted in Fig. 2. Pre-stained protein ladder of Thermo Scientific ranging from 10-200 KDa was used for comparing the MWs of whey proteins from selected species. In Sahiwal cow milk, major three bands were observed and band having MW of 14 KDa was of α-LAC. Previously, with similar molecular mass, α- LAC (14.2 KDa) was identified in milk of Bubalus bubalis buffalo found in Mediterranean water using RP-HPLC and ESI-MS (Buffoni et al., 2011). The other main band was of  $\beta$ -Lg that was at 17 KDa. The concentration and peak height of  $\beta$ -Lg was more in comparison of  $\alpha$ -LAC. Next band was of BSA at almost 70 KDa, concentration and peak height of BSA was also less than β-Lg. The other band which was at 26 KDa was also observed. The band at 26 KDa might be dimer of α-LAC. After that band of the highest MW was obtained at 222 KDa with less concentration and peak height than  $\alpha$ -LAC and  $\beta$ -Lg and it could be Ig. Buffalo milk represented four bands. The lowest molecular band was at 14 KDa of α-LAC. Next to α-LAC band there was band at 27 KDa and could be β-Lg because it had electrophoretic mobility similar to bovine β-Lg. β-Lg concentration was more in buffalo milk whey. Third band was observed at 84 KDa and could be of buffalo serum albumin due to having electrophoretic mobility similar to bovine serum albumin. The last observed band was noted at 108 KDa and it could be of Ig. Sheep milk showed three bands with first band at 14 KDa, of α-LAC and second band at 18 KDa, of β-Lg. Another band after β-Lg was noticed at 26 KDa and it might be the dimmer of α-LAC. The sheep serum albumin was noted at 68 KDa and band at 95 KDa was also noticed. Goat milk having several bands, the band before α-LAC was of low MW proteins and might be protease and peptones. The α-LAC was

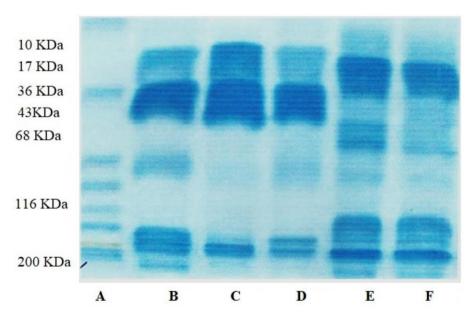


Fig. 2. Electrophoretic pattern of cow, buffalo, sheep, goat, and sheep milk protein (whey) on SDS representing differences in band pattern. A, marker; B, cow milk casein; C, buffalo milk casein; D, sheep milk casein; E, goat milk casein; F, camel milk casein; SDS, sodium dodecyl sulphate.

at 14 KDa and  $\beta$ -Lg was at 20 KDa. There were two bands at 22 and 30 KDa. The band at 30 KDa might be dimmer of  $\alpha$ -LAC. The goat serum albumin was at 51 KDa and after this 108 and 278 KDa bands were also examined and they could be of Ig. In camel milk,  $\alpha$ -LAC was at 13 KDa and  $\beta$ -Lg was not found. The other band was at 15, 23, and 30 KDa. The camel serum albumin was at 51 KDa and last band at 108KD and might be Ig. Deferentially detected peptides in milk of tested species/cattle types may help to distinguish the milk samples and to check the milk adulterations (Kausar et al., 2017).

SDS-PAGE and gel filtration of whey samples from camel and bovine milk were compared with each other to identify different whey proteins. In bovine whey BSA,  $\alpha$ -LAC and  $\beta$ -Lg could be observed. Faint bands could be dimer of  $\alpha$ -LAC (28 KDa),  $\beta$ -Lg and octamers. In camel whey bands of  $\alpha$ -LAC, of 23, 32, and 43 KDa were noted.  $\beta$ -Lg was missing in camel whey (Merin et al., 2001). Tomotake et al. (2006) studied the difference in protein of Japanese-Saanen goat's and Holstein cow's milk. Results revealed that  $\alpha$ -LAC and  $\beta$ -Lg were the major bands in Japanese-Saanen goat's and Holstein cow's milk. Goat and camel milk do not contain quantifiable amounts of  $\beta$ -Lg (Li et al., 2010; Yoo et al., 2019). Consequently, the main whey protein in goat and camel milk is  $\alpha$ -LAC (Al Kanhal and Al haj, 2010). These characteristics contribute towards low risk of milk allergy and high digestibility as compare to cow milk (El-Agamy et al., 2009). The difference in the compositional and nutritional profile of milk directly related to evolution, animal ecology, nutrition, genetics and environment (Nikkhah, 2012).

These findings also revealed that milk proteins of different sources fractionated into casein and whey protein fractions and present extend of proteolysis in cheese. It was observed that no significant degradation was observed in the SDS-PAGE gels for serum albumin,  $\alpha s_1$  and  $\beta$ -CN,  $\beta$ -Lg and  $\alpha$ -LAC fractions of fresh milk cheese except  $\kappa$ -casein fractions. The results are in accordance with Choudhary et al. (2019), who worked on SDS-PAGE patterns for Khoa and UHT milk at higher and under refrigerated storage. Conclusively, it was evident from SDS-PAGE that change in proportions and functionality of proteins is greater in cheese and could be due to quality of milk.

#### Conclusion

The present research work showed the composition of milk from different species with special reference to Pakistani breeds. Sheep milk showed highest content of TS, SNF, total protein, density and concentrated protein bands than milk of other species. Buffalo milk was classified at second number after sheep milk (as indicated by its composition and electrophoretic analysis). Results indicated camel and goat milk as best for development of allergen free products. This comparative milk study could be helpful for better understanding of milk protein properties and functionality. More studies needed to further explore the effect of different processing conditions on the composition and nutritional profile of milk during different dairy products development.

#### **Conflicts of Interest**

The authors declare no potential conflicts of interest.

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# **Ethics Approval**

This article does not require IRB/IACUC approval because there are no human and animal participants.

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